



**GUIDING YOUNG LIVES FOR A BETTER TOMORROW**

**ANNUAL REPORT 2016-17**



# *Turbulence to tranquility*

- The Journey of Life

The life of a child is like a sailing ship. It has its sunny days, starry skies and rainy nights. But there are many children who have to face the thunderstorms and turbulence all by themselves. They get strayed in the darkness and might not be able to trace their way back to the shore. They have no one to look up to, no pole star to guide them. Although they have no guiding star, their ship must sail. All they need is a shore. A place where they can heal the damage.

Since 1994, Udayan Care has been taking various initiatives to recover these children from the darkness of desertion and provide them with anchors.

The orphaned, abandoned, at-risk children find the shore at Udayan Ghar, a shore where these homeless children can find the care they need to sail their ship magnificently. Here they can rest, grow and develop in a compassionate environment. Long term volunteers form a group of Mentors who guide the children as lighthouse and become a part of the children's growth and development.

The young adults who come out of the care system are then guided by the Aftercare programme, where they are provided with secure homes, financial support and everything they need to continue an independent life.

To ensure an unhindered journey and a smooth sail, for the girls and youth coming from difficult circumstances, Udayan Shalini Fellowship and Pragnya Fellowship provide them resources to learn from, and hand hold through a unique mentoring programme.

Learning to build the ship and sailing it through rough and smooth tides alike is a matter of skill. To build a strong ship is something no one can avoid. Under our various programme, like the Udayan Care Information Technology and Udayan Care Skill Development Centres, the other underserved children and youth learn to equip themselves to build a stronger ship.

Every child and youth has the right to have a shelter, be loved and cared for, and have education, and opportunities to develop skills, to have someone who would stand with them, especially when they are stranded and bewildered, and are vulnerable.

This vulnerability can harm them. They need to be rescued, recovered and protected.

Through our various programmes, we not only help them gain skills to build their ships, but maintain our ties with the young adults coming out of our programmes to keep track of their sailing ships.

# FOREWORD



Udayan Care was founded in 1994 with the belief that Out-of-Home-Care children, if placed in family environment and not in orphanages, can repair their ruptured attachments and develop into wholesome, well-adjusted youth; girls and young people from underserved communities can do wonders if given education, skills and personalized mentoring. The last year has seen successful implementation and expansion of all our programmes; the depth of interventions at every step of their journey empowered our youth to attain their goals.

Our belief in Alternative Care has led us to expand our work in advocacy, trainings and development of information and communication materials. The academic journal 'Institutionalized Children: Explorations and Beyond' continues to aid to the understanding of

Alternative Care in the South Asia region.

We have grown steadily as more committed volunteers joined hands as Board Members, Mentor Parents, Conveners, Committee Members and USF Mentors, and introduced our programmes to new locations. The senior management team and staff members have proved true to their calling and worked steadfastly. Australia, Germany and USA chapters too helped us actively in moving towards our vision 2020 positively. Our donors have stood testimony to their commitment to the cause and continued to support our children and youth.

Thank you all for joining us in this journey, for taking our children and youth out of turbulent waters towards stability and fulfillment.

Dr. Kiran Modi  
Managing Trustee



Over the last few years, Udayan Care has been able to establish itself as an organisation committed towards rights of children including child protection and child education, especially for girls. With clarity of thought on 'why we exist' and enhanced knowledge and talent base, we are in the right position to deliver with our new tagline, 'where young lives shine'. Children coming in Udayan Ghars have, in their past, faced varying degrees of turbulence, events that take tremendous spirit and courage to get through. This year 171 children in our 13 Udayan Ghars found a family environment, enabling them to bloom into tranquil and responsible individuals.

This year was also the year of strengthening of our Udayan Shalini Fellowship programme, with 650 new girls added for journeying towards higher education; and process manuals developed for superior delivery. Similarly, during the year, IT and Skill Development programme equipped 1000 youth with the knowledge, skills, and confidence required to support themselves and their families.

Our advocacy efforts were made more focused on improving the standards of care in institutions and after care programme. During the year, Udayan Care imparted trainings to staff and care givers in government institutions and other NGOs in Delhi, MP and J&K. This is truly a great recognition of our model in working with at-risk children.

My sincerest gratitude to all for enabling the change to sail our children and youth into a shining future!

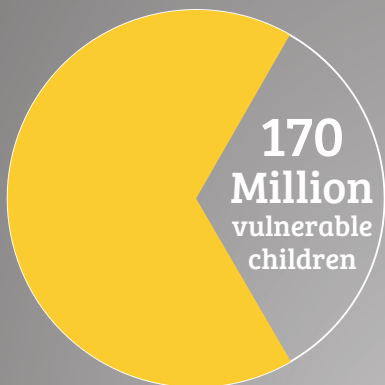
Arun Talwar  
Chief Operating Officer

# CONTENT





## ISSUES OF INDIA'S CHILDREN

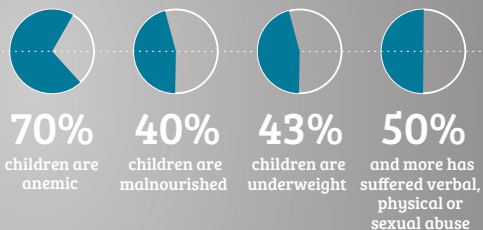


**24 million**  
estimated increase in  
orphans by 2021

Sources : UNESCO, National Crime Records Bureau,  
National Institute of Mental & health Neurosciences,  
Ministry of Women & Child Development

**42%** of total population  
(1.2 billion) are children

**430** million, India has the  
largest child population  
in the world



# HOW DO WE ADDRESS THE ISSUES?

## CHILD & YOUTH CARE

### Udayan Ghar

**Providing loving homes to at-risk children and nurturing them in a warm family environment.**

- Providing loving homes to at-risk children and nurturing them in a warm family environment.
- Group Foster Care Model—12 children per group to give individual attention to each child.
- Raised by Mentor Parents, lifetime volunteers who care for the children with the help of a team of social workers and caregivers.
- Homes located in middle-class neighbourhoods to help children reintegrate with society.

### Aftercare

- Committed to the holistic development of child, including ensuring education in the best schools with strong attention on mental health, Post age 18, children are supported by our Aftercare Programme until they attain financial independence

## EDUCATION

### Udayan Shalini Fellowship

**Mentoring and supporting education of disadvantaged girls into dignified, independent young women**

- Supporting the higher education of girls starting from Class XI through to graduation.
- Targets girls in government schools from economically-disadvantaged backgrounds.
- Combines financial support with mentoring and capacity development to ensure success.
- Fellows fulfill 50 hours of mandatory social work to become socially aware and responsible.

### Pragyan Fellowship Programme

**Recognizing and nurturing academic excellence in needy students and facilitating their overall growth**

- Gives selected students flexible loan scholarships for post graduation.
- Connects students with successful professionals in their field of interest to provide industry-specific mentoring.

## SKILL DEVELOPMENT

### Udayan Care Information Technology Centers

**Bringing technology closer to the underserved and improving livelihood opportunities for them**

- Centres offer various computer and graphic design courses, as well as spoken english and life skills training.

### Skill Centre

**Skilling women from underprivileged backgrounds and leading them towards financial independence**

- Centre offers courses in stitching and tailoring, beauty therapy, paper craft, enamel work and beading, china painting, etc.
- Trained women are encouraged to make products under the brand name 'Sukriti' and make themselves financially empowered.

## ADVOCACY

**Advocating child rights with citizens, civil society organisations and policy makers and building capacities at all levels.**

- Explores various aspects of alternative care.
- Advocacy is an important aspect of our work, which we do through, consultations, seminars, workshops, research and publications, helping stimulate discussions, debates and information sharing among key stakeholders.



# MISSION & VISION

## OUR VISION

"To Regenerate the Rhythm of Life of the Disadvantaged."

## OUR MISSION

"A nurturing home for every orphaned child, an opportunity for higher education for every girl and for every adult, the dignity of self-reliance and the desire to give back to society."

## OUR THEORY OF CHANGE

"There are millions of orphaned and abandoned children in India, girls from weaker sections of society do not get an equal opportunity to continue their education, and professional skills and attitudes are lacking among disadvantaged communities to become economically self-reliant.

By engaging individuals committed to helping the disadvantaged, Udayan Care is able to provide homes to orphaned children, give girls financial and developmental support to pursue higher education and offer communities vocational training."

## WE BELIEVE

### **Securing Child and Youth Rights**

We take a rights-based approach to development, enabling our children and youth to attain their right to a caring family and the right to education.

### **Actioning Our Beliefs**

We create deep-rooted, meaningful interventions for development. We support empathy with creative, purposeful solutions that nurture personal growth, skill development, focused mentoring and social integration, enabling our children and youth to bloom into confident, self-reliant individuals.

### **Championing Systematic Change**

We are committed to raising the standards of child and youth care. We garner support by driving awareness and quality consciousness through example and thoughtful leadership.

### **Driving A Mindset Of Giving**

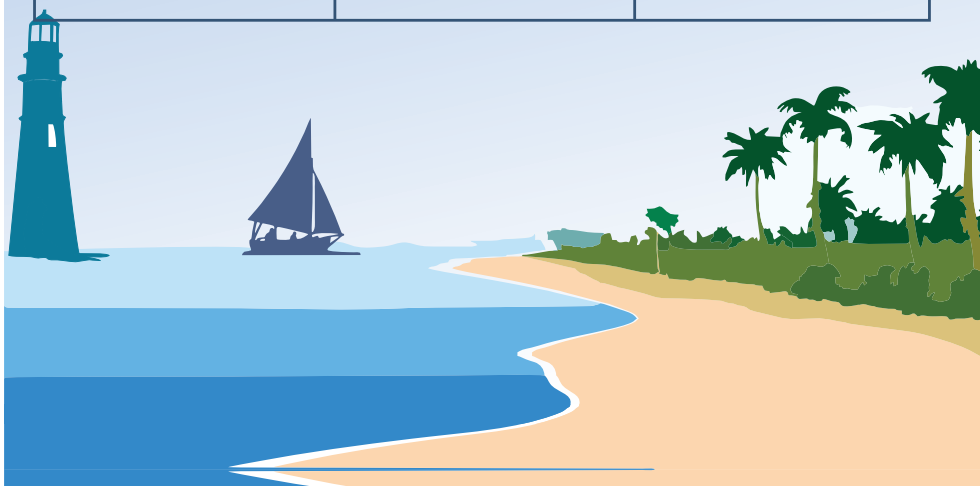
We inculcate in our children and youth self-esteem and sensitivity, enabling them to empower others in return—a virtuous cycle of giving.





# VISION 2020

<b>CHILD &amp; YOUTH CARE</b> Udayan Ghars and After Care Programme	<b>EDUCATION</b> Pragnya and Udayan Shalini Fellowships	<b>SKILLING</b> Udayan Care Information Technology and Skill Centres
<ul style="list-style-type: none"> <li>Set up and sustain in all 21 Udayan Ghars, to reach out to over 400 children for long-term care and support; also short-term care to other vulnerable children as per need and vacancy.</li> <li>Sustain and develop further a very effective Aftercare Programme and 'Continuum of Care' for our children and youth.</li> <li>Establish Foster care and other family strengthening services in at least 4 states of India.</li> </ul>	<ul style="list-style-type: none"> <li>Support 8500 Udayan Shalini Fellows towards higher education, high-end vocational training and employment in 19 chapters, across India.</li> <li>Support loan-based post graduation programme under Pragnya to reach 24 students.</li> </ul>	<ul style="list-style-type: none"> <li>Develop and sustain 16 centres for IT, Vocational Trainings and Crafts to enhance employability and knowledge of underserved communities.</li> <li>Enhance the production centre by adding more marketable products and thus serve more disadvantaged women, learning various crafts in our centres.</li> </ul>
<b>VOLUNTEER MANAGEMENT PROGRAMME</b>	<b>ADVOCACY AND TRAINING</b>	<b>SOPs for All Programmes and Partnership Models</b>
<ul style="list-style-type: none"> <li>Acquire adequate number of Mentor Parents for Udayan Ghars and Mentors for Udayan Shalini Fellowships in keeping with expansion; interns from prestigious universities and experienced corporate volunteers.</li> </ul>	<ul style="list-style-type: none"> <li>Advocacy for Child Rights, particularly in the area of Alternative Care through publications and research, and persuasive methods, Capacity building of caregivers, children, govt. officials, institutions &amp; civil society members; Undertaking research projects for raising standards of care</li> </ul>	<ul style="list-style-type: none"> <li>Promote replication of Standard Operating Procedures followed in Udayan Care's approach, as a model in all Udayan Care programmes, with a vision to share and made available to individuals and other NGOs working for similar programmes</li> </ul>



## CHILD & YOUTH CARE

- Udayan Ghar
- Aftercare Programme



## ISSUES

31

million children living in Out-of- Home-Care (OHC)\* in India

1.4%

Only 1.4% receive any sort of formal Alternative Care

3210

Only 3210 adoptions in 2016-17

- Issues of comprehensive mental health care and trauma informed care approach for the emotional well-being of children living in Alternative Care is missing in action.
- A robust mechanism for Aftercare services to support young adults who exit out of child care institutions on turning 18 years of age is almost non-existent.
- Institutional Care in practise it is still the most common and far most often the first choice resorted to by the gatekeeping agencies of juvenile justice in India, which is the Child Welfare Committees (CWC).
- There is dearth of evidence based studies and data available on the number of children living in Alternative Care worldwide and specially in South Asia.

\* Children living in OHC settings refers to all children not in the care and protection of their biological parents for a variety of reason and under different circumstances.

# UDAYAN GHARS

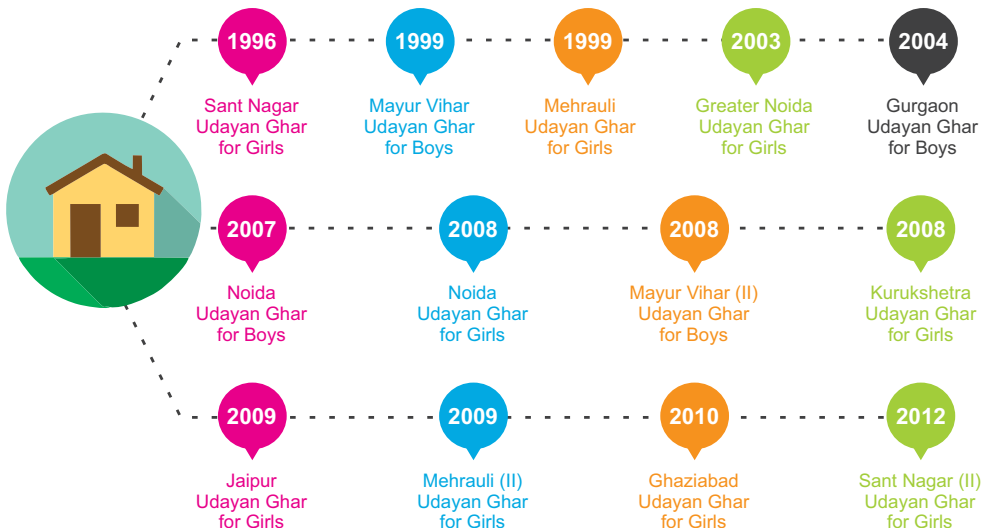
Providing loving homes to at-risk children and nurturing them in a warm family environment



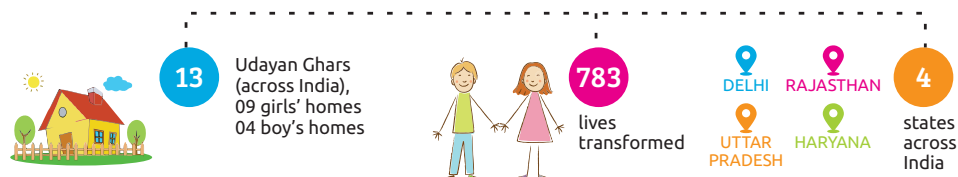
Udayan Care believes that a loving home and family is the right of every child. Udayan Ghars are long-term homes that nurture children, who are orphaned, abandoned or at risk, in a compassionate and comfortable atmosphere through a strategy called L.I.F.E : Living In Family Environment.

There are single and multi-unit 13 Udayan Ghars, wherein 12 children (6-18 years) constitute a unit to give individual attention to each child. This 'Group Care' model ensures that children are loved and cared by a group of Mentor Parents, who are long term volunteers, and have functions of parents; with the help of a team of social workers, resident care givers and mental health professionals. Udayan Ghars are located in middle class neighborhoods to help children reintegrate with mainstream society.

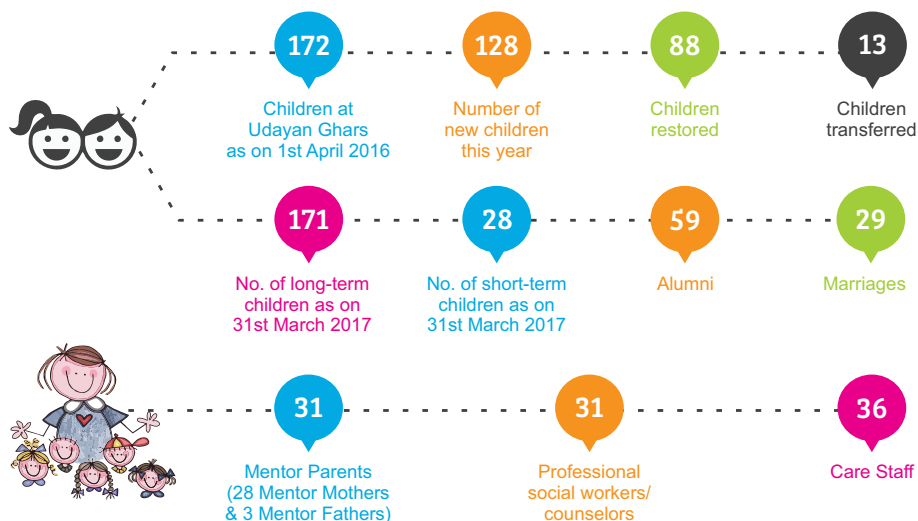
Children receive quality education in some of the best schools. Once they reach the age of 18 years, they move into our Aftercare Programme and continue with higher education or vocational training.



## SINCE INCEPTION (1996)



## AS OF NOW



## THE GHAR TEAM

A child in a regular family structure is brought up amidst continuous love, care and affection since birth, not just from their immediate but also extended family. The society is conditioned to look at these children as "normal" and instinctively treat them with recognition, thus helping the children reach their full potential. Children coming in Udayan Ghars come from difficult circumstances; they are the survivors, who have developed behavior practices, which have helped them survive in the conditions they were, which the other children of their age do not encounter.

