

About the Fellowship

Learning In Fellowship Together (LIFT) is a one-year program, focused on developing and nurturing Care Leavers in India into care leaders. This pioneering Fellowship, exclusively for and with Care Leavers in India, is an initiative of Udayan Care, since 2021

Key features:

- **Financial support:** A monthly fellowship stipend to meet living and fellowship expenses for 12 months.
- **Learning and development:** Benefit from a customized curriculum designed to empower and enable leadership by Care Leavers for Care Reform in India.
- **Experiential learning:** Gain exposure to real-world issues through a self-designed, hands on project, addressing community and/or advocacy issues.
- **Mentorship:** Gain skills and support from peers and industry expert mentoring.

Fellows' Speak

“What makes LIFT truly special is its belief that Care Leavers can be the change-maker because shared experiences create deeper understanding and more meaningful impact.”

“LIFT became a turning point not because it changed who I was, but because it helped me become who I already was meant to be”



Learning in Fellowship Together (LIFT)

Empowering Care Leavers as Care Leaders



Learning & Development

The Fellowship for Care Leavers works around a 3-track curriculum, spanning 12 months, with focuses on the following themes:

1. Personal Development

- Exploring interest, strengths and development areas
- Honing one's sense of purpose and passion
- Building interpersonal and soft skills





2. Professional Development

- Honing leadership skills
- Building professional networks
- Leveraging technology for innovation and scale
- Learning to communicate with confidence
- Developing innovative mindset and skills
- Learning about group dynamics and team building

3. Society & Culture

- Learning about the socio-economic fabric of India
- Studying Care Leavers community locally and globally
- Understanding policy and change making in child protection
- Analysing global trends in Care Leaving and latest UN development
- Build understanding about Sustainable Development Goals defined by UN

Focused Care Leaders' Project

-  **Specific goals & objectives**
What are the measurable outcomes the project hopes to achieve?
-  **Implementation plan**
How will the project be carried out? What resources and strategies will be used?
-  **Evaluation plan**
How will the project's effectiveness be measured?
-  **Sustainability**
How will the project's positive impact be sustained in the long term?


About Udayan Care


Established in 1994 as a Public Charitable Trust, Udayan Care is dedicated to bringing light and opportunity into the lives of underserved communities across India.


With a mission to empower vulnerable children and youth, Udayan Care operates in 40 cities spanning 16 states, providing critical interventions and support, directly impacting over 50,000 lives and indirectly impacting thousands more over the past 31 years.


Get involved

- Partner
- Volunteer
- Intern

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