

## **YEAR OF LEARNINGS UNDER LIFT**

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Today I am feeling extremely joyful as I am sharing experience of my (LIFT) one year fellowship project. It gives me immense pleasure to share my experience of this one year via this blog with you all.

Starting from the beginning I honestly never felt that this one year will have such a huge impact on my life personally as well as professionally but as they say life is full of surprises and one such surprise was the introduction of (LIFT) in my life. I consider this as the best thing that has happened to me because of this fellowship project (LIFT) I didn't only developed myself as best version of myself but I also got a wonderful opportunity to develop myself as a professional, Communicator, Leader, Speaker and motivator all thanks to Udayan Care and its human resources who were always there for me throughout the entire year. Earlier I used to be an introvert person who loved to live with him, who never wanted to share happenings of life with anyone around but this one year fellowship totally changed my perspective towards life, I now love to interact with people share my thoughts, Opinions and views with them. The introduction of Harappa courses under the (LIFT) proved another blessing for me as Harappa courses had all the courses in its learning which I always wanted to learn such a leading others, Message crafting, Embracing change, Unleashing creativity etc. The courses had covered all the aspects, Sub topics, Factors and facts related to the topics. I personally learned a lot of things from these courses and the impact upon me made by these courses personally as well as professionally was not felt by me only but was also visible and observed by people around me. The mentor provided to me by Udayan was himself man of great wisdom and knowledge, I believe with the support of the mentor I would not have been able to deliver all the deliverables on time. Mentor supported me throughout the fellowship in every manner.

I feel blessed that I got an opportunity to learn from such personalities who have been serving since very long. It was not always a smooth roller caste journey there were a times in between when I was not able to work properly, When I thought to drop the fellowship project owing to my academics and personal reasons, But at that time I got good support from mentors who not only motivated me to bring the best out of me but also showed great faith and confidence in my abilities and

potential which in turn kept me motivating and full on energy and enthusiasm throughout all these months of fellowship. I along with another fellow from Kashmir was able to launch J&K, s own care leavers network which I consider as my biggest achievement along with development of modules for which I am highly grateful for giving me an opportunity to showcase my abilities and potential.