The common thing in all these children is the scars inflicted by poverty and social apathy. The experienced team of Udayan Ghar works consistently and continuously on each and every child, so that their individual social functioning, physical and mental well-being can be enhanced and they can be made productive citizens of the country, who are able to contribute to the society. The Ghar Team works on long term relationships, consistent living circumstances and capacitybuilding opportunities. In addition to the philanthropy of citizens from varied fields across the globe.



The Udayan Ghar Carer team consists of :

### CARE GIVERS & SUPERVISORS

Dedicated, sensitive caregivers stay with the children 24x7. They help in all household chores and daily care, while addressing issues of safety, security, personal hygiene, nutrition, immediate medical care, and managing some bit of documentation.

### MENTOR PARENTS

To enable a family environment for children at Udayan Ghars and to take forward a sense of permanency and stability, engagement of individuals who willingly give their time, skill, resources and love, was and continues to be vital to the Udayan Ghar model. Mentor Parents, a concept unique to Udayan Ghars, are the long-term committed volunteers, who have the experience of raising their own children. Ideally 3-5 in one Ghar, they have functions of a parent - to nurture the children, bring in them a sense of continuity and stability, form strong family bonds, provide opportunities for education, talent, leisure and outings as well as manage finances of the home.

### SOCIAL WORKERS

Young, zealous, professional social workers, committed to the cause of child rights, who on one hand act as a bridge between children, care staff, mentors and the other major stakeholders; on the other hand they are responsible for the legal compliances and effective functioning of Udayan Ghars.

### MENTAL HEALTH PROFESSIONALS

The Mental Health Programme is headed by a Child and Adolescent Psychiatrist, who, along with our social workers and mentors, and a team of part-time psychologists and counsellors for individual homes, work with our children and care staff to ensure their psychological wellbeing.

### VOLUNTEERS & DONORS

As an outstanding testimony to Udayan Care's conviction in collective action towards restoring Child Rights, Udayan Ghars enable great civil society participation. Medical experts, who tend to our children; schools and educational institutes, which provide quality education to our children; and volunteers, in India and from across the world, become immeasurable resource in helping us shape our children into responsible citizens and by bringing their unique and different capacities, help us improve our functioning.

## UDAYAN GHARS- ITS UNIQUE ASPECTS

### MENTAL HEALTH PROGRAMME

Most of the children coming to Udayan Ghars have faced traumatic experiences before coming into our care. In most of the cases, children have faced various forms of deprivation, the most important being the absence of an intimate, consistent interaction with an adult figure, individual care, attention, love, warmth and security. Lack of these causes children to have major trust and confidence issues. A group of psychologists and counselors constantly work with our children to ensure their well-being. Dr Deepak Gupta, Child and Adolescent Psychiatrist, heading our mental Health programme, interacts regularly with the children, staff and mentor parents to create awareness regarding the mental health concerns of the children, as well as plans with the team the ways of dealing with them. Dr. Monisha C. Nayar-Akhtar, a U.S. based Psychotherapist and Psychoanalyst, guides our team on the best plan of action for our children's development and how an improved environment can positively impact their functioning. Skype sessions are conducted with Ms. Helen Lenga, a psychologist from Australia, an expert in trauma and attachment, to seek suggestions on difficult cases.



## EDUCATION & VOCATIONAL TRAINING

Quality education is an important component of each child's development at Udayan Care. The children not only receive best care at home but also receive the best education and are enrolled in the top educational institutions in the city. Children mostly come to us with little or no educational background, so to put life back onto the track, they are home tutored first and then admitted in the schools. Children are exposed to different vocational trainings also as per their talent and aptitude.

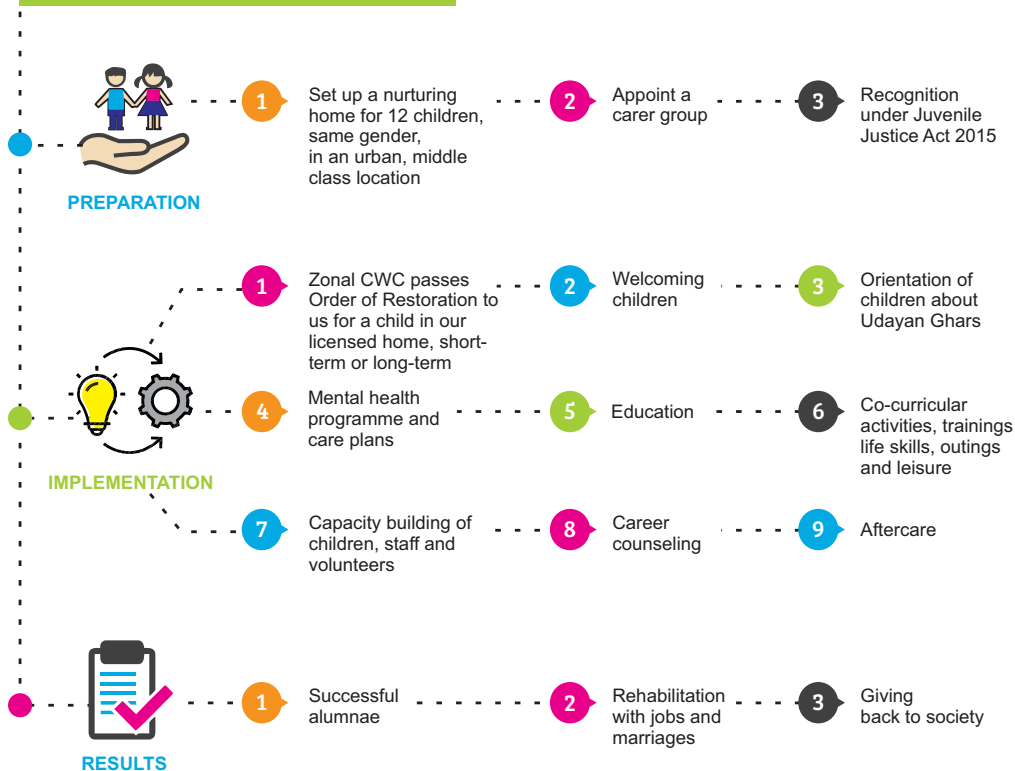


## HEALTH CARE

A child, when transferred to Udayan Care, is screened for medical needs within 24 hours of arrival. All the children go through monthly and quarterly checkups and their inoculations and medical needs are regularly taken care of by our partner doctors and hospitals with regular follow ups.



## HOW UDAYAN GHARS WORK?



## PERMANENT HOMES

It is our constant effort that children do not face instability in their environment once again. Our partner ASOS Foundation this year too has supported us in our endeavor by supporting construction of a permanent place of residence for the children in Kurukshetra, Haryana, after helping us build a Girls Home in NOIDA last year! A place which the children can call Home! Construction continues for our second new ASOS Udayan Ghar in Kurukshetra.



## MANAGEMENT COMMITTEE & CHILDREN'S COMMITTEES

Each of our 13 homes have Children's Committees and Management Committees in place, which meet as per schedule and gain a lot of participation from our children to improve the functioning of our Homes.

## INTERNAL COMMITTEES

Udayan Care has constituted a number of committees to address issues in a standardized, systematic and consistent manner, especially related to children's 'Health', 'Education', 'After care' and 'Alumni' needs. The committees are participatory, where the mentor parents, social workers along with selected members from civil society and some alumnae youth deliberate and make decisions together to refine and enhance the functioning of the Ghars.



## BI-ANNUAL AUDITS

An internal bi-annual audit system, to review our Homes, their functioning, legal aspects and proper documentation, was developed and constituted in 2014 internally, and is found to be very useful in understanding the best practices and gaps in the functioning of the Ghars. A team of two members visits each ghar and along with the staff reviews and checks, and provides guidance for corrective measures.

## RESEARCH STUDIES

*Forever wanting to improve its functioning and to understand the children's perspectives, Udayan Care continuously organizes research studies into its own system and brings back our learnings into our system:*

### 1. A LONGITUDINAL STUDY TO ASSESS THE NEEDS OF THE CHILDREN IN CARE (ANCC)

This longitudinal study is an investigative analysis of the met and unmet needs of children from their own point of view. The questionnaire of this study is a self-made tool with 29 questions, developed in 2011, in accordance to the parameters covering 'basic fundamental needs', 'emotional needs', 'interpersonal needs' and the 'educational needs' of the children with a 4 point rating scale. The methodology used is convenient purposive sampling of children between 10-18 years of age who have lived a minimum of 6 months at the Udayan Ghars.

The 5 years data has been recently analyzed and the abstract for a paper presentation is accepted by the 6th Conference for the International Society for Child Indicators at Montreal, Canada, to be held on June 30, 2017.



## 2. MENTAL AND PHYSICAL HEALTH OF OVCS IN RESIDENTIAL CARE

This collaborative, longitudinal study (since 2013) is in collaboration with the Public Health Department of Duke University, USA, where the physical and mental health outcomes of orphaned and separated children, living at Udayan Care, are assessed annually, done on the basis of age and gender characteristics. The data is collected over a period of two months in summers since 2014 annually, on specifically measured peer and guardian attachment, self-concept, ego-resiliency, and trauma and depression symptoms.

Every year, four students from Duke University conduct one-on-one interviews with children, and now also with our young people, as well as care staff; assisted by Indian interns. The annual data is analysed and the results are ploughed back into our system, so that no area of care goes neglected.

## 3. REMEDIATION OF COGNITION IN KIDS TO OVERCOME NEGLECT (ROCK ON)

Neglect during childhood years negatively impacts brain developmental and cognitive abilities, which in turn profoundly influence the child's all around physical and mental health, their ability to control emotions and impulses in behavior and their achievements in school. This societal tragedy of child neglect is a serious public health concern worldwide and this huge need for intervention for pre-teen and teenage children compelled Dr. Jyoti Mishra at University of California to develop the ROCK-ON training programme as a cognitive enrichment tool.

***This study is a collaboration between Udayan Care, Dr. Jyoti Mishra, Department of Neurology, University of California and Dr. Rajesh Sagar, Department of Psychiatry, AIIMS, New Delhi.***

## PAPERS PUBLISHED

a. 'Addressing Challenges of Transition from Children's Home to Independence: Udayan Care's Udayan Ghars (Sunshine Children's Homes) & After care Programme' by Kiran Modi, Monisha Nayar-Akhtar, Sumedha Ariely and Deepak Gupta, in SCOTTISH JOURNAL OF RESIDENTIAL CHILD CARE, Vol. 15, No. 1, April 2016

b. 'A Longitudinal Study Examining Mental Health Outcomes by Gender for Orphaned and Separated Children in Delhi, India', by Sriram kumar Sridharan, Anna Bensley, Jin Huh, and Deepthi Nacharaju at Duke University, USA in DUKE STUDENT GLOBAL HEALTH REVIEW, March 2017.





## EXPOSURE VISITS AND CELEBRATIONS

In order to provide advantageous opportunities of exposure to our children; Udayan Care constantly keeps organizing several interesting and exciting visits and activities throughout the year.

### VISIT TO KIDZANIA – 21<sup>ST</sup> MAY '16

Children and staff across different Udayan Ghars enjoyed their visit to KidZania. It is an edutainment theme park for children in Noida.



### FUNZANIA, SUMMER CAMP – 12<sup>TH</sup> TO 16<sup>TH</sup> JUNE '16

A five day-residential summer camp was organized where over 170 children from all the 13 Udayan Ghars participated. Udayan Ghar Family comes together for 5 days. Zumba sessions, Magic Shows, theatre, workshops, various competitions were organized to keep the children engaged.



### TWO DAYS RESIDENTIAL SCIENCE CAMP – 4<sup>TH</sup> & 5<sup>TH</sup> JANUARY '17

Through great efforts of one of the alumni's of Udayan Shalini Fellowship Programme, Darshana Joshi, currently studying for her PhD programme in Cambridge, this workshop titled 'It's a Materials World' was conducted at Udayan Ghar for the children. A group of Indian doctoral students and research professionals from around the globe came together at Jagshanti Home, Greater Noida to intrigue and motivate young students in the fields of Science, Technology, Engineering and Mathematics. This workshop was conducted by VIGYANshaala (Vision India GenY: Applied Sciences Network).

### WINTER CARNIVAL – 6<sup>TH</sup> JANUARY '17

This year too CPM India and Khushiyon Ki Gaadi partnered with us to celebrate "Winter Carnival". Delicious eats, exciting games, beautiful décor, music and artificial snow fall to give a chilling feel was all set at the venue, Jagshanti Udayan Ghar for Girls, Greater Noida. Children and staff across different Udayan Ghars came together to enjoy the event. Major attraction of the event had been the Udayan Care Talent Hunt Show that drew in huge participation of children showcasing their singing and dancing talents. The event was judged by Mr. Akhil Sachdeva, of *Badrinath Ki Dulhaniya* fame

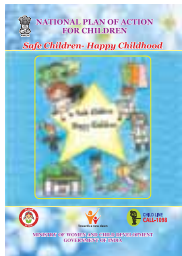


## ARTS TRAININGS & EXPOSURE

### ARTREACH INDIA TEACHING FELLOWSHIP PROGRAMME

ArtReach India through their Teaching Fellowship Programme enhanced the artistic talent of Udayan Ghar children. Every month workshops were organized at Jagshanti Udayan Ghar, Greater Noida, where children across different Ghars assembled for productive sessions in art, under the able tutelage of artist Vandana Kothari, and learnt nuances of different aspects of ART.

### POTTERY WORKSHOPS BY ARTIST PROBIR GUPTA



The main objective of this project is to train children from underprivileged backgrounds, those socially excluded, to make every day utilitarian objects in pottery (Ceramics) in a programming at 'Skill for Sustenance'. The children created wonderful pottery, which were exhibited and sold at an exhibition by the same name on March 2, 2017, at Galerie Romain Rolland.



### CHAMELI'S ARTWORK ON THE COVER OF NPAC

Chameli's innate talent in art has helped her create wonderful artworks. Recently, one of her paintings was selected for the National Plan of Action for Children (NPAC) book cover. On 25th January 2017, Chameli was felicitated by the Ministry of Women and Child Development at Civil Services Officers Institute (CSOI).

### SPORTS DAY

On 5th February 2017, Udayan Care celebrated its '11th adidas Group - Udayan Care Annual Sports Day'. The chief guests, Mr. Dave Thomas, Managing Director, adidas India and the former Indian cricketer, Mr. Murali Kartik graced the occasion with their presence and encouraged the children of Udayan Ghars to show their prowess on the field. Children loved every moment and fought to display their skills, cheered on by mentors, staff and volunteers.



### RAISING AWARENESS FOR WORLD ORPHANS : MATSIKO CHILDREN'S CHOIR

On 24th March 2016, six children from Udayan Ghars participated in a year-long musical tour across the United States of America. The tour provided incredible opportunities for them, both in terms of learning and fun.

Matsiko Children's Choir encourages underserved children from different countries to share their lives and culture through songs and dance. Matsiko, a Ugandan word for "hope", and a choir programme of the International Children's Network (ICN), based in Seattle, USA, spreads hope and cheer, in these annual tours across USA.



## LIFE SKILLS AND CAPACITY BUILDING TRAINING

While taking care of needs of the children, Udayan Care also ensures that the Ghar team attends regular meetings and capacity building workshops to foster and hone skills that meet our children's needs. The workshops help the team, as well as children too, to develop mutual trust and create a loving, non-threatening and non-judgmental environment for our children while addressing issues like medical care, personal hygiene, food, physical and emotional security and restoring children's self-esteem/worth and broken attachment and trauma issues.

This year, 34 workshops were conducted to cater to the psycho-social needs and over all development of children, covering a wide range of topics like —Emotional and Behavioral Development, Empowerment of Adolescent Programme, Unmet Emotional Needs, Life Skills, Sexuality and Reproductive Health, Effective Communication, etc.

## SHINING STARS



**NAME : MARJEENA, AGE : 17 yrs.**  
**DATE OF JOINING US : 17th July 2008**

Marjeena came to Udayan Ghar through the orders of CWC at a very tender age of 8 years. The initial years had been a tough challenge for the child as well as the Ghar team. Being groomed by the Udayan Ghar team, she soon became an extrovert, less participative, and developed high self-esteem. Presently, enrolled in Modern School, Vasant Vihar, in class X, she has found her passion in football since she was in the 3rd standard and since then has been unstoppable. Today, she plays at state and national level in the under 19 team. Her innumerable trophies, medals and certificates adorn the walls of the home. She also played at the Doon Cup by Delhi Soccer Association as part of CBSE interschool competition.

In her school's annual function this year, she was honored as "Outstanding performer" in the field of sports. Apart from football, Marjeena plays cricket and has an upper hand in art and craft and has interest in cooking.



**NAME : SHIVAM, AGE : 10 yrs.**  
**DATE OF JOINING US : 04th January 2013**

Shivam had been through a disturbing past. Shivam was found at a Railway Station at the age of 5, being exploited by an unscrupulous person and was rescued by a worker of Railways. He was then transferred to Udayan Care in 2007 by the orders of the CWC for long term care and protection.

Being provided with warmth and love in the Ghar family, he started showing improvements in his self-grooming, personal hygiene and skills to carry out day to day activities. Shivam gained confidence and self esteem and was soon enrolled in a reputed English medium school.

In March, 2016, Shivam got an amazing opportunity to be a part Matsiko World Orphan Choir, formed by International Children's Network based in Seattle USA. It was a 10 month journey, he, along with children from other countries, travelled and performed in different parts of America.



## UDAYAN CARE- AFTERCARE PROGRAMME



Aftercare Programme is the key pillar in the delivery of rehabilitative services for young adults coming out of care system. Gradual and supported transition out of institutionalized settings are the keys to ensure a smooth adjustment from dependence to semi-dependence to complete independence.

The transition period from childhood to an independent adulthood is fraught with dangers if these now young adults do not get required guidance and support. The young adults are vulnerable to land into various serious problems like unemployment, psychological stress, drug abuse, physical and mental illness, homelessness and dependency, if they are not supported, guided and counselled.

Udayan Care's Aftercare Programme is a transit between life at Care Home and life as an independent adult in the real society. It is a much needed effort in providing young adults with the opportunity to learn living independently, yet get supported under the care, security and warmth of Udayan Care family. The programme aims at preparing young adults, just coming out of Udayan Ghars, for life outside Udayan Ghars, by educating and training them for all sorts of challenges life throws. Our After care young adults live in our two After care facilities at Gurugram and Greater Noida. Some young adults also reside in hostels, PGs and rented accommodations.

Udayan Care in its Aftercare Programme provides secure spaces, financial support for professional, vocational education, trainings in life skills, about alcohol and drug problems, therapies for mental health crises, advice on financial literacy, employment and job readiness, and trainings in independent living.

Even after the youth leave our Aftercare services, our ties continue, and these young adults become our Alumni and are further assisted in getting married, or a job change, etc.

