

My Transformation Journey: Reflecting on My LIFT Fellowship Experience

As I sit down to reflect on my journey through the LIFT fellowship, I am filled with gratitude and a profound sense of growth. Over the past year, this transformative experience has not only shaped my professional trajectory but has also had a profound impact on my personal development.

I owe a debt of gratitude to the LIFT platform for providing me with an array of invaluable resources and opportunities. One of the cornerstones of my journey has been the Harappa course, which has equipped me with essential interpersonal and professional skills. Modules such as "Speaking Effectively" have been instrumental in honing my communication abilities, preparing me for the dynamic environment of the professional world.

Beyond the theoretical knowledge gained through the Harappa course, the fellowship has afforded me the chance to connect with fellow care leavers who share similar backgrounds and challenges. Engaging with individuals who have traversed similar paths, navigating the complexities of life in childcare institutions, has been both validating and empowering. Moreover, the opportunity to visit CCIs and conduct sessions with children about care leavers has been a deeply enriching experience, allowing me to give back to a community that I am deeply connected to.

Perhaps one of the most significant transformations I have undergone during this journey is the enhancement of my confidence and the reduction of social awkwardness. Through various workshops, interactions, and hands-on experiences, I have learned to embrace my unique journey and communicate with conviction and clarity.

Central to my growth has been the unwavering support and guidance of my mentor. Their mentorship has been instrumental in steering my project in the right direction, offering invaluable insights and encouragement every step of the way. Their belief in my potential has been a constant source of motivation, fuelling my determination to make a meaningful impact in the lives of care leavers.

Looking ahead, I am filled with a sense of purpose and determination. Inspired by my fellowship experience, I am eager to continue working with care leavers in Uttar Pradesh, advocating for their rights and providing support wherever needed. My journey with LIFT has been nothing short of transformative, and I am immensely grateful to the entire LIFT team and my mentor for their unwavering support and belief in my potential.