

#### Vol.17, No.6, Oct-Nov, 2023

As we approach the closure of this year, we find ourselves reflecting on the profound impact that collective dedication and compassion can achieve. At Udayan Care, this sentiment resonates deeply within us as we embark on another year of purpose-driven endeavours. With gratitude in our hearts, we invite you to delve into this newsletter-a chronicle of resilience, determination, and unwavering spirit.

# **Trainings & Workshops**



Time Management
Training for Udayan Care
Staff

Udayan Care teamed up with Inlingua International School of Language for a specialised time management workshop aimed at enhancing staff productivity. Led by Ms. Surbhi, the three-day training engaged 15 staff members, covering essential topics like the Pomodoro technique, Parkinson's law, and SMART goal setting. Staff feedback was over whelmingly positive, highlighting the workshop's significant benefits and interactive nature. This collaboration exemplifies Udayan Care's commitment to fostering staff skills, equipping them with practical strategies toenhance daily productivity and efficiency in their roles.



Udayan Shalini Fellowship Hosts 203 Transformative Workshops

Workshops

The USF prioritises workshops for skill development, personal growth, and career orientation. Over Oct & Nov, we conducted 203 workshops across 34 locations, covering topics like communication, team work, mental health, & more. In the Selection Process 2023-24, the program expanded to 34 locations, adding 75 new beneficiaries, and emphasising its commitment to supporting under privileged young women. Additionally, a collaboration with EY introduced computer courses across ninechapters, aiming to enhance Shalinis' digital skills, providing financial support and certifications upon completion to empower their personal & professional growth.



Insightful Workshop on World Mental Health Day

Udayan Care's Head Office organized a comprehensive workshop on World Mental Health Day, led by Dr Deepak Gupta. The session focused on helping staff members support children in managing grief, building coping mechanisms, and fostering resilience. Dr Gupta highlighted the distinction between MH and illness, discussing symptoms like depression, anxiety, panic, and PTSD linked to various factors. The workshop, comprising discussions and Q&A sessions, provided invaluable insights for social workers and counselors, aligning with Udayan Care's commitment to embedding compassion, empathy, and mental well-being within its community.

### **Events**



Sukriti's Sparkling Diwali Show

Sukriti's Diwali extra vaganza across seven locations dazzled with vibrant festive products. From hand-painted diyas to stunning gifting items, our collection celebrated Diwali, Navratri, and more, infusing homes with festive elegance. Beyond showcasing crafts manship,our stall fostered new connections, sharing Sukriti's vision of empowerment. Every purchase supports women at Sukriti, driving positive change in lives and communities.



Daan Utsav

The Daan Utsav celebration saw students and staff fervently advocating for giving back. Aligned with a national campaign, we promoted cleanliness and awareness in various areas, receiving a warm response from the community. During this week, Udayan Care's homes organized diverse activities, from distributing essentials to conducting hygiene sessions, embodying the spirit of giving and positively impacting communities.



New Kondli IT Centre's Inaugural Graduation Ceremony

Udayan Care marked a milestone with its first graduation ceremony at the Computer Learning Centre in New Kondli, Suppa India. 47 students completed IT courses, receiving certificates. Notably, 20 students from specialized courses secured placements in fields like data operations and accounts, a testament to UC placement cell. The event featured alumni sharing insights and a presentation highlighting the alumni network's benefits.

## **Visits**



West Delhi IT Centre's Industry Exposure Visit

In November 2023, the West Delhi IT Centreinitiated a collaboration with Legal-N-Taxes Advisory LLP, arranging an exposure visit forTally course students. This 3-hour visit to there nowned chartered accountant firm in Dwarka provided invaluable insights into ITR filing, GST procedures, and more. Students interacted with professionals, gaining practical knowledge to bridge the theory-practice gap. This initiative under scores the center's commitment to providing practical training and empowering youth with industry-relevant skills.



Policy Bazaar's HerArt Initiative

As part of the HerArt Collective initiative, Policy Bazaar hosted an Art competition centered on Gender Equality. 32 participants from North Delhi, South Delhi, and Gurugram showcased diverse perspectives on women's challenges. Winners, including Priyanka Kumar, Abhishek, and online winners like Rimisha and Shivani, were announced in October. HerArt Collective will conduct an art workshop soon for the winners, enhancing their artistic skills and further fostering gender equality advocacy through art

#### **Success Stories**



**Ankit's Triumph** 

Ankit, driven by the need to support his education expenses, joined our Loni IT Centre through a joined our Loni IT Centre through a friend's recommendation. Despite financial constraints hindering his aspirationsfor formal education, he completed the Data Entry Operator (DEO) training course. His determination led to a job placement as a Sales Executive at Kotak Mahindra Bank, earning 18,500 monthly. Ankit's success highlights thelife-changing impact of skill-based training, empowering individuals to pursue their dreamsand contribute significantly to their families'well-being.



Kaushik's Successful Journey

Journey

Kaushik's life took a transformative turn with usin 2016. Despite facing difficulties in academicsand growing up parentless, he improved with focused tutoring and earned a scholarship to Genesis Global School. Excelling not only academically but also in art competitions, heclaimed the '2nd Position' in Folk Art at Spandan Cultural Fiesta 2023. His diverse passions in cricket, dance, and cooking, alongside aspirations to become a chef or cricketer, embody his determination. Kaushik's story resonates as a testament to how support can empower young lives, inspiring others facing adversities toward remarkable achievements.



**Preeti's Determination** 

Preeti's Determination

Preeti Tepan from Batch 3 in Jaipur faced adversity after her father's demise, leading to financial struggles for her family. The Udayan Shalini Fellowship recognised her potential and provided crucial support, extending beyond finances, with mentorship and guidance. Preeti's determination led her to graduate with Bachelor of Science in Nursing (B.Sc Nursing) from RUHS, Ajmer, and secure a prestigious government job as a nursing officer at AIIMS Patna. Her inspiring journey serves asa testament to resilience, inspiring others facing similar challenges to pursue their dreams.









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