**Aftercare is the final preparatory stage for young persons, during which they are provided with following services**

**C**ounseling

**C**areer Guidance

**E**ducational Support

**T**rainings in Skills

**R**esidential Support

**P**hysical Health

**H**elp with internships and gainful employment

**F**inding accommodation and setting them up



## OBJECTIVES OF UDAYAN CARE AFTERCARE SERVICES

- 1 To enable young adults of the Udayan Ghar Programme for transition from institutional to independent living through continued education, training, livelihood assistance, mental health inputs and a strong sense of personal identity.
- 2 To ease the stress of the young adults transitioning from the Ghar Programme when only in 10+2 or when nearing the age of 18 years.
- 3 To help them to avoid pitfalls that so many of their peer group encounter, such as alcohol and drug problems, mental health crises, credit trouble, unemployment, homelessness and to provide them counseling and trainings in life skills and independent living
- 4 To engage stakeholders with like-minded vision from civil society to join hands and support in various capacities to manage and monitor Udayan Care After care Facilities and mentor the young adults

## AFTERCARE



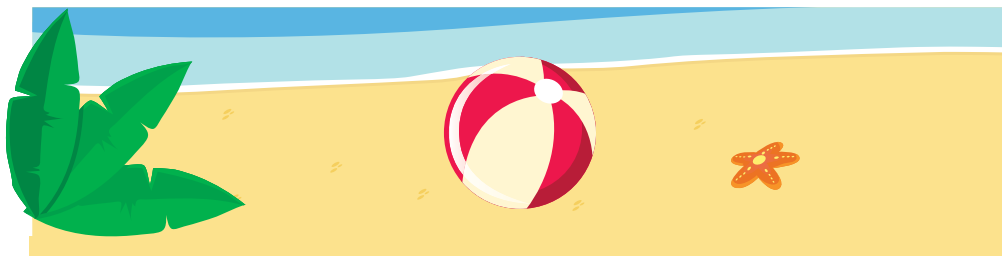
## APRIL 2016-MARCH 2017



## RESEARCH STUDIES

Like in the Ghar Programme, we are continually collecting feedback from our youth, whether in After care or from those, who have become alumnae, on different indigenously developed measures.

A recent study has been developed into a full-fledged paper, abstract for which, as a poster presentation, is accepted at the upcoming world Congress on 'Family Law and Child Rights' at Dublin in June 2017. The poster will showcase the effectiveness of Udayan Care's After care programme that effectively uses the ecological developmental framework and our youth's satisfaction levels from our services, aimed at making them become confident, independent and resilient young adults.



## SHINING STARS



**NAME : POOJA, AGE : 25 yrs.**  
**DATE OF JOINING US : 18th May 2002**

Pooja had lost both her parents and was just eleven years old when she was handed over to Udayan Care by her aunt. Nurtured by our Udayan Ghar team consisting of mentor parents, social workers and, carestaff, Pooja started developing a sense of trust, bonding and security. The caring, nonjudgmental and loving environment provided by the Udayan Care family helped her grow into a sincere, hardworking, and cheerful girl. Pooja pursued her BSW from Galgotias University. Her belief in herself was reinforced by motivation from her mentor father and she is now working successfully in Genpact. She is one of our brightest stars adorning our Udayan sky!



**NAME : SHAALU, AGE : 22 yrs.**  
**DATE OF JOINING US : 2nd June 2004**

Shalu, along with her four sisters, came to Udayan Care on orders of CWC in 2004 after their mother expired and their father was unable to take care of the children due to his ill health. She passed class X with 9-CGPA from the prestigious Sagar School, a boarding school at Alwar, Rajasthan. After this she joined class 11 in Delhi Public School Greater Noida, and scored 88.4 % in class-XII from CBSE Board. Post her schooling, Shalu joined B.Pharm from Galgotias University.

She completed her graduation in July 2016 with a CGPA of 9.26 and topped her batch and received the Gold medal in the convocation held in Jan 2017. After a stint with a pharmaceutical company, Vygon India Pvt. Ltd. in Lucknow, she has currently enrolled. Shalu is a role model for the rest of the girls at the home. She regularly gives guidance to her sisters

and other girls. Shalu is a crown jewel for our Udayan family!



**NAME : PRAKASH, AGE : 22 yrs.**  
**DATE OF JOINING US : 12nd June 2004**

Loss of parents, exploitation at the hands of the guardian was what compelled Prakash to go through early childhood trauma.

On recommendations of a concerned citizen, Prakash was rehabilitated to a child care institution but, the setup there was not conducive enough to cater to his care, protection and development.

Prakash was then transferred to Udayan Care, where he was provided with the required love, care, protection and opportunities to grow and develop.

Prakash has now grown into a fine young man, who is composed, mature, intelligent, hardworking and compassionate. Aspiring to become an engineer, Prakash completed his B. Tech in Civil Engineering from Hi Tech Engineering College with an outstanding score of 78%

and is now working in a prestigious construction company.

Prakash is a repository of talent, character and is definitely a source of inspiration for others.



## EDUCATION

- Udayan Shalini Fellowship Programme
- Pragnya Fellowship Programme



## ISSUES

85%

of girls in class X fail to complete class XII, due to financial and cultural constraints

46.7%

of girls out of 113 million (no of adolescent girls in India) dropout of school before they reach class X

38%

of university graduates in India are women

- In India, girls' education is often considered the lowest priority, in particular girl's higher education. Gender discrimination, poverty and cultural attitudes prevent millions of girls from weaker sections of society to get an equal opportunity to continue their education and economically empower themselves and their families
- Although 96% of girls enroll in primary school, only **1 of out of every 100 girls** reaches a secondary level of education. In urban areas, **out of 1,000 girls, only 14 reach Class 12** according to the World of India's Girls, a study formulated by a six-member team of Tata Institute of Social Sciences (TISS) in 2014.
- According to current transition rates, a girl who enters her final year of primary education (typically Class V) still **only has a 54% chance of even starting Class XI**.
- The highest percentage of girls drops out between Class X and Class XI. **Only 68%** of girls who enter Class X move on to Class XI (NUEPA 2015). Currently, **out of every 100 graduates, only 38 are women** (Census 2011), thus only 9.11% of girls have access to higher education.
- According to the Census 2011 figures for recent marriages, **1 in 6 girls** are married under the age of 18!



# UDAYAN SHALINI FELLOWSHIP PROGRAMME

To provide mentoring and support to disadvantaged girls in order to transform them into dignified and independent women



The Udayan Shalini Fellowship (USF) started in 2002 in Delhi with just 72 girls. The aim was to support girls from economically weaker sections, to study beyond matriculation by enrolling themselves in regular higher secondary, graduation programs or relevant vocational training programs.

## HOW USF WORKS

At Udayan Care we believe in maximizing impact through long term intervention. Thus, we support our Shalinis in the course of their entire journey from Class XI to completion of graduation or vocational programmes. USF is not just a scholarship programme, but it aims to nurture every aspect of a Shalini's development. Through workshops, multi-day residential camps, mentoring sessions, Shalinis are taught leadership qualities, life skills and personality development. Advice on career options form an important aspect of the fellowship. Moreover, to instill a desire to give back to society, it is mandatory for Shalinis to perform 50 hours of social work. The success stories of Shalinis are innumerable. Over the years, strong, independent and empowered Shalinis have made us proud.



The programme has four major objectives :



To provide financial support to deserving yet economically deprived girl students to enable them to pursue higher education



To provide individual attention, counselling and grooming through mentoring to ensure their overall personality development



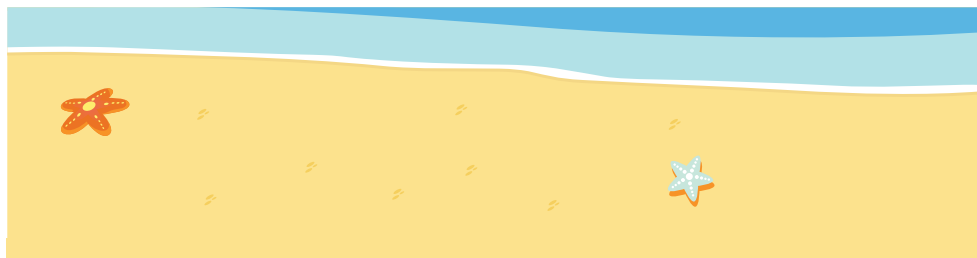
To provide opportunity to widen their horizon of knowledge about various fields like career choices, social issues and personality development.



To engrain a feeling of 'giving back' in our fellows so that they become social responsible citizens of the society

## SECRET TO SUCCESS: MENTORS

A good mentor is someone each one of us needs, but few are lucky to find one in a lifetime. Thus, we make sure that all our Shalinis don't miss the opportunity of right guidance.





We connect our Shalinis to mentors, usually senior educators, and corporate employees, who guide them through various issues — be it choosing the right subject in college, enduring stress, or dealing with family related issues, or preparing oneself for a job. In addition, senior Shalinis are encouraged to become mentors themselves, helping their juniors as Mentor Didis and becoming their role models and friends.

## CELEBRATING THE PAST WHILE EMBRACING THE FUTURE!



**5047**

Till now, transformed  
the lives of over  
**5047 girls**

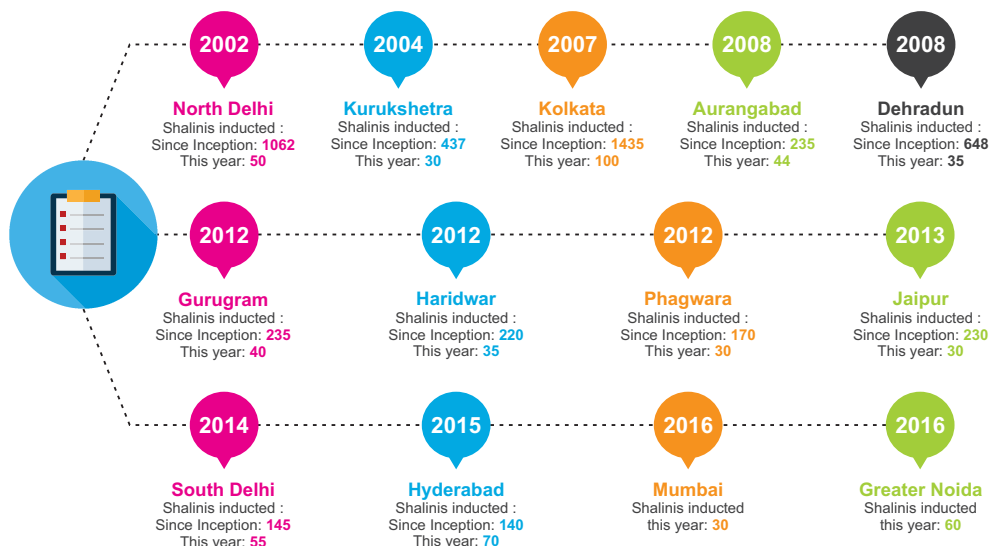
**609**

**609 Shalinis**  
were inducted to the programme for  
higher education in the year 2016-2017

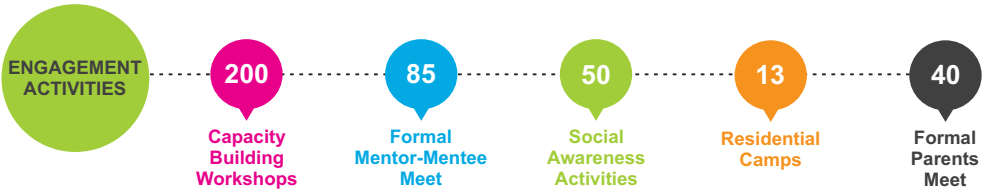
Opening the gates of new opportunities of expansion, 2016-2017 has been the year, where we launched two new USF chapters in Mumbai and Greater Noida.

A step closer towards our vision 2020, we laid the foundation for two new chapters, which will be established in 2017-18: Panchkula and Chennai, for a greater outreach.

Currently there are 13 Chapters across 9 States (Delhi, Haryana, Maharashtra, Punjab, Rajasthan, Telangana, Uttar Pradesh, Uttarakhand and West Bengal).



MULTI-LEVEL ENGAGEMENT WITH OUR SHALINIS ACROSS CHAPTERS

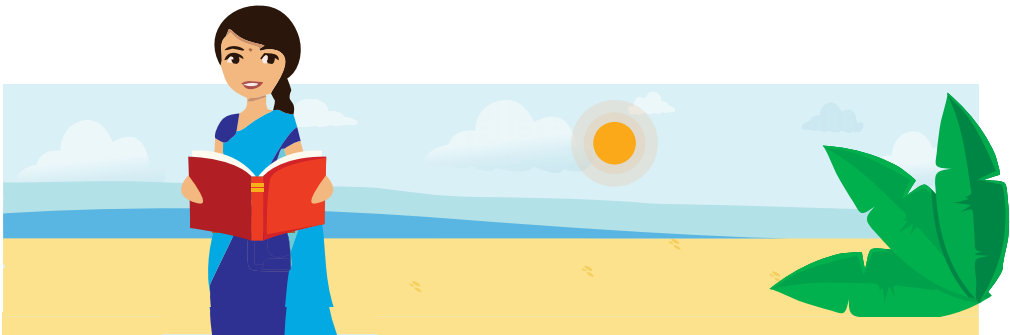
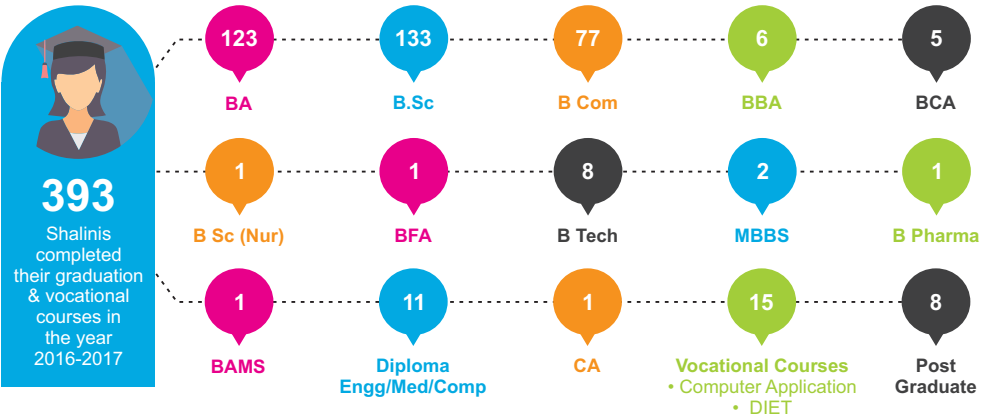


ENSURING QUALITY

To assess the quality of our programme, we collaborated with Grant Thornton to conduct a thorough Impact Assessment of USF across 6 Chapters. The outcome of the study was that USF has uplifted and transformed the lives of its shalinis not only through financial aid but also through their workshops and mentoring programme. Overall, the study gave reliability and validity to the programme.

We are grateful to Puneet Malhi Trust and iPartner India for funding this evaluation.

Across 13 chapters, the number of Shalini who have completed their graduation and vocational courses in the year 2016-2017:



## CHAPTERS OVERVIEW

### 1. NORTH DELHI

FOUNDED: 2002 | SHALINIS INDUCTED SINCE INCEPTION: 1062 | SHALINIS INDUCTED THIS YEAR: 50

#### CHAPTER OVERVIEW

The success of our programme is embedded in the achievements of our fellows, who seize every opportunity to achieve their goal. One of the greatest highlights of the year has been that two of our fellows have become Chartered Accountants, one has finished her

B.Tech. and two have become doctors and three have taken admission in M.B.B.S.

#### WORKSHOPS

Workshops were organized for the fellows on a wide variety of topics, particularly aiming at their interview skills, communication skills and interpersonal skills and also to develop a strong personality; ready to take on the challenges of the world.



#### GIVING BACK

As a part of the 50 hours of compulsory social work, the Shalinis engaged themselves in issues plaguing the society, ranging from gender to education and environment.

#### SOCIAL AWARENESS CAMPAIGN ON #MISSING GIRLS

*The fellows participated in #every8minutes Campaign*, an initiative by iPartner India at Jama Masjid. As a part of the campaign, the fellows marched on the streets, displayed banners, recited slogans, and interacted with locals, creating awareness about human trafficking.

#### ALUMNAE MEET

Udayan Shalini Fellowship Alumnae Association successfully conducted the '6th Alumnae Meet'. The purpose of the meet was to draw active participation of alumnae with the message of 'Giving Back', which was followed by a pledge to strengthen the Alumnae Association.

#### EXPOSURE VISIT : GENPACT (NOIDA)

On 23rd December, 2016, nine fellows were invited by Genpact to present the prestigious 'Best Performers Awards' to their employees.

#### SHINING STAR



**Sapna Mittal** - Sapna Mittal displayed qualities of an achiever; who, with her indomitable spirit and an unprecedented effort has paved her way to success. However, what is remarkable about Sapna is that she humbly dedicated all her achievements to the Udayan Shalini Fellowship Programme. 'I used to be a shy and a reserved person, however the workshops helped me in coming out of my shell and becoming more confident'. Her bond with her mentor is something she believes is irreplaceable, as she said 'he was like a member of my family as I shared all my problems with my mentor, he made me more confident and independent'. Currently, Sapna is working as a Financial Planning Specialist at AMERIPRISE. Her rootedness to the programme and firm belief in the idea of giving back is seen

through the fact that she initiated the mentoring process with her company employees in the Gurugram chapter of USF.



## 2. KURUKSHETRA

FOUNDED: 2004 | SHALINIS INDUCTED SINCE INCEPTION: 437 | SHALINIS INDUCTED THIS YEAR: 30

### CHAPTER OVERVIEW

Kurukshetra witnessed a rise in the number of Shalinis as they inducted the new batch of Shalinis this year. Their prime focus this year had been on the active participation and celebration of international events and days by the fellows, right from World Environment Day to Human Right's Day..

### WORKSHOPS

Workshops and session on Career Counseling and essential business etiquettes were extremely beneficial for the fellows this year. Special attention was given towards enhancing their communication skills which helped in developing a sense of self-worth and confidence in the Shalinis.



### EXPOSURE VISIT

A visit to the corporate office of AON Hewitt, in Delhi, was organized for our fellows, wherein they were made aware of a company's functioning, such as the role of the HR, Finance, and sales through visuals and power point presentations. The Shalinis were evaluated on their communication skills too, and were given positive feedback.

### SHINING STAR



**Shweta Yadav** : Shweta comes from a family where girls from a very young age are conditioned to be shy and submissive. Shweta fought all odds and negativity and followed her dreams, the first step of which was taking up science as a specialized stream in high school.

