

Title: "LIFT 's Impactful Journey"

My name is Manisha Goswami, and I am currently pursuing my master's degree. I am thrilled to share my experience as a member of LIFT's Batch 2, spanning nine enriching months. The joy of being selected for LIFT from Rajasthan is a significant milestone in my academic and personal journey.

In the dynamic environment of LIFT, I engaged in various modules focusing on learning, peer support, skill enhancement, and social work. This comprehensive approach facilitated my holistic development, fostering a conducive learning environment.

One standout project during my time with LIFT was centered around HIV awareness. It not only provided a practical application of theoretical knowledge but also offered crucial emotional support beyond traditional learning boundaries. This project underscored the real-world impact of initiatives driven by compassion and understanding.

A touching realization emerged as I delved into the challenges faced by care leavers in Rajasthan, marked by stigma and discrimination. I actively participated in initiatives such as rallies, school sessions, and college engagements, challenging biased notions and raising awareness about the struggles of care leavers.

The importance of HIV medication became a focal point of my work, as LIFT provided a platform to disseminate crucial information. Ensuring that care leavers in Rajasthan are well-informed about healthcare became a significant part of my advocacy. This awareness campaign goes beyond knowledge; it has the potential to transform lives and contribute to the overall well-being of the community.

LIFT empowered me to play a pivotal role in guiding care leavers during their transition from Child Care Institutions (CCIs) to active participation in society. Recognizing that the journey of care leavers extends beyond institutional care, LIFT's delicate approach supports their strength into society.

My commitment to making a difference in the lives of care leavers is evident in my dedication to providing services that go beyond conventional norms. LIFT served as a catalyst, propelling me towards actively engaging with care leavers and ensuring they feel integrated upon reentering society.

In conclusion, my narrative is a testament to the transformative power of educational programs like LIFT. My journey, marked by learning, advocacy, and personal growth, exemplifies the positive impact that individuals can have on society when equipped with the right tools and opportunities. Through LIFT, I not only expanded my knowledge but also embraced my role as a change agent, contributing to the betterment of my community and beyond.

