

# sunrise

VOLUNTEER

DONATE



Vol.20, No.1, February'26 - March'26

## Every Story Was Once an Impossible Dream

Every number in this edition of the newsletter represents a real person, a child who never held a book, a young woman who left home, or a boy who watched his father work and quietly promised himself a different future.

At Udayan Care, we do more than just run programs. We create the conditions for lives to change: education that opens doors, skills that lead to jobs, mentorship that brings back hope, and care that reminds young people they matter.

This month, we're stepping back from the numbers and letting people share their stories.

Because when Ashu receives his first paycheck, when Sonal walks into school with her chin up, when Khushboo stands behind a salon chair knowing she built this herself, that is not just impact. That is agency. That is dignity. That is a future that nobody can take away.

These aren't just success stories. They show what's possible when someone refuses to give up on a young person.

**Keep reading. Let these stories move you. And if you can, join us.**

**Volunteer To Impact Lives**

## Udayan Ghar

11 Homes | 3029 Children

### Sonal Never Entered a Classroom but Today Wins Gold Medals in Abacus Competitions



Sonal never owned a book. She never sat in a classroom. Orphaned at a young age, she lived in a slum with relatives who could not, or would not, imagine a different life for her.

Then Udayan Ghar opened its doors.

The day she arrived, she saw books for the first time. Her caregivers still remember the look on her face.

Within months of personalized tutoring, she passed her school entrance exam and moved straight into Class 2. She has not looked back since. She scores above 90% every year, has won a Gold Medal in Abacus, and wakes up early each morning to practice yoga before anyone else is awake.

She is nine years old. She already knows exactly who she wants to be.

A teacher.

Because she knows better than anyone what one open door can do for a child who was never given one.

**Give more children an open door.**

[Donate Now](#)

## Udayan Shalini Fellowship

← 38 Chapters | 15 States | 18,500+ Girls →

### A Tea Seller's Daughter Wins Gold in National Kickboxing Championship

Urmila Gayari can't afford to doubt herself. Her father sells tea in Udaipur. Every morning, he wakes up before the city, and so does she.

At 17, Urmila carries two dreams simultaneously without flinching: an IPS badge and an Olympic medal. To most, that would sound like too much. To Urmila, it sounds like a plan.

She scored 87% in her Class 12 exams. She writes poetry that wins awards. And between study sessions, she steps onto the mat to compete, winning gold at the Khelo India National Kickboxing Championship in Chennai for Rajasthan.

The Udayan Shalini Fellowship didn't give her ambition, but it gave her the chance to finally speak it out loud.

She's a tea seller's daughter, a national champion, and she's only just begun.

**She fought hard to get here. Help her keep moving forward.**



**Volunteer by Mentoring a Shalini**

## Skilling & Livelihood

→ 22 Centres | 6 States | 35,000+ Youth ←

### Ashu Became the First-Generation Corporate Professional in his Family

Ashu Kumar's father has spent his whole life washing cars in Hardoi. When Ashu turned 19, he decided his life would be different.

Being the oldest of three brothers, Ashu joined Udayan Care's Desktop Publishing course at YuvaKendra in Noida, thanks to support from the HCL Foundation. His trainers believed in him even before he did. They encouraged him and stood by him.

Whenever he felt unsure, someone was always there to help him move forward.

After finishing the course, Ashu landed his first job as a Graphic Designer at Web Power India.

Today, as Ashu walks out the door every morning, his younger brothers watch and learn, that their story can change too.

**You can help us make more stories like Ashu's possible.**

**Donate a Skill Today**



## Skill Development Centres

← ————— →  
**2 Centres | 2000+ Women & Youth**

## Her Jewellery Reached Paris

Neetu has always been soft-spoken. Quiet in a room, gentle in her presence. But behind that calm demeanor lives a young woman who has been building something extraordinary, one bead at a time.

Growing up in a Udayan Ghar home, school never felt like her place. She left before her Board exams. But inside the Skill Development Centre, something shifted. Her hands found purpose, embroidered hearts, hand-stitched tote bags, beaded necklaces. Creations so beautiful, they traveled all the way to Paris.

Today, that same quiet girl stands at Sukriti's exhibition stalls, with confidence, looking customers in the eye and telling the story behind every piece she has made.

She has also decided to return and complete her Board exams.

And she now teaches younger girls, who lean in close, just to hear her speak.

**When we invest in one girl, she lifts many. Help us keep going.**



**Click to Support**

## Aftercare Outreach Program



862 Youth | 6 States

### Khushboo Left Home as a Child and Built a Life of Purpose



Khushboo Khatoon was still a child when her world stopped feeling safe. Her father, a daily-wage laborer, refused to take care of her and her siblings. She ran away at a young age and was placed in a Child Care Institution. Life there was stable, but her future still felt uncertain.

But she always held onto one quiet dream: to work in the beauty industry.

Udayan Care's Aftercare Outreach Program found her just when she needed it. She received mentorship, counseling, skill training, and finally had someone who believed in her. She finished her Hair Dressing and Styling course and started working at Studio 11 in Patna as a Beauty Expert.

Today, she supports her mother and younger brother. She also mentors other care leavers because she remembers what it was like to have no one to guide her.

*"Today I am standing on my own feet."  
— Khushboo.*

**Help more young women like Khushboo stand on their own.**

[Donate Now](#)

## FiT Families Together

90 Families | 3 Districts | 250 Children

### A Mother of Four Who Nearly Lost Everything Chose to Fight for Her Children's Future

Rukmani left Aligarh with only hope and her four children: Pooja, Aarti, Rakhi, and Suraj. In Delhi, hope quickly ran into harsh reality. She found only irregular factory work. Her husband was often gone and struggled with alcoholism. Domestic violence made the home feel unsafe. One by one, her children left school and started working to help the family survive.

Pooja cleaned other people's homes. Aarti did thread work and was at risk of being trapped in child labor. Rakhi and Suraj had stopped going to school. The family did not have Aadhaar cards, so they could not access any government help.

Then the FiT Families Together project reached out to her. They came not just once, but week after week, building trust before doing anything else. The team sat with Rukmani, listened, and then started helping. They helped the family get their documents in order, including Aadhaar cards, school transfer certificates, and bank accounts. They explained to Rukmani why education was urgent. They kept encouraging Aarti until she agreed to go back to school. They provided uniforms, stationery, and connected the family to sponsorship programs for long-term support.

It wasn't one big moment. It was a hundred small ones that added up to something life-changing.

Today, all four children are back in school. But the bigger change is harder to see and even more important. This family now makes choices that protect their future, not just choices to get through each day. The children talk about their futures with a newfound clarity and confidence. Rukmani's dream is simple and strong: education for all four children, financial stability, and a future her children can shape.

She still faces challenges. But now, she is not just surviving each day. She is planning for the future.

**That change, from survival to hope for the future, means everything.**



**Strengthen More Families by Donating**

## Event

### **18 Years of Showing Up For Our Children. Thank You, adidas.**

On 15<sup>th</sup> February 2026, the adidas India Head Office in Gurugram didn't just host a Sports Day, it threw open its doors and said: 'You belong here.'

Children arrived full of excitement. By sundown, they left with medals, memories, and something even more important—the feeling of being seen.

The day was filled with a March Past, torch-bearing, cricket, and a Zumba session with the adidas Runner Club. But the real victory was in the cheers, the laughter, and the courage it took just to show up and try.

Dr. Kiran Modi reminded every child that showing up and not giving up already makes them a champion. It's a message that stayed with them.

To adidas India, nearly two decades of standing by our children is not sponsorship. It is love.

**Thank you for making every child feel like a winner.**



**Donate Now!**