As she was striving to keep her passion alive, Udayan Shalini Fellowship entered into her life as a blessing. From the program, she not only received a constant source of moral support but also the financial aid, which helped her in pursuing B.Sc. and M.Sc. in Zoology from the prestigious Kurukshetra University. 'I felt helpless at times. My fight was not with people but with an archaic ideology. I was always told that the profession of science was only for the men and I am committing a huge mistake. Udayan Care came to me as a savior. I realized that I am not alone in my struggle. Today, I may be a rebel, but later in life I may be an example. That is what I

strived for".

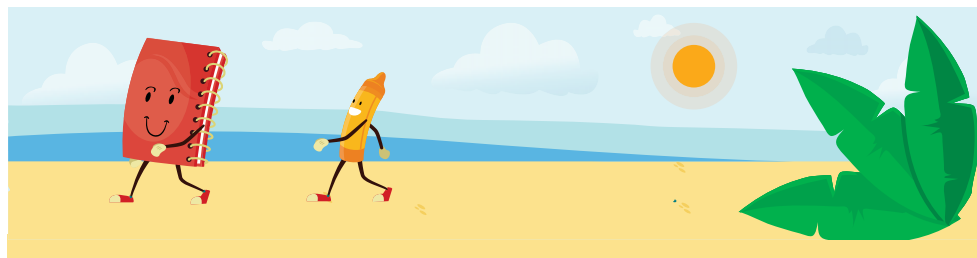
Currently, Shweta is a professor who has published numerous research papers in the renowned Journal of Cytology and Genetics. She is also a motivational speaker, and encourages other girls to take up science as their career option to fight the gender bias that exists in the discipline.

## 3. KOLKATA

FOUNDED: 2007 | SHALINIS INDUCTED SINCE INCEPTION: 1435 | SHALINIS INDUCTED THIS YEAR: 100

### CHAPTER OVERVIEW

USF chapter in Kolkata has been scaling up in numbers and accolades. One of the greatest accomplishments of the chapter has been the achievements of the fellows, by taking admission in prestigious colleges and universities; and by getting successfully placed in good organizations and corporate offices.



## WORKSHOPS

While workshops happened on many important topics, the fellows got more empowered with guidance on financial management and entrepreneurship.

## GIVING BACK

Shalinis actively participated in social work activities, especially providing free tuitions and academic help to the needy children near and around their communities.

## EXPOSURE VISIT

On April 28, 2016, the Shalinis were invited to visit one of city's iconic educational institute, The British Council. Program Head, Mr Samarjit Guha and his young team explained to the Shalinis the wide range of learning and training facilities that the institution offers, opening further gates of opportunities for the Shalinis.

Shalinis along with Mr. Supriya Das and Baishali Mukherjee visited the GENPACT Rajarhat campus on 23rd March, 2017 to interact with their representatives from USA. Their enthusiastic participation and eagerness to learn about the prevalent educational procedures and women's professional participation in the US, touched the US representatives.



## SHINING STAR



**Mamani Sharma:** Mamani Sharma's dream was to empower herself through education but it remained suffocated due to cultural traditions of her community. Belonging to the economically excluded class, her financial conditions also impacted her mental and social well-being; she was often depressed and had a very subdued personality. Through her school, she got to know about the Udayan Shalini Fellowship Program. Her personality showed a drastic transformation since then. Workshops held in USF as well as the mentoring process made her confident enough to vocalize and express her thoughts articulately. Not only this, the social awareness campaigns and the compulsory social work, which are the key elements of the USF, sensitized her about the larger inequalities plaguing the society.

Mamani is currently working with TCS as a 'Process Associate'. She is an active alumna of USF and she holds workshops on career-counseling with our USF Shalinis on a regular basis.

## 4. DEHRADUN

**FOUNDED: 2008 | SHALINIS INDUCTED SINCE INCEPTION: 648 | SHALINIS INDUCTED THIS YEAR: 35**

## CHAPTER OVERVIEW

This year Dehradun has been a chapter of accomplishments and ventured into new areas of development.

## WORKSHOPS

In the Dehradun chapter, the prime focus has been on spoken English classes which are conducted every month to enhance the communication skills of our Shalinis. Extensive emphasis was also given towards grooming their personality and their self-presentation skills.



## MENTOR-MENTEE MEET

The year 2016-17 saw a huge success of our 'Mentor Didi' program. Mentor Didis displayed a tremendous dedication and enthusiasm in providing guidance and support to the junior fellows. Through the Mentor Didi program, we were able to address many issues of younger Shalinis.

## AWARENESS CAMPAIGN

'Save Environment' campaign was held on 26th July, 2016 in wherein the fellows made posters creating awareness about the need to conserve and preserve the environment by reducing carbon emissions etc. 'Anti child begging' campaign was held on 20th Nov, 2016 through which our fellows addressed the issue of child begging and abuse.

## SHINING STAR



**Preeti Ahirwar :** Preeti comes from a labour class migrant family, which has migrated to Dehradun from a small village in MP in search of employment. Her father is the sole breadwinner and works in the informal sector, with a meagre pay. Preeti and her family live a life of extreme marginality.

But adverse situations have not been able to deter Preeti from continuing her education. She understands that the only way out of this vicious cycle of poverty is through education.

Preeti is now an inspiring role model for other fellow Shalinis who receive mentoring from her. As a mentor, she exhibits great enthusiasm and willingness to share her skills, knowledge and expertise with the fellow mentees. Preeti is currently working as a Lab Coordinator in Graphic Era University.

## 5. AURANGABAD

**FOUNDED: 2008 | SHALINIS INDUCTED SINCE INCEPTION: 235 | SHALINIS INDUCTED THIS YEAR: 44**

### CHAPTER OVERVIEW

This year our Aurangabad chapter fostered new partnerships with a wide range of resource persons hailing from a variety of backgrounds.

### WORKSHOPS

Workshops providing essential soft skills and life skills were conducted and greatly benefitted the Shalinis. The key highlight has been the fact that Senior IPS officers regularly conducted workshops for the Shalinis providing them with the guidelines on how to crack various government examinations and interviews.

### SOCIAL AWARENESS CAMPAIGN

A Plantation Drive was organized by Cantonment Board, Aurangabad on 16th July, 2017 in which the fellows were made aware about the harmful impact of deforestation on our environment and the need to plant more trees



### EXPOSURE VISIT

On 8th October, 2016, a factory visit to Orchid Farm of the Nath Group at Dhangaon, Paithan was organized. Seeing the workings of the farmland, it was an interesting and educational activity for our Shalinis.



## SHINING STAR



**Mayuri :** Mayuri lost her father at a tender age of 7. Her mother tries to make their two ends meet through a few odd jobs which she manages to get. Unwavering in her pursuit of education and a successful career, Mayuri joined us in year 2012-13 after passing the NAT Exam. Her focus was clear from the day one i.e. to pursue a career in Science. She finished her graduation this year and has won many awards and accolades. She is currently engaged with a social startup, working on electronic waste management.

## 6. GURUGRAM

**FOUNDED: 2012 | SHALINIS INDUCTED SINCE INCEPTION: 235 | SHALINIS INDUCTED THIS YEAR: 40**

### CHAPTER OVERVIEW

Soaring new heights and strengthening our partnerships, the Gurugram chapter took the task to challenge the current social status of girl child education at multiple planes. The highlight of this year was new ties with partnership with Royal Bank of Scotland, who have now stepped up and are thoroughly engrained in the mentoring process. The efforts of USF Delhi fellow, Sapna Mittal, working in AMERIPRISE, has also actively provided the Gurugram chapter with corporate mentors.



### WORKSHOPS

Over the span of a year, workshops providing essential life skills and softs skills were provided to the fellows.

### MENTOR-MENTEE MEET

The mentors from Ameriprise and Royal Bank of Scotland conducted regular meets with the fellows wherein they were given important guidance regarding professional growth and importance of time management as a key to the success.

### SOCIAL AWARENESS CAMPAIGN

Social Campaign on 'Beti Bachao Beti Padhao' was organized wherein the girls sensitized the gathering about the importance of girl child education in the development of the nation.

### EXPOSURE VISIT

On 21st July, 2016, an exposure visit to the Genpact premises, Gurugram was organised wherein Ms Shalini Modi (Vice President-Hiring), Ms Nidhi Dang (USF Alumnae, working as a Process Associate with Genpact) facilitated the session. On 27th March, 2017, another exposure visit to Genpact, Gurugram was organized for fellows to meet the most inspirational PV Sindhu.

## SHINING STAR



**Charu Singh :** Charu lives in the rural belt of Gurugram in a one room rented house with a younger brother and parents. She is an inspiration not only for her fellow Shalinis but also for every individual who dreams to become someone. Charu scored 95% in her 12th board despite her social circumstances and patriarchal mindset of the community, and pushed herself beyond limits in turning her dreams into reality. Charu is recently pursuing B.Sc. Maths (Hons) from University of Delhi.





## 7. HARIDWAR

**FOUNDED: 2012 | SHALINIS INDUCTED SINCE INCEPTION: 220 | SHALINIS INDUCTED THIS YEAR: 35**

### CHAPTER OVERVIEW

The Haridwar chapter is robust, moving ahead in full throttle. Not only did the chapter showcased rise in number of new Shalinis, but also explored corporate ties.

### WORKSHOPS

A series of workshops were organized for the fellows providing them with the necessary skills to present themselves with confidence especially during their interviews.

### MENTOR-MENTEE MEET

The mentoring programme was of great value and success in the Haridwar chapter. The regular mentoring helped the fellow Shalinis to develop a sense of self-worth and gain self-esteem. The constant guidance and the relationship that the mentees share with their mentors, helped them in effectively coping with the challenges of life.

### GIVING BACK

In the luscious green city of Haridwar, fellows showed keen interest in working towards preserving their environment. The feeling of giving back to the society is deeply embedded in our fellow Shalinis.

### SOCIAL AWARENESS CAMPAIGN

The fellows participated in the 'Ganga Safai Abhiyaan' which was conducted in collaboration with Prem Nagar Aashram on 21st November, 2016. This cleanliness drive made the girls aware about the need to preserve our water bodies as well as the environment.

### SHINING STAR



**Sneha Chawla** : Sneha Chawla, who has been an inspiration for all at the USF, Haridwar, connected herself with the Udayan Shalini Fellowship Programme not just to seek financial aid, but also to become an empowered and an assertive woman. The workshops helped her in undertaking this journey of transformation as she received a platform to speak and express her views. Sneha is pursuing B. Pharma (4th year) from Om Bio Science and Pharma College, Roorkee. However, the idea of giving back to the programme is firmly engrained in her, which is why she provides regular mentorship to our current batches of fellow Shalinis. She also went out of her way to help some of the Shalinis in getting fee concessions in her college.

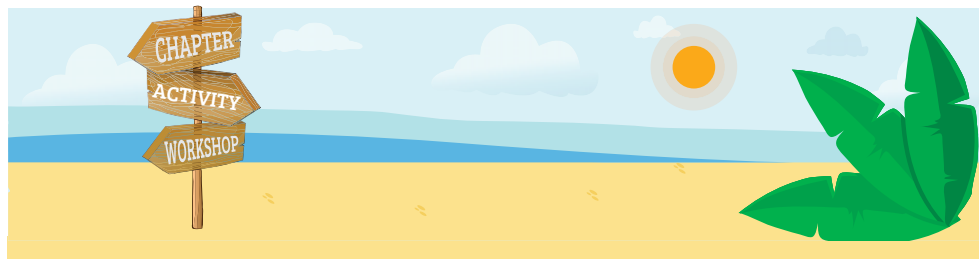


## 8. PHAGWARA

**FOUNDED: 2012 | SHALINIS INDUCTED SINCE INCEPTION: 170 | SHALINIS INDUCTED THIS YEAR: 30**

### CHAPTER OVERVIEW

As we are scaling up our capacity of inducting more fellow Shalinis in our Phagwara chapter, partnership with S.D. Putri





Pathshala has also strengthened. The success of our programme is credited not only to the academic achievements of the fellows, who have taken admissions in courses such as Law and B.Tech, but also to the unconditional faith they have entrusted in us. This year 'The Mentor Didi' component was introduced in the state chapter to provide the fellows with consistent guidance and support.

### WORKSHOPS

A series of workshops providing Life Skills training and career counselling to the fellow Shalinis were conducted in order to enhance their confidence and to learn business etiquettes: two skills, which are indispensable in the job market today.



### GIVING BACK

With the unparalleled support of Mr. Susheel Sharma, an honorable member of the Lion's Club, the fellows participated with tremendous motivation in tree plantation drives, blood donation camps, and clothes donation drives.

### SOCIAL AWARENESS CAMPAIGN ON HUMAN TRAFFICKING

Fellows in large numbers participated in the social awareness campaign on human trafficking wherein they not only marched against trafficking of girls but also addressed the public about the important helpline numbers and government bodies to be contacted in case of reporting such an issue. This campaign helped the fellows realize that they can raise their voice regarding issues that are assailing our society.

### SHINING STAR



**Deepika Makkar :** The harsh reality that Deepika had to come to terms with was the separation of her parents, which left not only a gruesome impact on her emotional state, but also on the financial condition of the family. During these difficult times, she believes that the Udayan Shalini Fellowship Programme came in as a savior. 'With the financial aid, I was able to pay my college fees and afford the expenses of buying books and other study material'. Further she added 'through the support of my mentor I was able to put aside my past and concentrate on my future goals. USF made me stronger which is why I decided to never look back in life and just focus on moving ahead'. Today, Deepika is in her third year of Bachelor's in Computer Application and is also working on a project with Java on Android and Artificial Intelligence.

## 9. JAIPUR

FOUNDED: 2013 | SHALINIS INDUCTED SINCE INCEPTION: 230 | SHALINIS INDUCTED THIS YEAR: 30

### CHAPTER OVERVIEW:

Jaipur chapter showed great success and vibrancy with increase in number of shalinis and with a range of trainings and workshops, which made the chapter just as vibrant as the city.



## WORKSHOPS:

A series of workshops for the fellows were organized with an aim of empowering them. The workshops helped them in becoming more assertive, confident and develop a 'never back down' attitude in them.

## EXPOSURE VISIT:

On 27th April and 11th May, 2016 educational trips to Johns Electric were organised. Further on 18th May, 2016 an educational trip to Hotel Arya Niwas was organized. From both the visits, the fellows gathered information about different organizational structures and their internal dynamics.

## SOCIAL AWARENESS CAMPAIGNS

On 1st August, 2016, USF Jaipur organized "Tree Plantation Programme" with collaboration of Shree Kalptaru Sansthan. On 18th February, 2017, Udayan Shalini Fellows took part in a rally on the occasion of 'Cancer Survival Day' in collaboration with Bhagwan Mahaveer Cancer Hospital and Research Center.

## SHINING STAR



**Anita Meena** : Anita, from a very young age aspired to be like one of the great modern-day inventors like Steve Wozniak. 'My dreams needed finance' said Anita, highlighting the poor family background she comes from. In 2013, when Anita was selected as an Udayan Shalini, she began to prepare in full vigor for her engineering entrance exams. Not only in academics, Anita also actively participated in the workshops which were conducted by the Udayan Shalini Fellowship Program. 'From the workshops, I became more confident. I also learnt many soft skills which gave me an edge over others during my college interviews'. She is extremely grateful to her mentor, Sheetal Bahari, who, she believes played an important part in supporting her endeavors. Today, Anita is in the prestigious Sant Longowal Institute of Engineering and Technology, Jalandhar, Punjab in the department of Electrical

## 10. SOUTH DELHI

FOUNDED: 2014 | SHALINIS INDUCTED SINCE INCEPTION: 145 | SHALINIS INDUCTED THIS YEAR: 55

## CHAPTER OVERVIEW

The South Delhi chapter has soared to new heights in constant alliance with Sri Aurobindo Ashram, by giving special attention to the employability of our shalinis, who could not get admission in colleges after their 12th, due to the high cut-off marks needed for entrance in Delhi University and other colleges.

## WORKSHOPS

This year the workshops were shaped around the idea of providing essential tips and guidance to our fellows regarding how to deal with exams, manage their time and set targets on a daily basis. This benefited the fellows academically, as they were able to prioritize their tasks and achieve the desired goals in a short span of time.



## SHINING STAR

**Santoshi** :After completing her XII boards, Santoshi joined the employability linked skill development training programme, in the hope that she would get a job to support her family and further education. The key ideology of our chapter is





**“Humara Sapna Hai Ki Tumhara Sapna Pura Ho”.** True to this, support and guidance were provided to Santoshi to pursue her life-long dream of becoming a Chartered Accountant. Her mentors also motivated her to take admission in Bhagat Singh University and pursue alongside preparing for CPT exams.

Her hard work ultimately paid off as she has qualified for CPT examination. The foundation was ready to grant her finance however she insisted that she will only take it as a loan and return it with time.

## 11. HYDERABAD

**FOUNDED: 2015 | SHALINIS INDUCTED SINCE INCEPTION: 140 | SHALINIS INDUCTED THIS YEAR: 70**

### CHAPTER OVERVIEW

This year Hyderabad chapter witnessed immense growth in number and learnings.

### WORKSHOPS

The workshops were focused on the self-development along with personal and professional growth.

### MENTOR-MENTEE MEET

The most distinguishable and the strongest pillar of USF is Mentoring. The mentors provide guidance, along with counselling to their mentees. Hyderabad mentors met their mentees regularly and became a sound board to the girls. For USF, a quintessential mentor is the one who shares the wisdom and knowledge to help improve his/her mentees' approach in life.



### GIVING BACK

The girls at Hyderabad took the 50 hours seriously and worked productively in these mandatory social work hours. Girls with help of staff participated in events, organized by various partner NGO. At ABC – Advocates for Babies in Crises, our girls spent time looking after the babies in the State Shishu Vihar. They were assigned the toddlers' rooms. They found ways to engage with the children; they made lovely charts to teach the children alphabets, colors, shapes, etc.

### SOCIAL AWARENESS CAMPAIGN

The girls took the charge to visit various schools/colleges to create the awareness on the domestic violence and exploitation, women are subjected to, in collaboration with The Choice Foundation. The Choice Foundation aims to give women and girls the choice to live a life free from violence, abuse and exploitation.

### EXPOSURE VISIT

On 30th August, 2016, the Shalinis visited the Genpact premises of Hyderabad wherein they learnt about the day to day workings of different departments of Genpact.





### SHINING STAR

**Indraja :** Indraja had been subjected to domestic violence and alcoholism in her family. The chaotic condition at home did not deter her determination to pursue and complete her education. After completing her 12th standard with support from USF, she pursued her graduation and completed college with 75% marks. Currently, she is engaged in an assignment with one of Social Star ups – Waste Ventures India.

## 12. MUMBAI

FOUNDED: 2016 | SHALINIS INDUCTED SINCE INCEPTION: 30 | SHALINIS INDUCTED THIS YEAR: 30

### CHAPTER OVERVIEW

USF Mumbai chapter was formally launched on 1st October, 2016, which was marked by the orientation ceremony of its first batch of Shalinis. As they look forward to achieve new heights in their journey, the first year had been full of growth and tapping of new opportunities.

### WORKSHOPS

A wide variety of topics for their social development were organized from which the fellows benefited immensely.

### MENTOR-MENTEE MEET

The component of mentorship was initiated in Mumbai chapter. The fellows received regular guidance and support from the mentors, which has initiated the process of rapport building between the mentors and the mentees.



### EXPOSURE VISIT

On 7th November 2016, Mrs. Minal Bajaj invited the Shalinis for The Jamnalal Bajaj Foundation Awards that promotes Gandhian values, community service and social development.

### SOCIAL AWARENESS CAMPAIGN

On April 12, 2017, the state chapter partnered with iVolunteer to distribute thank you cards to the Police personnel to appreciate the services of the police department and the sacrifices they make to keep the city safe. On April 15, 2017, the state chapter aligned with iVolunteer and organized a cleanliness drive as a part of the Swachh Bharat movement.

### SHINING STAR



**Madhu :** Madhu's parents are both domestic helpers surviving on minimum wages. However, they want Madhu to become an IFS Officer (Indian Foreign Service). Madhu is a very bright student and secured 90% in class X and 88.69% in class XI. An all-rounder with inclination towards sports, she participated in District Sports at zonal and district level as a sprinter and won prizes for various athletic events.

Madhu says 'USF has helped her in the overall development – soft skills through workshops, personality development through our mentors and becoming socially responsible citizens of the society through our social work component'.



### 13. GREATER NOIDA

FOUNDED: 2016 | SHALINIS INDUCTED SINCE INCEPTION: 60 | SHALINIS INDUCTED THIS YEAR: 60

#### CHAPTER OVERVIEW

This year marked the commencement of our Greater Noida Chapter where the 1st batch of Shalinis were inducted on 5th November, 2016. Through the active participation and continuous knowledge dissemination of core committee members, many trainings were provided to the fellows.

#### WORKSHOPS

Workshops providing the fellows with life skills were organized during this year. The workshops helped the fellows learn the essential communication skills and exhibit confidence during public speaking activities.



#### EXPOSURE TO SCIENCE

One of our Alumna fellows, Darshana from north Delhi Chapter, pursuing her PhD from Cambridge University, UK, along with her other Ph D fellows provided our Shalinis with the required exposure to science through various scientific experiments in the form of a workshop.

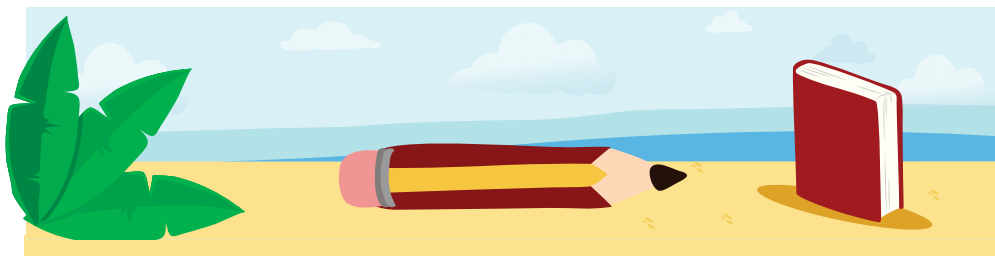
#### MENTOR MENTEE MEET

The active involvement of the core committee members in the mentoring programme proved to be extraordinary and indispensable. The mentors have helped the fellows realize their self-worth and potential.

#### SHINING STAR



**Yukta :** Yukta is the eldest child in her family, having 4 children in all, with meager resources at the disposal of the family. Yukta decided to work hard and become an Udayan Shalini Fellow. She says 'becoming an Udayan Shalini is an Honor. I felt as if my dreams got wings.' Yukta is an extremely bright student, who topped in her class Xth board examinations with an outstanding 95% marks. Finally getting a 'launchpad' through the programme, Yukta now firmly believes that she can fulfil her dream of becoming an astronaut.



# PRAGNYA FELLOWSHIP PROGRAMME

Recognizing and nurturing academic excellence in needy students and facilitating their overall growth



## ABOUT THE PROGRAMME

**Recognizing and nurturing academic excellence in needy students and facilitating their overall growth**

Nelson Mandela said that Education is the most powerful weapon which one can use to change the world. Nothing can be more concrete than this statement. And thus, with much fervor, our Udayan Care team also constantly keeps contributing towards the nation and its youth. One of our many such contributions is the "Pragnya Fellowship Programme". The word Pragnya means 'a dignified scholar'. We firmly believe that students who showcase promising academic outcome deserve the chance to pursue their scholastic ambitions, irrespective of their backgrounds. Keeping this in mind, the Pragnya Fellowship Programme was initiated in the loving memory of late Mr Suresh Neotia, former trustee of Udayan Care; in order to ignite academic aspirations in needy students to pursue higher education.

The programme provides flexible plans of scholarships for post-graduation studies to selected students from Udayan Ghars and Udayan Shalini Fellowship Programme.

The Fellowship was set in motion in the year 2015 to empower needy meritorious students from prestigious institutes by providing them with the necessary financial assistance in terms of loans to pursue their higher studies. However, since 2017, the Fellowship is only being offered to Udayan Ghar and USF fellows, so that they may have the advantage of continuity and monitoring. Pragnya Fellows have compassionate spirits; they are committed to academic excellence whilst continuing to do their bit to benefit the society. Our Fellows graduate from the programme as enterprising and ambitious members of the community.

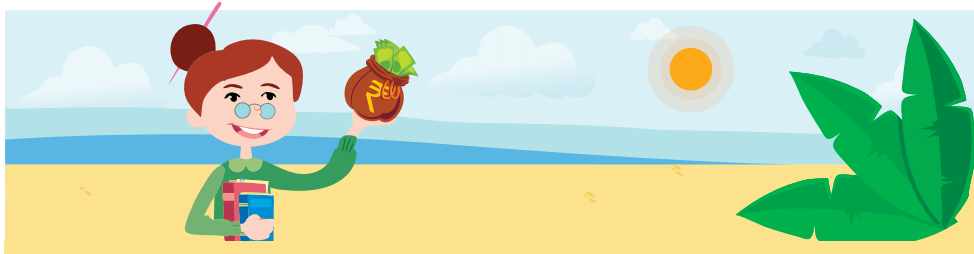
## UNIQUE ASPECTS ABOUT THE PROGRAMME

### 1 Removes Barriers to Education

- Selects students from Udayan Ghars and Udayan Shalini Fellowship who show special gifts and academic promise
- Places equal emphasis on merit and need
- Grants selected Fellows flexible loan scholarships for their PG courses
- Gives low interest loans (only 4%) with EMIs starting 6 months post course completion to allow Fellow time to find suitable employment

### 2 Equips Fellows for Success

- Connects Fellows with industry leaders as Mentor
- Mentors provide Fellows with counselling, career planning, support and help with self-development
- Ensures that Mentors stay with the Fellows until Fellows are professionally settled



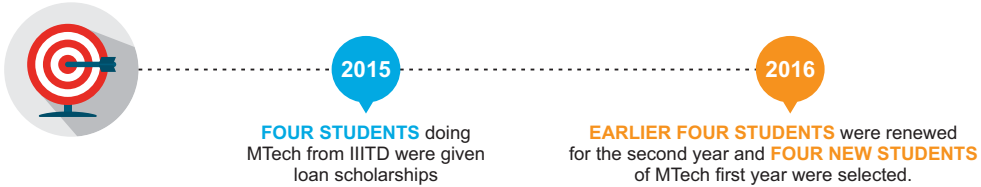
3 **Fosters a Spirit of Giving Back**

- Requires Fellows to mentor juniors in the second year of their fellowship
- Encourages Fellows to volunteer hours toward community work and social causes

This program provides support and guidance along with the monetary support to these students and motivates them to move forward towards excellence



**IMPACT OF PRAGNYA FELLOWSHIP**



**SHINING STARS**



I as a Pragnya Scholar was very lucky to get the scholarship. This has been really a great experience for me in life as it started with me who was trying to make ends meet, and finally the acceptance as a Pragnya Scholar, which took away the burden from my family. My association with Udaya Care is unbreakable and I would always want to be a part of this organization and contribute in whatever way I can.

Muhammad Falak R Wani



Pragnya Fellowship is one of the best things that happened to me else, I would not have been able to join college for my M Tech in IIIT, Delhi. It is a very useful program, especially for people who want to pursue their post-graduation and face difficulty in getting loans from the banks. This programme not only provides financial assistance but also introduces us to a life style which teaches us to give back to the society.

Mranal, Kulshreshtha





## SKILL DEVELOPMENT

- Information Technology Programme
- Skill Development Center



## ISSUES

**2%**

Only 2% of India's workforce is skilled while the working age group constitutes up to 64% of India's population

**42.6%**

economically active youth are still either unemployed or working yet living in poverty.

**80%**

of youth does not possess any marketable skills

- 1 in every third person in India is a youngster below the age of 24 yet most lack any formal exposure to skill development
- There is a grave disconnect between demand and supply of skilled manpower in the country
- Youth from the disadvantaged communities are not able to avail technical, vocational and professional skills because of poverty, lack of awareness, and lack of understanding of job markets.
- As of 2014, 73.3 million youth were unemployed which accounted for 36.7 per cent of the global unemployed!
- Youth in underprivileged communities are most at risk of unemployment and poor employment, lacking employment opportunities and the opportunities to train themselves with the skills to better their employment.



# UDAYAN CARE INFORMATION TECHNOLOGY

Bringing technology and skill development closer to the underserved and improving their livelihood opportunities



## OVERVIEW

Udayan Care's Information Technology programme was set up in 2004 at the Greater Noida Udayan Care Centre. What started as one centre, C.R.E.A.T.E (Centre for Rehabilitation, Education and Thought Enrichment), has now expanded to 8 centres, spread across 3 states (with 2 new centres started this year)! The program's primary objective is to impart IT skills to disadvantaged sections of densely populated clusters of slums, resettlement colonies, and other low income colonies. It particularly targets underprivileged youth (especially women).



### PROGRAM VISION

To broaden the horizons and bring IT closer to the lives of underserved rural and urban communities in Delhi and NCR, and thus empower them for greater job prospects.



### TARGET GROUP AND REACH

Poor urban slum communities, especially women, adolescent, children of Delhi and NCR



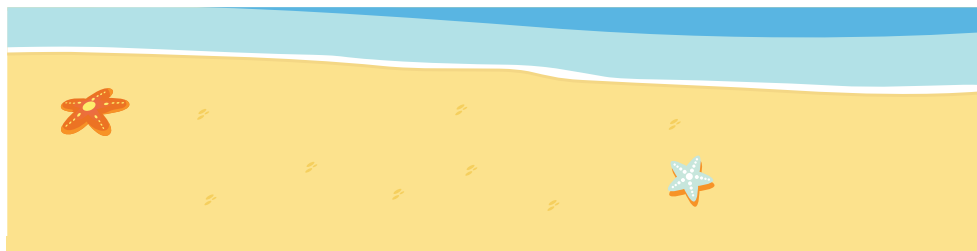
### Unique Aspects

- Selection and enrollment of trainees on subsidized fees
- Training in job specific courses as well as basic computer courses
- Job shadow and internship opportunities for trained students
- Capacity building of trainers and program staff
- Community Mobilization through co-curricular activities
- Documentation and periodic program reviews
- Trainee assessment procedures and certification
- Job placement facilitation
- Partnerships and linkages with other organization

## NEW INITIATIVES IN 2016-17

### IT centre in Bhangel

In the month of August 2016, a new center was set up in Bhangel, Noida. Hilton Engineers Pvt Ltd supported us to spread and make the community aware about the information technology program.



## INTERNET LITERACY PROGRAMME (TIE UP WITH PROGRESSIVE PROGRAMMING)

In the month of June, Udayan Care IT program collaborated with Progressive Programming, a US based organization, working with underprivileged youth on computer education and programming skills. Trainers at the centers were trained by the Progressive Programming team for courses on internet. The course was initiated from the East Vinod Nagar centre with 5 dedicated students engaged with internet literacy course for 3 months.



### IT Students at Inlingua

As part of our constant endeavor to deliver the best preparation for employment, we also focus on soft skills such as English communication at our centres. 80 of our students were given the opportunity to study English at Inlingua at South Ex and Nirman Vihar Centres, Amrit Corp Ltd and Amrit CSR Foundation supported us for the same.

## OUR METHODOLOGY



## WORKSHOPS & TRAININGS

### FINANCIAL LITERACY WORKSHOPS

Financial literacy training is part of the job specific course curriculum which helps students to understand and manage basic accounts. During their sessions, our volunteers shared their expertise with students on topics like "Employment and Earnings", "Savings", "Spending" and "Borrowing".

### "CRAZY CRAFT WORKSHOP"

Udayan Care endeavors to provide creative environment to the IT students. From time to time we have conducted creative and meaningful workshops for students; making them more aware and ardent towards this field.



### CAREER COUNSELING WORKSHOP - TEXT 100

For holistic development of students, external experts from relevant industries are regularly engaged for facilitation. Text 100 is working as a global integrated communications agency, which connected with the IT program and taught 80 students through role play activity, group discussion, and general question answer round, talk about likes and dislikes, etc. These sessions help the students to develop good communication skills.

### UDAYAN CARE MEDIA CENTER

Udayan Care Youth Media Centre started under the Youth Leadership Program with the objective to use youth voices and digital media for social change in communities. This project started with the kind support of American India Foundation in our West Vinod Nagar IT center. Youth Voices programme promote digital media and arts as the core component of youth learning and education and promotes youth leadership. 43 students completed their training under of Youth Voices Programme; they have created 14 meaningful media.



## EXPOSURE VISITS

During the financial year of 2016-17, seven meaningful exposure visits for the IT students were organized.

- Students were given exposure to India International Trade Fair(IITF) to understand Digital India theme;
- Modern Art Gallery to understand use of colours and designing;
- Hauz Khas Village to understand usage of fashion and designing;
- Book fair at Pragati Maidaan
- Also given exposure to visual communication material, taking creative ideas, selection of colors sense, which in turn would help them to make best designs for their portfolios.



## VISITS OF DONORS

### GLOBAL GIVING VISIT

We earnestly appreciate Global Giving's continuous support towards Udayan Care's programmes since 2010. This year, on 27th May, Swati from Global Giving (Delegate) visited our Badarpur IT centre and interacted with our students to understand their successes and achievements.



### AMERICAN INDIA FOUNDATION VISIT

Udayan Care Youth Leadership Centre is a collaborated effort of Udayan Care and Amreican India Foundation. Mr Hanumant Rawat visited the centre with his MAST team (Market Aligned Skills Training – AIF livelihood programme) and interacted with students and assessed their creative designing work. "It was a great experience and the youth are really motivated and inspired. Extraordinary staff! Best of luck!", said Anshul Jain. "Excellent efforts to unleash the potential of youth!" was the observation of Mr. Rawat.

### BRIGHTWAA Y VISIT

Mr Nitin Kumar, who runs a renowned advertisement and event management company called Brightwaay (South ex, Delhi), visited Udayan Care Youth Leadership Centre, where 25 students attend the training programme in Graphic and Print Design. During the visit, Mr Nitin and his recruitment team member assessed the graphic work of all students, they have checked each students online portfolio which they have uploaded on [www.behance.net](http://www.behance.net). After reviewing their work Mr Nitin decided to start separate designing team with our young dedicated students, he selected 7 candidates from Udayan Care Youth Leadership Centre and took the responsibility to train them under his supervision.

### HOH (HOME OF HOPE VISIT)

4 active representative from Home of Hope (HOH) India, visited Udayan Care Information Technology Centre (East Vinod Nagar) to understand the process of running job specific courses in IT Centers. During the visit, delegates interacted with students for feedback on how this course proves to be fruitful for them.



### ASOS VOLUNTEERS VISIT

12 ASOS volunteers visited Udayan Care Information Technology Centre to spend time with our creative students. ASOS is the UK's largest independent online fashion and beauty product retailer. Volunteers explored our students' creative work portfolio which has been uploaded on [behance.net](http://behance.net). They really appreciated our students' work and their efforts.



## GIVING BACK TO THE SOCIETY

### 1 TREE PLANTATION ACTIVITY

Teach for India (CSR initiative by Times of India) team invited Udayan Care IT Centre students to be a participant in tree plantation campaign. More than 35000 people from different NGOs participated in this event, including 60 students from our Badarpur IT Centre.

### 2 "SAVE YAMUNA"

IT students took steps together to celebrate DaanUtsav 2016. Udayan Care graphic designing students using their creative skills made attractive posters and illustration. Mr Ajay Arora (Sub Division Magistrate-MayurVihar), Mr Haji Sharif Ahmad (Chief Warden, District-East Delhi) joined this social campaign and motivated our students in making this social campaign successful. Volunteers of civil defense supported our students for conducting this social campaign at Nizamuddin Yamuna Bridge and ITO Yamuna Bridge.

### 3 SOCIAL AWARENESS CAMPAIGN

Our Sahibabad center students spread awareness on prevention of dengue. 45 students visited door to door in nearby community along with project staff, they held banners and handmade posters, and distributed visual communication material, and interacted with people during the campaign.

### 4 JOY OF GIVING

Our students gifted warm clothes to needy people who are residing in Yamuna Khadar area (Bank of Yamuna-Delhi). They contributed a token amount to buy warm clothes and gift items.

## EXPERTS' SESSIONS

### SKETCHING SKILLS

Charu Mishra (Student-Architect) from Sharda University, Greater Noida, and Monika Verma (Student-Marwah studio) Noida, supported IT center students, through structured sessions on basic steps of sketching. After giving the tips through a presentation, the experts conducted one small logo making competition.

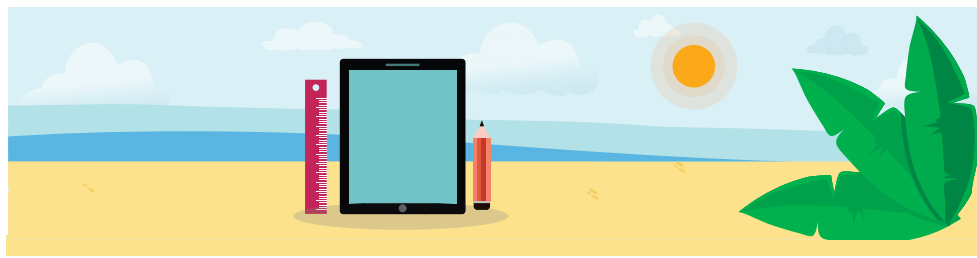
### CREATIVE WORK REVIEW SESSION BY EXPERT -SANJEEV KUMAR

Udayan Care Graphic Designing students prepared many projects using tools like Photoshop, Illustrator, Light room and InDesign. Udayan Care appointed Mr. Sanjeev Kumar with over a decades experience in the field of graphic designing, for facilitating the sessions.



### LIFE SKILLS OLYMPIAD

In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life. To cope with the increasing pace and change of modern life, students need new life skills such as the ability to deal with stress and frustration.



### EXPERTS SESSION TO CREATE MEANINGFUL MEDIA

Our Youth Voices students are ready to create meaningful media with using of professional techniques and expert advice to make best media. Udayan Care conducted three days expert session with help of industry experts. Mr Dharmahender Kumar (Media equipment expert- Institute of Social Studies Trust) during his sessions shared his expertise with students, he explained history of photography, types of camera, types of photography, manual setting in DSLR, types of lens, types of lights hands on activity of DSLR camera.



Another session was conducted by Ms Gulnaz Hussain (Media expert-American India Foundation) which is based on storytelling. During her session, she discussed the stories which were prepared by students for completing their documentary on same topic, she helped to the students in listing the steps which helps them to shoot a documentary.

### POWERPOINT TO INDESIGN WORKSHOP

Mr Rahul Gupta and Mr Ravi Raman (Entrepreneurs) took this session for polishing our students' PowerPoint skills.

### ALUMNI - EXPERT SESSION

Udayan Care strongly believes to maintain a bonding with its alumni and likes to invite them in order to engage them with the existing students for their motivation. On 18th Feb 2017 a special 3 hour workshop was conducted in Youth Leadership Center by Deepak Nailwal an alumni of Youth Leadership Centre

## CELEBRATIONS

### WORLD YOGA DAY

Students and staff of our Sahibabad center very indulgently celebrated the "International Yoga day" on 21st June. 60 students participated in this activity and all benefited from the effectiveness of yoga.

### WORLD ENVIRONMENT DAY

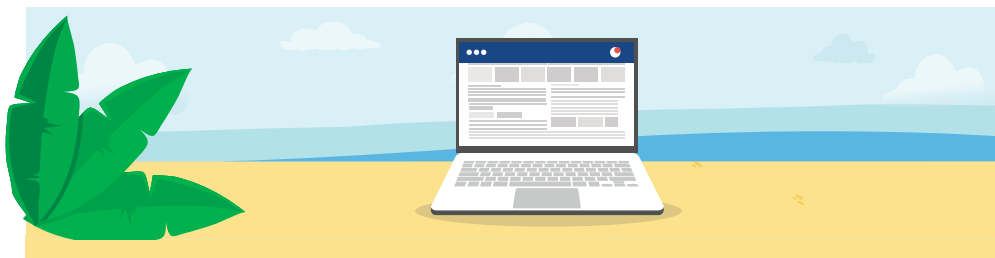
World Environment Day is conducted every year on 5th June to raise environmental awareness and take positive action towards protecting nature and the planet Earth.

The staff of our Sahibabad centre decided to organize a "Tree Plantation drive".



### INDEPENDENCE DAY

Our IT centre students planned to celebrate Independence day in the centre. All the students decorated the centre beautifully; the flag was hoisted and a cultural programme was organized.



## ANNUAL DAY CELEBRATION

On 5th May 2016, United Decorative – Udayan Care IT center completed its successful one year, Sahibabad Centre staff and students celebrated the annual function with the theme as "Celebration of Success".

## SHINING STARS



### Sachin – Student (Graphic and Print Design)

Life was never easy for Sachin; at a very young age, just after completing his intermediate, Sachin started working night shifts in a toll tax office. He completed his graduation from distance learning and at nights worked in order to sustain his family's needs. Sachin worked hard to complete the course of Graphic and Print Design from Udayan Care Youth Leadership Centre (East Vinod Nagar, Delhi) where he comes directly from his night shift job. Sachin uploaded his graphic work on Behance.net, a platform on which the graphic designers upload their projects. His work has been highly appreciated on Behance.net and the number of followers are increasing constantly on the same. After completing five months of training in the centre, Sachin is ready to grow professionally. Udayan Care placement cell connected him with a company – IBA Crafts Pvt Ltd (East of Kailash, Delhi) where he is selected as a graphic designer.



### Pooja Sharma– Student (Advance Diploma in Computer Application)

Pooja Sharma is an enthusiastic, quick learner who is very passionate and has keen interest towards the field of IT. She stays with her parents and two siblings, her father works in a small firm, it is a private job and earnings are meager and her mother is a homemaker. Pooja is the youngest in her family and now she is ready to add wings to her bright career in the field of accounting. She has completed 1 year of Advance Diploma in Computer Application (ADCA) course from United Decoratives- Udayan Care IT Centre. She wanted to flourish her career in the field of accounting and after completing the course; Pooja got the opportunity to join a reputed firm AGC chemicals Pvt. Ltd (Sahibabad) as an accountant.



### Akash Kashyap – student (CTSP)










Akash Kashyap, also from a retrograded background has dreams bigger than the sky. To break the barrier of his background Akash joined United Decoratives - Udayan Care Computer Learning Centre with a motto to enhance his skills. After completing Community technical skills program (CTSP) course from our centre, he got an opportunity to give interviews in well reformed companies through Udayan Care placement cell. He was then hired by "Kutumbh Care" as a Data entry Operator with good entry level salary. He positively believes that he got the best platform to groom himself. Simultaneously, he has started preparing himself to become a software developer. Keep it up Akash, sky is the limit!

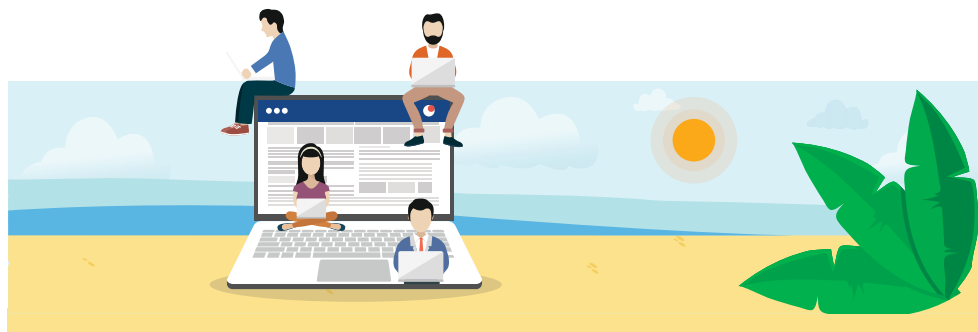




## ITVT TRAINEES DETAILS 2016-17



 <b>TRAINING CENTER</b>	 <b>ENROLLMENTS</b>	 <b>CERTIFIED</b>	 <b>DROPOUT</b>	 <b>PLACED</b>	 <b>FREESHIP</b>	 <b>SUBSIDISED</b>	 <b>MALE</b>	 <b>FEMALE</b>
Badarpur	247	80	45	29	5	35	89	158
Bhangel	132	2	39	0	3	125	88	44
G.Noida	82	17	15	0	8	55	82	0
Narsinghpur	157	65	56	13	0	5	100	57
Sidhrawali	179	131	16	8	13	16	97	82
Sahibabad	113	60	19	5	0	21	72	41
East Vinod Nagar	127	56	42	14	2	8	59	68
West Vinod Nagar	97	28	2	33	7	6	67	30
<b>Total</b>	<b>1134</b>	<b>439</b>	<b>234</b>	<b>102</b>	<b>38</b>	<b>271</b>	<b>654</b>	<b>480</b>
<b>Achievement %</b>	<b>194</b>	<b>39</b>	<b>21</b>	<b>23</b>	<b>3</b>	<b>24</b>	<b>58</b>	<b>42</b>





# SKILL DEVELOPMENT CENTER

Skilling women from underprivileged background and leading them towards financial independence

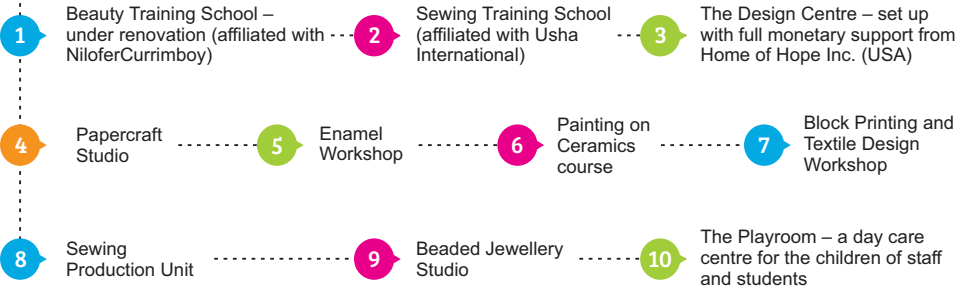


## ABOUT THE PROGRAMME

The Skill Center was set up in the same compound as our Jagshanti Udayan Ghar in Greater Noida, to teach creative skills to our young Udayan Care women who will not achieve the required grades for a college education as well as to those women living in the community, who would find it hard to learn a skill in a formal institute. We offer courses that are not taught in other vocational training centers thus giving our students an edge over others and enabling them to find an exciting career and fulfilling Udayan Care's mission.



Since its inception in 2003, with just one Stitching course, we now have:-



999

Till now we have empowered over 999 women

135

Today over 135 students have been enrolled in various courses that match their talents



## OBJECTIVES AND OUTCOMES

### Ascending to financial independence

Ascending to financial independence whilst we wish the Center to become economically sustainable, we consider the measure of success to be the number of women who have been able to move from a 'hand to mouth' existence to one of self-reliance thus enabling them to provide for their families. We also provide adult literacy courses for those women who never had any formal schooling.

### WOMEN WITH SHINING PERSONALITIES

Our team prides itself on teaching etiquette in the workplace and personal grooming. We show them how to look after their health by conducting five minute exercise breaks every hour to prevent body aches and pains from sitting for long stretches. We encourage inter-departmental events and training sessions where all the students learn organizational skills and learn to bond with each other.

### PROVIDING A MARKETING PLATFORM

We believe that a self-supporting model is the most effective and are thus committed to creating exclusive products to create employment for women from underprivileged communities as well as generating funds for Udayan Care and advancing the center towards self-sustenance. These products are sold under the label of 'Sukriti'. We also ensure that these women learn the ethical practices of fair trade.

## WHAT SETS US APART

### A VARIETY OF COURSES

Students can choose from a wide range of courses such as Tailoring, Beauty Therapy, Paper Craft, Enamel Work, Beaded Jewelry, China Painting, Block Printing, Digital Pattern Making, Graphic and Textile Design with plans to include Pottery, Photography and Cookery in the near future. Due to the variety of courses, we are able to produce a wide range of products for sale such as table and bed linen, decorated bone china, children's and ladies garments, earrings, necklaces and bracelets from enamel and bead work, silver and semi-precious stones. Our unique packaging is developed in our Paper Craft Studio. Apart from setting up their own small businesses, our students can find employment opportunities in Export Houses, Advertising Agencies, Beauty Salons and Art Departments of Schools.

### PLAYROOM FOR WORKING MOTHERS' CHILDREN

Established in May 2015, the Day Care Center offers a secure and fun environment for the children of our women trainees and staff.

### FREQUENT WORKSHOPS AND ACTIVITIES FOR ALL STUDENTS AND STAFF

- **Pottery Workshop:** We endeavor to provide activities for all our staff and students. A visiting expert, Priya Sundaravalli, taught our women moulded pottery.
- **The Art Reach Exhibition at the Kiran Nader Museum, South Delhi:** The production ladies of our Skill Center had framed 18 scroll paintings made by our Udayan Care children in workshops conducted by ART REACH under the guidance of Vandana Kothari. The effort of mounting the paintings took a lot of time as it involved selecting fabric to match the paintings, painstakingly sewing them, scouting for round wooden rods to hold the scrolls etc. The paintings along with other artwork created by our children were displayed at the Kiran Nader Museum in the Metropolitan shopping mall in Saket, South Delhi in May 2017.



On 1st June we organised a trip for our Sewing ladies and their trainer, Kusum, to visit the Museum and see for themselves where their work was being displayed. They were so enthusiastic and excited about the outing that they turned up to the center on the dot. Afterwards, they were asked whether they enjoyed the trip and this is what they had to say :-

***"We feel very proud to see our handiwork reaching places we never dreamt of."***



- **India's 70th Independence Day celebrations:** Our staff and students are encouraged to organize events themselves. India's 71st Independence Day was celebrated with beautiful dances and many students gave solo performances in song and dance. Guests were also treated to snacks. Ethical practices and Staff Well-being We train our staff in entrepreneurship and fair trade practices. We also ensure their well-being by providing five-minute sessions of arm and neck exercises every hour.

### ETHICAL PRACTICES AND STAFF WELL-BEING

We train our staff in entrepreneurship and fair trade practices. We also ensure their well-being by providing five-minute sessions of arm and neck exercises every hour.

### TRANSPORT FACILITY

Transport Facility to ferry women coming from neighboring villages to the center is provided.

## EXPANSION OF SKILL CENTRES



## SHINING STARS



**Pooja Devi**

Pooja joined our sewing center in 2016, pursuing the 6 month stitching course affiliated to Usha International whilst still in school, studying for her Class 10 Board exams. Due to financial constraints, she was not able to continue in school so joined the Skill Center Production Unit in April, 2017 as an apprentice. She is a very sincere worker and always comes to work on time. Her small salary, together with that of her father, who is a gardener, supports a family of seven. She is the eldest of 5 girls, the youngest being just 2 ½ years old.

Now that she is bringing a regular income home, her father has allowed her to pursue her 12th standard from Open University in the Science stream. Her dream is to study further and make a brighter future for herself and her family.



**Sangeeta**

Sangeeta was married off at an early age to a man who is mentally unstable and her family only found out when it was too late. She could only study to the ninth standard but was able to attend Udayan Care's Beauty Training course, after which she now earns a meagre amount by taking clients in her home. Her husband is constantly on medication and she has to regularly travel long distances with him to get his medicines. Since her husband is not in a position to work, she is the sole bread winner and is currently dependent on help from her own family. Despite this situation, she ensures that her three children (all under 10 years) attend school. She has now been appointed as a part-time assistant trainer in the Beauty School.



**Madhubala**

Madhubala has been working in our Sewing Production Unit since 2016 and is a valued member of our team. The quality of her work has improved to such an extent that we were declared the winners of the Australian INJALAK competition to design and create a garment made from the beautiful silk fabric which is hand printed in original Aboriginal designs. The zero-waste pattern was designed by the young Australian designer, MandishKalsi, shown modelling the garment.



## SUKRITI

Udayan Care products that are produced at Skill Development Center, are being sold under the brand name Sukriti.

A selection of garments, jewellery & products made at our Sewing Production Unit, Jewellery Unit and Enamel Workshop modelled by young women of Udayan Care.



# ADVOCACY



## ABOUT OUR ADVOCACY EFFORTS

Our advocacy work is focused on the rights of children without parental care (CWPC), which constitutes about 31 million children in India. (UNICEF 2009). We work to ensure that all CWPC are safe and protected and their rights to equality, survival, quality education, nutrition, health, opportunities and livelihood are upheld and secured.

Udayan Care is not only a service provider for children without parental care but also an active advocate and voice for such children, working with Government and civil society to promote policy and practice care reforms in the area of Alternative Care. Our core advocacy efforts constitute of the following :

- Influencing policy and practice through regular persuasive and consistent methods such as seminars and consultations on different niche aspects of Alternative Care,
- Research and Publications on related issues,
- Training and Capacity Building of stakeholders for improving standards of care in Alternative Care practices,
- Networking and membership in appropriate and relevant child rights bodies and processes.

# ADVOCACY

Advocating child rights with citizens, civil society organisations and policy makers and building capacities at all levels



## OVERVIEW OF 2016-17

This year, our advocacy efforts took a momentum leap towards a focused strategic approach in addressing issues of Alternative Care for children, not only in India but also in South Asia. The year 2016-17 was full of action to not only serve as quality service providers on various issues around child and youth care but also as an active advocate, working closely with Government and other Non- Governmental agencies, networks and alliances to raise niche issues in Alternative Care in India. We have strengthened our advocacy efforts to bring an increased focus on issues such as trauma-informed care, something of its first kind to have ever been held in India. The continued publication of our international journal on Alternative Care, 'Institutionalised Children- Explorations and Beyond' (ICEB), focusing on South Asia, entered into its third successful year, establishing itself as a much sought after and read publication amongst stakeholders.

## CONSULTATIONS / SEMINARS, ORGANIZED BY UDAYAN CARE IN 2016-17

The following workshops were held in 2016-17 :

- **December 2016** : 2 days 'Consultation on Alternative Care in India' was organised in Delhi, supported by UNICEF on December 8 & 9, 2016. The report can be accessed at [http://www.udayancare.org/Workshop-Report\\_17-02-2017.pdf](http://www.udayancare.org/Workshop-Report_17-02-2017.pdf).
- **March 2017** : A one day Consultation was organised on 'Trauma Informed Care for Children Living in Alternative Care' in Delhi, was held in New Delhi on March 17, 2017 with support from our donor, Ms. Gerlinde Büchinger. The report can be accessed at <http://www.udayancare.org/Trauma%20Informed%20Care%20final%20report.pdf>



**Participation at significant advocacy forums :**

- Presentation on the Udayan Care childcare model at the University National Symposium on "Family Strengthening: Deconstructing Alternative Practices in the Current Legislative Framework" on the 22nd February 2017 convened by the Centre for Early Childhood Development & Research at Jamia Millia Islamia
- Presentation on Mental health of the children at a conference organized by STOP at Delhi on 14th June, 2016
- Managing Trustee, Dr Kiran Modi attended the Kenya Open 2016 Leadership Program 2016 held at Nairobi between 11 to 15 September 2016





- A key note address was delivered by Managing Trustee, Dr Kiran Modi titled "Ensuring Rights: Providing Protection" was delivered at the High Level Annual General Meeting of Board members of Home for Hopes, Seattle USA on 29th September 2016
- Poster presentation on 'Transition from Children's Home to Independence' by the Managing Trustee, Dr. Kiran Modi at 'Building on the Momentum', an International Conference on Alternative Care, held in Geneva on October 3-5, 2016.
- Presentation on 'Child protection and issues of Alternative Care' at Ashoka University in October 2016.
- Presentation made at a panel discussion on 'Youth Career and Rehabilitation Planning' held by District Child Protection Office- South and South East, Delhi, in collaboration with Centre for Equity Studies and Rainbow Foundation India on March 30-31, 2017 at New Delhi.

## RESEARCH AND PUBLICATIONS

A Series on Alternative Care' containing informative booklets on Adoption, Foster Care, Aftercare and Standards of Care in Child Care Institutions was completed, published and disseminated, with the support of UNICEF, India.

### *The following papers were published in the year*

- Paper published: "Addressing Challenges of Transition from Children's Home to Independence: Udayan Care's Udayan Ghars (Sunshine Children's Homes) & Aftercare Programme", SCOTTISH JOURNAL OF RESIDENTIAL CHILD CARE, Vol.15, No.1, , ISSN 1478- 1840 87, April 2016
- A Chapter titled "Institutional child & Youth care in Delhi: Dynamics, challenges and Future Prospects" was published in "Residential Child and Youth Care in a Developing World: Global Perspectives", published by CYC Net Online.
- Research paper on Udayan Care's Aftercare program in CYC Net Dec issue: "Udayan Care's (Sunshine Homes) after care program: successful transitions from children's home to independence", CYC-Online, Issue 214, pp. 17-49, December 2016.



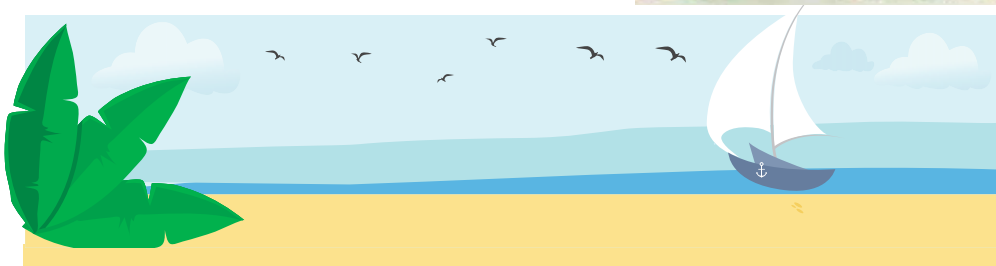
### **Publication and growth of 'Institutionalised Children: Explorations and Beyond', (ICEB), our academic journal**

- Both the issues were brought out in the timely manner in September 2016 and March 2017 respectively. We owe our special gratitude to the Editor Dr Monisha Nayar C Akhtar and to all the members of the editorial team and contributors. Further, the journal achieved the following milestones:
- Indexing of our academic bi-annual journal, 'Institutionalised Children: Explorations and Beyond', (ICEB), in the Directory of Research Journals, Index Copernicus and Google Scholar



## TRAINING AND CAPACITY BUILDING OF STAKEHOLDERS

A total of six training programmes (3 days each) were organized on Standards of Care and Sensitization of House Father/House Mother, Cook, Security personnel and Care Staff at various child care centres operated by the Department of Women & Child Development, Delhi. Besides, a 3 day training workshop was held from 22nd to 24th August 2016 at Gwalior by the WCD GWALIOR in collaboration with UNICEF for officials working with children at CCI. A one-day training on Standards of Care as per J & K Juvenile Justice Act at Ramban in Jammu and Kashmir was held on 22nd December, 2016.





Like previous years, we continued our efforts of networking and positioning issues on child and youth care with Govt bodies by participating in networks and coalitions such as India Alliance for Child Rights and the National Action Coordination Group of Delhi. Dr Kiran Modi also joined the Board of CYC-Net: an international organisation working on child and youth care issues. We were part of the NCPCCR Core group to develop a training manual for caregivers on issues of mental health of children.

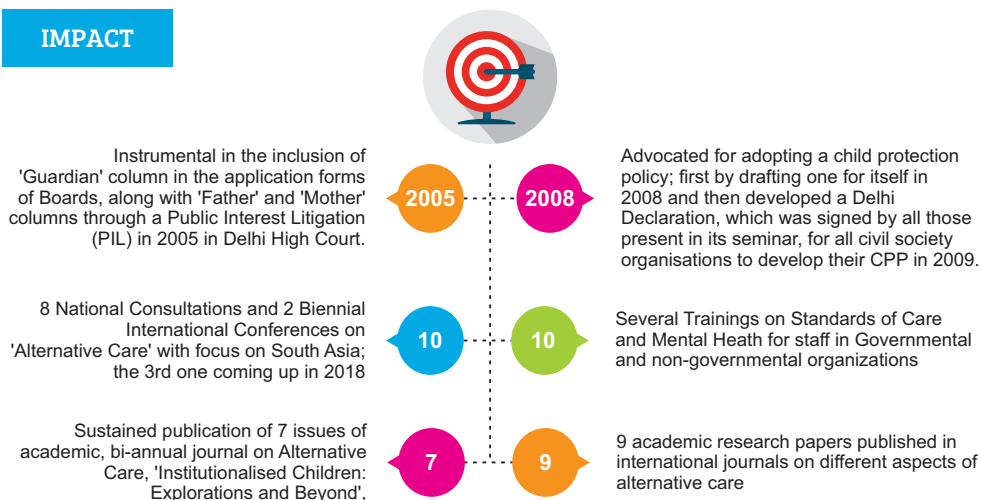
## WHAT MAKES US DIFFERENT?

- We strategically choose the most niche issues in child and youth care to be deliberated upon. For example, in 2016, for the first time ever, we convened a stakeholders brainstorming meeting to develop a common understanding of trauma informed care approach while caring for children without parental care
- We continuously strive to research and gather evidence to gain insights into our own work on child and youth care and evolve methods to improving and upgrading our standards of care. For example, the QANCC effort was initiated to include children's voices into our care plans and after 6 years of longitudinal data, we have gained deep insights into subjective wellbeing of children in our group homes.
- We take pride in the fact that our uniqueness was recognized by the UN Committee on Child Rights Convention, (CRC) in 2012, in the following words: 'A few attempts have been made by NGOs such as Udayan Care (a Delhi-based NGO) to promote group foster-care model, providing long-term residential care for orphaned and abandoned children above six years of age'. (at page 90)

## CONCLUSION

Advocacy remains a part of the mission and organisational agenda. While most of our advocacy efforts are time intensive and process driven, these initiatives always have a direct and indirect impact on policy, legislations and practices on child and youth care in India as well as South Asia. They go a long way in enhancing the capacities of all players through a continued learning and cross sharing process, thereby making actors better equipped to take care and protect vulnerable children and youth.

### IMPACT



## VOLUNTEER MANAGEMENT

If you want to lift yourself up,  
lift up someone else  
- Booker T. Washington



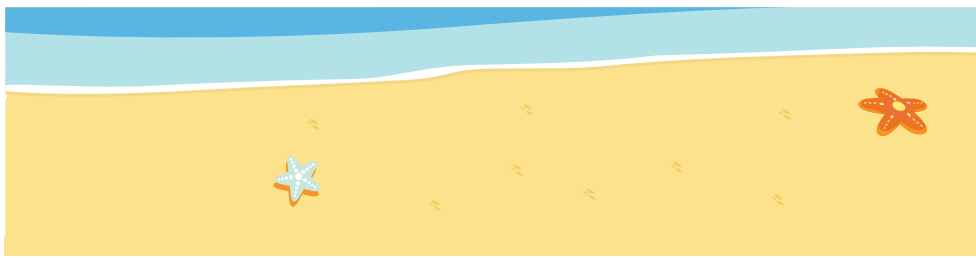
### ABOUT THE PROGRAMME

Udayan Care is a volunteer driven organisation. Since inception we have relied greatly on the strength of committed volunteers — ordinary individuals with extraordinary sensitivity. We started as a volunteer-run organization, and significant contributions from the volunteers helped us in advancing projects that are critical to the success of the organization. Our volunteering and internship programme creates innovative platforms for people from diverse walks of life and nationalities to come together to help transform lives. This year, over 874 (Volunteers + Mentor Parents + USF Conveynors + USF Core Committee Members + Mentor Didis) volunteers participated from 37 different countries across the Globe. Our approach is based on the belief that each person can contribute something in their own unique way. A comprehensive volunteer and internship programme has been developed which ensures that each person's skills and preferences are matched perfectly with our needs and thus the time spent with Udayan Care

### OUR REACH



With our volunteer internship programme growing and many new volunteers joining us, we worked to identify more innovative and interesting opportunities for volunteer involvement. Board Members and Trustees, Mentor Parents, USF Conveners, USF Core Committee and Mentors, USF Mentor Didi's, Employees from Corporates, Students from all over the world, are all dedicated volunteers. We also get support from the medical community and academic fraternity, where doctors and principals join hands with us towards nurturing our children to a better future.



## ENTHUSIASTIC PARTICIPATIONS

### GOING DIGITAL

Ms Nadia, a volunteer through the Canadian High Commission supported us in connecting with Datawind which donated 35 tablets for the children at our 13 homes. These tabs will help our children get more technology friendly.

### ASSOCIATION WITH TEXT100

TEXT100, is a global marketing communications agency. They volunteered with us on a weekly basis at Udayan Ghars, USF Program and IT Centers. A team of 20-30 young professionals visited our Sant Nagar, Noida (Girls), Gurgaon Homes, Aurobindo Ashram, Model Town base and Badarpur IT center and conducted various workshops on topics like : Communication skills, Excel, Painting, Dancing, etc that the kids really enjoy. We look forward to a continued association with them.

### MERCER'S VISIT TO GREATER NOIDA

Mercer conducted a 5 day workshop at our Greater Noida home for girls. The 5 days were divided into different sessions each day like:

- Yoga
- Personality development,
- Career Counselling
- Games- Antakshari, dumb-charades, etc.

On the final day Mercer organized a trip to Akshardham Temple where the kids were informed about the history of the Akshardham Temple. The kids thoroughly enjoyed the trip and were mesmerized by the carvings and the interior of the temple.

### ASOS AT GREATER NOIDA

ASOS, UK, one of our corporate supporters, had their employees stay at the Greater NOIDA Udayan Ghar, engaging with the kids in fun activities, renovating their rooms and together indulging in many do-it-yourself exercises. They visited other homes too like the Noida Girls home, which was constructed last year with their support, Mayur Vihar Homes as well as our Kurukshetra home. On their return to UK, the company's employees raised funds for our Kurukshetra Home..

## VOLUNTEER VOICES



### Shikhar Mahalwala, Intern from IIFT

"It was an amazing learning experience. The work assigned suits your interest. Since this is a volunteer driven organisation, my work had immense value to the organisation."

### Yashika Goyal

"I was an intern with Udayan Care for 3 weeks and it was the best experience. It helped me explore as an individual and inspired me to become an agent of change. The common mindset of community work is challenged by Udayan care as it also incorporates office work along with community work which is great learning experience. I can't thank Udayan care enough for all the experiences and teachings it help me gain through my internship."





#### **Linn Liljedahl (International Volunteer at HO and stayed at Gurgaon Home)**

I did my internship as part of the master program in political science at Linnaeus University. During my 15 weeks of internship at Udayan Care I lived at the Gurgaon Home with the amazing children and coordinators. Beside my internship and the work with the projects I spent time volunteering with the children. Udayan Care really let me use all my academic skills and listened to my needs as a student. I did not only get to grow academically but also as a person. I now have knowledge about my professional skills and also an insight to the great work Udayan Care does on the field. Udayan Care is very dedicated to their interns and provide all necessary support.



#### **Anders Johansson from Sweden**

"I did my Internship for my bachelor's degree in "Peace and Development" with Udayan Care. I spent 15 weeks staying at the boy's home in Gurgaon while working on different projects for the organisation and volunteering outside office hours with the kids here. I had a great time. I appreciate the hard and important work done by Udayan Care. A big plus is that they do not charge International volunteers/interns any fees as many other organisations do. The organisation is most professional and with insight in the economy I can with confidence say that every cent goes in to the work and to benefit of the beneficiaries of Udayan Care. Had all support I needed for my work and great contact with the volunteer department."

## **A SPECIAL VOTE OF THANKS**

Nadia Stuewer, and Aruna Vaidyanathan were extremely helpful in supporting Udayan Care in different aspects.



Aruna was a volunteer from TATA who dedicated her whole year in supporting Udayan Care in formulating Brand Guidelines. Coming from a similar background she helped us in every aspect starting from identifying the agency to following up with them on every minor thing to conducting regular meetings with them and finally finalizing the brand guidelines. This would not have been possible without her support.



Nadia, who got to know about Udayan Care through the Canadian High Commission, initially got involved with our Mehrauli home but later on she assisted us in conducting a research on Care Giver's Network and supported our Skill Development Center by means of putting up stalls at various Embassies.





## AROUND THE GLOBE

### UDAYAN CARE AUSTRALIA

#### OVERVIEW

Udayan Care Australia was set up in the year 2008 by our volunteer Julie Lantry, with the aim of raising funds for the disadvantaged children in India. The current committee members are Isabel Sahni, Julie Lantry, Saman Kazmi, Surabhi Chaturvedi and Dr. Kiran Modi.

#### IN MEMORIAM

A 'Robyn Beeche Award' was instituted with the funds generated from Robyn's funeral donations. Robyn Beeche's immense creative energy and generosity lives on as her legacy to reward creativity among children of Udayan Care. Every year, some competitions are organized and awards are distributed to Udayan Care children.

#### FUNDRAISING EVENTS

Board Member Saman Kazmi hosted an Eid fundraiser at her house in Sydney, NSW. Guests were asked to buy products made by Skill development centre instead of getting presents for the hosts. With more than 60 people in attendance, the event was a success and even though the amount raised was not significant, however, a lot of people have shown interest in buying Christmas presents from us this year and UCA is gaining more visibility in the Sydney community. Grateful to consistent funders like S & J Carter

### UDAYAN CARE USA

#### OVERVIEW

Udayan Care USA was incorporated in 2009 by Udayan Care's international volunteers and donors, Jesse George-Nichol, Ricky Surie, and Seth Call, who wanted to propagate its message to the US citizens, with the objective of creating awareness about Udayan Care's work in USA, and thus raise resources.

The initial membership changed and the current Trustees are Aneesha Wadhwa, Anita Akerkar, Divya Singh, Jesse George-Nichol, Dr. Kiran Modi, Monika Saksena and Shraddha Gupta, all placed across USA and India.

#### FUNDRAISING EVENTS

The USA Board had been very active in this reporting period and organised many fundraising drives by organising events:

- Board Member, Monika Saksena, hosted a Run for Care 2015, a 5k run in the Seattle area.
- Board Member and President, Anita Akerkar, hosted the 2nd Sip and Savor fundraiser at the Woodhouse Wine Estates outside of Seattle. Children of the members, Sejal, Ryma, Anika and Avani, helped collect donation cards and greet guests at the event. With close to 100 people in attendance, Udayan Care USA is beginning to have a strong presence in the Seattle community.



- Commander Srikanth Mukku, retired Indian Navy now a gourmet chef, donated his time and talent, along with his wife Shoba Sriaiyer, to prepare a 6-course Indian dinner to the top donors in the Seattle area. Each course represented the cuisine of each state in India that Udayan Care operates. It was a wonderful way to thank those who appreciate and value the work of Udayan Care.
- Corporates, such as Owens Corning, Nayamode, Microsoft, T-Mobile, K&L Gates, Apple, AMEX, Expedia, and Travelers Insurance collectively made significant contributions this year.
- While we are grateful to each and every donor, some individuals consistently provide support every year such as Rajiv and Latika Jain Foundation, Hemant and Suniti Thapar, Anita and Sanket Akerkar, Sushant and Gunjan Banerjee, Mary Eck, Kari Wolf, Steve and Daschelle Pand, Deepa Mungasavalli and Naveen Yajaman, Prashanth and Shoba Shekar, Chris and Ellen Kinney.

## **UDAYAN CARE GERMANY**

### **OVERVIEW**

Udayan Care Germany was founded in 2014 and is currently funding 50 shalini in the greater Noida chapter. The current executive board members are Thomas v. Hake, Nina Aldag and Niels Hiddemann, with Juergen Osterhage, a well known German journalist, as its Chairman.

2016 was another successful year where the financial commitment to support 50 shalini in greater Noida could again be met. The success is very much driven by its dedicated members and supporters that organized fund raising events, gave presentations and met numerous times to build and grow the organization.

### **FUNDRAISING EVENTS**

- A charity dinner in February 2017, saw more than 40 guests spend a wonderful evening. Special guest was Mohd. Faheem Khan, Asst Director, Udayan Shalini Fellowship Programme, from India, who gave a first hand insight into the amazing success of the Shalini program to the guests present. The event was a great success, both financially and with regard to spreading the word. Special thanks to Nina Aldag, Marie-Louise Seelig und Julia v. Hake.
- Ralph Eric Kunz (Thomas Hake's business co-founder) celebrated his birthday in November 2016 and asked his friends to donate to Udayan Care instead of presents. More than 3500€ were donated. These donations helped significantly to achieve UC Germany's fundraising goals.
- In March Julia v. Hake gave a presentation about Udayan Care at the local chapter of an international women-focused charity organisation in Verden/ Aller (Zonta International) that supports women related projects all over the world.
- A very warm thank you goes also to Gerlinde Buchinger-Schmid, who continuously supports Udayan Care Germany with donations and every other possible support; to Benny Grosch, and to the local chapter of Verden/ Aller of the Red Cross Germany (Barbara v. Hake).





## GRATITUDE REPORT

### VALIDATIONS & MEMBERSHIPS

Charities Aid Foundation (CAF) India, UK, USA  
 Community of Evaluators (COE)  
 Credibility Alliance  
 Give India  
 Global Giving, USA, UK  
 GreatNonprofits.org  
 GuideStar India  
 DASRA  
 Implementing Agencies Hub, IICA  
 ICONGO  
 ISO 9001: 2008  
 National CSR Hub, Tata Institute of Social Sciences  
 The International Child & Youth Care Network (CYC-Net)

### RELATIONSHIPS WITH VOLUNTEERING ORGANISATIONS

AIESEC (DU & IIT)  
 iVolunteer  
 Joining Hands  
 Law Octopus  
 Omprakash  
 Travelearn  
 Via e.v Germany  
 Volunteer Match  
 Youthreach

### VOLUNTEERING RELATIONSHIPS WITH LAW FIRMS

A4ID (Association for International Development)  
 Remfrey & Sagar  
 Trilegal  
 Trust Law (Thomson Reuters Foundation)

## VOLUNTEERING AND INTERNSHIP PARTNERSHIPS WITH SCHOOLS AND COLLEGES

Like previous years, this year too several schools and universities joined hands with Udayan Care to sensitise their students towards social issues. This mutually benefitting journey has been extremely enriching with students from schools like:

American School, Bluebells School International, DPS Vasant Kunj, Modern Barakhamba, Modern School VV, Mother's International school, Pathways School, Sanskriti, Tagore International School, The British School, Vasant Valley.

We also hosted students for Internships from several colleges, who were given exposure to working in non profits, from several Indian and International colleges like:

Indian Colleges & Universities: Aligarh Muslim University Aligarh, Allahabad University Allahabad, Ambedkar University Delhi, Amity University Noida, Amity Business School Gwalior, Amity Lucknow, Ashoka University Sonapat, Banasthali Rajasthan, Bhartiya Vidya Bhawan Delhi, Birla Institute of Technology Noida, Christ University Bangalore, College of Engineering and Technology Bhubaneshwar, Delhi Technical University, Department of Psychology Delhi, G.D. Goenka Sohna Road, Gautam Budha University Greater Noida, Hans Raj College Delhi University, Hidayatullah National Law University Raipur, Hyderabad University, IGNOU Delhi, Indian Institute of Foreign Trade Delhi, Indraprastha Institute of Technology Delhi, International Management Institute Delhi, Institute of Management Technology Ghaziabad, Indore School of Social Work, Institute of Home Economics Delhi, Institute of Law (Kurukshetra), Institute of Law (Nirma University) Gujarat, Institute of Home Science Delhi, IP College Delhi University, Jesus and Mary college Delhi University, Jagran Lake City University Bhopal, Jain Vishav Bharti University Rajasthan, Jamia Milliyya Islamiya University-Delhi, JIMS Engineering Management Technical Campus Delhi, Kamla Nehru Delhi



University, KIIT law school Bhubaneswar, Lady Irwin College Delhi University, Lady Sri Ram College for Women Delhi University, Lucknow University, New Law College Bhartiya Vidyapeeth Pune, NIPCCD Delhi, Naresee Monjee Institute of Management Studies Mumbai, Northcap University Gurgaon, O.P.JindalSonipat, Pearl Academy Delhi, School of Inspired Leadership Gurgaon, Swaraj UniversityRajasthan, Shaheed Bhagat Singh College Delhi University,Symbiosis School of Economics Pune, Tamil NADU National Law School, Vivekananda institute of Professional Studies Delhi, Xavier Institute of Management and Entrepreneurship Bengaluru.

International Universities: Bocconi University Italy, CEEDCV (Spain), DUKE Global Health Institute USA,EvangelischeHochschule Hamburg Germany, Institut Saint Dominique of Rome, Instituto Superior Técnico - University of Lisbon, Julius-Maximilians-Universität Würzburg Germany, Linnaeus University Växjö Sweden, Royal Central School of Speech and Drama United Kingdom, Stony Brook University USA, university of Calgary Canada, University Bayreuth.

## **PRESENTATIONS**

During the year, in an effort to bring sensitisation and awareness amongst the corporate world and academia, we made several presentations across India. We are grateful to the following academic institutions for encouraging us in doing so: Indian Institute of Foreign Trade, IMT Ghaziabad, Faculty of Management Studies, Kasturba Gandhi College, Lady Shri Ram College for Women, Indraprastha Institute of Information and Technology Delhi, Students of Inspired Leadership (SOIL), Fortune Institute of International Business, Gautam Buddha University and Dayal Singh College . These presentations were made to sensitize and encourage students to get involved in our Volunteer and Internship Program. We also got opportunity to present before Atria, Canadian High Commission, Genpact, KORE, Schnieder lyniversendia Ltd, S, Swedish Embassy, Tata Group, Text100, Qualquamm, etc. to engage their employees with us.

Huge appreciation for Home of Hope, our partners since 1999, for inviting Dr Kiran Modi, to SAN Francisco, to present Udayan Care's work in their gala in September 2016.

## **CAPACITY BUILDING OF BENEFICIARIES, VOLUNTEERS, MEMBERS AND EMPLOYEES**

Workshopping and building capacities is a way of life in Udayan Care. Our Trustees, Mentors, Employee and children got several opportunities to learn and gain experience from others. Also, many members of our Board of Trustees and Advisory Board have selflessly contributed their expertise and skills towards making Udayan Care a professionally managed organisation. Our Advisory board member, Sanjeev Gupta conducted an extremely satisfying motivational workshop with the USF coordinators of different cities over 3 days. Sameer Mehta worked with Ankit Agrawal to help develop a robust ERP system. Akansha Arora (Head-Learning and Development and Organizational Development), Chitra D Ram (Manager Human Resources) of YUM Group, and Aruna Vaidyanathan (Regional Director- Tata Consultancy Services) took it upon themselves to help Udayan Care build its HR, Governance and Communications capacities by taking time out from their busy schedules and helped us in streamlining our processes in the organization. Anoop Goel helped us streamlining with social media. Emaya Anbalagan helped in streamlining our research paper on QANCC, which will be presented in an international congerence in Montreal in June 2017. Mr. Doraiswamy Ranganathan, Sanjay Gupta, and Meera Swahny enhanced the capacity of our internal Finance Committee. Nationwide, a UK headquartered organization, conducted Risk management workshops for our office staff and helped us in starting Risk Registries.

We are grateful to Leaders Quest for nominating Dr Kiran Modi for their Programme, 'Kenya Quest' in September 2016 and giving her an exposure in social enterprises working in Kenya; and CYC-Net for electing her on their governing board.

### **UDAYAN GHARS**

Dr. Deepak Gupta (Child and Adolescent Psychiatrist) conducted different capacity building workshops on mental health for mentors, staff and children of Udayan Ghars. Dr. Monisha Akhtar (Ph.D, Psychotherapist & Psychoanalyst, USA) and Ms Helen Lenga, (Psychologist and Trainer in Trauma and Attachment, Australia) built capacity of mentors and social workers. Our social workers conducted trainings on topics such as child protection policy, POCSO Act, 2012, maintaining registers, documentation at Udayan Ghars, Care Plan, dealing with short term children, steps to be taken when a child runs away, team building, child participation, behavior modification etc.



Volunteers from India as well as across the world enriched our children by doing several capacity building workshops as well as wonderful activities to help them develop wholesome personalities, which ranged from organizing outings and trips to life skills workshops, etc. To name a few, POW (Paint Our World) and their members, Dr. Priya Virmani, Kahaan Khaitan are to be thanked for theatre and chocolate making workshops for the two Sant nagar Homes. Team Arrows visited Mehrauli ghars on different occasions to spend time and celebrate with children, Deloitte, MMT visited Gurugram ghar for celebrating Christmas.

Pottery classes by Probir Gupta, and art classes by Vandana Kothari, under the aegis of Artreach India introduced art systematically in our children's lives, where not only their artistic talent was nurtured but it also included exposure visits to Indian Art Fair, Kiran Nadar Museum of Art etc. Also, the work produced by children is to be put on display in the upcoming exhibition in May. Manju Jain, assisted by Veena Bhatnagar, conducted Expressive Arts Workshops for the two Mehrauli Homes. The murals painted in Ghaziabad and NOIDA Homes also bespeak of awareness of art generated in our children by Artreach. Artists, Sonam Chaturvedi & Aryan helped children in making these. The world of Cartoon making was another delight, and children learnt with artist Sonam Chaturvedi and got prepared to exhibit their work in the upcoming exhibition in April.

In Jaipur, several volunteers like Akanksha Goel, Diksha Goel, Geetanjali Singh, Kanika Sikligar, Dr Sadhna Arya, Pranav Mundra, Sonali Kambhat, Muskaan Khumbat, Keshav Khann, Neha Bhatnagar and many more capacitated our children in teaching subjects as well as conducted workshops on life skills, art activities and outings to movies, etc.

### CORPORATE ENGAGEMENTS IN UDAYAN GHARS

Various Corporate partnered with Udayan Care to give their employees a flavour of the non profit sector, as well as build our capacities. These engagements ranged from conducting activities with our Udayan Ghar children: ARROWS, ASOS, Atria, Axis, Artreach, Accenture, American School, Baxter, Benetton, Cognizant, CRM Next, Google, Jubilant Foods, Johnson & Johnson, MMT, Mercer, Nagarro, Russel Reynolds, TEXT 100, UPS, Team Panthera, Tikona infinet, UHG - Optum, Unl group, Genpact, CPM India, Khushiyan ki Gadi

Many thanks to corporates like ICare, Genpact, ICG Medical India Pvt. Ltd, Vygon India Pvt. Ltd., Lucknow, Vaks Multiple Services pvt. Ltd., Comfort Stream by Krishna Maruti, etc. for providing internships and jobs to our young adults from the Udayan Ghar Programme.

### UDAYAN SHALINI FELLOWSHIP

Our dedicated staff, enthusiastic mentors, passionate committee members, and the ever increasing band of volunteers and resource people from the corporate and academic sectors enhance the capacities all around by conducting workshop on leadership and life skills for the Shalini and staff. We are grateful to all of them, some of whose names are mentioned below, as space constraint does not permit to mention all :

- **Aurangabad** : Aakash Kagiwal, Arun Pachhisia, Dr Aparna Kakkad, Babita Pachisia, IPS Bachhan Singh, Brig Anurag Vijj, Dimple Bindra, Gayatri Nagori, Dr Jayashri Godse, Manisha Choudhari, Manjushree Chandak, Meena Sinha, Minal Gandhi, Mridu Machhar, Nikhil Sakhare, Ravi Machhar, Rafiq Jamadar, Rekha Pawar, Rishi Kumar Bagla, Ruchira Darda, Sangeeta Bhatia, Shailja Sanganeria Sandeep Nagori Sanket Gawali, Sunita Kale, IPS Ujvala Vankar, Vidhi Chajjed on topics such as soft skill training, financial management, self-awareness, sexual harassment, etc.
- **Delhi (North)** : Aarti Upadhyay, Ambika Shah, Ashish Aggarwal, Beedisha Chakrabarti, Mohd Faheem Khan, Niren Chaudhary, Nivedita Jha, Prerna, Parvinder (Ex-navy Officer), Rashmi, Ritika Seth, Sameer Pathak, Shalu Saharan, Shahzaad Ali Khan, Sajid Khan, Sonal. Topics covered were Resume Writing, Smart Paradigms, Leadership, Career Counselling, Team Building, Assertiveness, Women Rights etc.
- **Delhi (South)** : Benu Bhatnagar, Dr. Kiran Modi, Mahak Vaish, Dr. Meenakshi Nayar, Meeta Gokhlani, Neelam, Nikita, Dr. Ramesh Bijlani, Rupa, Sandeep Mangat, Seema Jindal Jadodia, Shefali, Shivani, Smriti, Suman Singh, Tuhina Roy. Topics covered were better study skills, time management and exams tips.
- **Dehradun** : Alaknanda Ashok, Amit Goswami, Ashok Kumar, B C K Mishra, Deepa Devi, Farha Naaz, G S Rawat, Jagendra Singh Rawat, Kamla, Mamta Rawat, Ramindri Mandrawal, Preeti Ahirwar, Priyanka Lakherwal, Shivangi Tamta, S N Verma, Subohi Rashid, Umesh Bharti, Ruchi Juyal, Varuna Tamta. Topics covered were Personal Hygiene, career counseling, decision making, and goal setting.
- **Greater Noida** : Dr. Ajay Shrivastav, Dr. Varsha. Topics covered were communication skills, time management and confidence building.

- **Gurugram** : Dr Avtar Singh, Prof BS Hothi, Chander Shekhar Sibbal, Deepak Bhatnagar, Payal Varma, Neelam Virmani, Rajnish Virmani, Rajesh Sinha, Sapna Mittal, Shalu Saharan, Siddharth Malhotra, Sanjay Malhotra, Dr Shilpa, Dr Sumita Das, Suresh Kaushik, Vivek Nagpaul, Vikas Goel. Topics covered were Motivation, Assertiveness, Career Counseling, Life Skills, Gender Stereotyping, Gratitude, etc.
- **Haridwar** : J. B. Singh, Mohd Faheem Khan, Pankaj Kumar, Pawan Kumar, Pooja Jaguri, Prakash Chand, Reshma Aggarwal, S.K. Aggarwal, Vaishali. Topics covered were Leadership, Motivation, Cracking Interviews, Goal Setting, etc.
- **Hyderabad** : Aashish Ramdas, Aarti Taniteni, Anupama Mantha, Meghna Ramana, Aditi Vohra, Prashant, Haindavi Aithraju, Gollapudi, Sunila, Kumawamy Boora, Sindhu D, Madhuri Talluri, , Sushmita Arcot , Renuka Chekkala, Radhika Puttige, Shweta Mehrotra, Sudamini Sreepada, Sreedevi Potuluri, Udayini, Veera Reddy. Topics were Career Counseling, Gender & Sex, Hardwork, English Speaking skills.
- **Jaipur** : Alpa Malvea, Amar Singh, Asha Bhatnagar, Bulbul Pathak (Vice President of Maharani College), Deepak Kalra (Director, Umang School), Jyoti Sharma, Dr. Kiran Gupta Neha Bhatnagar, Payal Pancholi, Rahul, Dr. Ritu Joshi Rukmani Haldea, Dr. Sadhna Arya, Santosh Agarwal, Sheetal Bahri, Dr. Sita Sharma, and Shweta Singh. Topics covered were leadership, cancer awareness, women empowerment, Protection of Children from Sexual Offence, Cyber Security, and importance of nutrition.
- **Kolkata** : Anindya Roy Biswas, Anita Das, Anjana Chowdhury, Arnab Basu, Dr I N Chatterjee, Dr S Chatterjee, Dr Suvama Sen, Jaba Banerjee, Joyeeta Roy, Joyita Shah, Milli Basu, Parikshit Das, Parimal Ch Das, Prof (Dr) Kanika Chatterjee, Prof (Dr) Suvama Sen, Prof Ajay Pathak, Prof Arup Chowdhury, Prof Jayanta Biswas, Prof N Ravi Kumar, Prof Sharbari Saha, Ratna Sen, Rima Sinha, Samir Kr Mitra, Saptarshi Roy, Saynee Nayek, Subhajit Basu, Sujay Kr Dhar, Twisha Ghoshal, Vaishali Ghosh. Topics covered were Entrepreneurship, Corporate Governance and Communication Skill.

#### UDAYAN CARE INFORMATION TECHNOLOGY CENTRES

We are grateful to all the resource people who contributed towards building capacities of our staff and our students. Volunteers and resource persons from UPS foundation, Nasscom Foundation, Ms. Maya (Accenture Group), Text 100, Enactus, American India Foundation, Mr. Ajay Arora (SDM-Mayur Vihar), Mr. Rajesh Kundra (Khabar Sangreh), Prateek Kumar (Magic Bus Foundation), Amita Joshi (Sathi Center), Mr. Raman Khanna (Pragati Wheel School), Charu Mishra, Preeti Kothari, and Mayank Jain conducted sessions on developing sketching skills, JRT (Job Readiness Training), financial literacy sessions, workshops on career guidance, communication skills, career counseling, etc. across all our IT center students.

#### GRATITUDE FOR AIDING US IN OUR ADVOCACY EFFORTS

We extend our gratitude to the following partners and supporters for strengthening our advocacy work in 2016-17:

- UNICEF for supporting the publication of a Series of Booklets on Alternative Care. We are also thankful to all the reviewers who helped us in strengthening the booklets: Mr. Premoday Khakha from the Delhi ICPS, Mr. Anil Das, research consultant, Ms Tannistha Dutta from UNICEF, Mr. Ian Anand Forber Pratt, Director of Advocacy - South Asia at Children's Emergency Relief International (CERI) and Ms Swagatha Raha from the Centre for Child Rights at NLUS, Bangalore.
- UNICEF for partnering with us in the two day workshop titled 'Alternative Care in India', held on December 8th and 9th, 2016 at New Delhi. We are also thankful to all the resource persons, moderators and participants for making the workshop successful.
- Dr. Monisha Nayar-Akhtar, Dr Naveen Grover, Dr. Deepak Gupta and Dr. Rajesh Sagar and all the participants at the consultation, on 'Trauma Informed Care: Concepts and Practices for Children in Alternative Care' held on 17 March, 2017 at Maple Express, New Delhi. A special thanks to Gerlinde Büchinger-Schmid for extending her support.
- International Social Service (ISS) - General Secretariat at Geneva, Switzerland and to UNICEF India for extending support with bursary towards the participation of Dr. Kiran Modi for 'Building the Momentum' Conference in Geneva in September 2016.

## STALLS FOR OUR PRODUCTS

We are also thankful to many corporates, who encouraged us to set up Stalls for selling Udayan Care products: Acharya Narendra Dev College, American Express, Den Network Ltd., Genpact, Make my Trip, Mobiloitte Financial, Orient Electric, Royal Bank of Scotland, Vcare, YUM.

## ACADEMIC INSTITUTIONS

We are immensely grateful to the schools, colleges, and coaching institutes, who share our vision and become our 'Partners for Change', in bringing about a transformation in our children, who are from such disadvantaged backgrounds, through quality education. Our children are live examples of what good education can do to a child!

### *For Udayan Ghar Children:*

Akshya Pratisthan, Mehrauli, Delhi, Ambedkar University, Delhi, Bal Bharti Public School, Noida, Balvantray Mehta School, GK II Delhi, Banayan Tree School, Lodhi Road, Delhi, Bloom School, Vasant Kunj, Delhi, Bluebells International School, Kailash Colony, Delhi, C.S.K.M Public School, Mehrauli, Delhi, Dayanand Mahila Mahavidhyala, Kurukshetra (Haryana), Deep Memorial Public School, Ghaziabad, Delhi Public School, Greater Noida, Dharam Public School, Greater Noida, Four Steps School, Kailash Colony, Delhi, Florence Public School, Pratap Nagar, Mayur Vihar (Phase-I) Galgotias University, Greater Noida, Genesis Global School, Noida, Gita Girls Senior Secondary School, Kurukshetra (Haryana), Global Indian International School, Noida, Bharti Adarsh Vedic Vidyalaya Govt School, Greater Noida, Govt. Girls Senior Secondary School, No. 1, East of Kailash, Guru Gobind Singh College for Women, Punjab University, India International School, Jaipur, Jaipur Public School, Jaipur, Khushboo Welfare society, Gurgaon, Maharana Pratap Public School, Kurukshetra, Maharishi Vidya Mandir, Noida, Mata Bhagwati Chadha Niketan, Noida, Modern School, Vasant Vihar, My Own School, Jaipur, Rajkiya Pratibha Vikas Vidyalaya, Lajpat Nagar, Pragyan School, Greater Noida, Preet Public School, Preet Vihar, Delhi, R S Public School, Mayur Vihar, Delhi, Rabindranath World School, Gurgaon, Roseland Public School, Gurgaon, Sai Public School, Noida, Sanskar School, Jaipur, Saraswati Bal Mandir, Nehru Nagar, Delhi, Sarvodaya Kanya Vidyalaya, No. 2, East of Kailash, Delhi, Seedling Modern High School, Jaipur, St. PBN Public School, Gurgaon, Tagore International School, East of Kailash, Delhi, Tagore International School, Vasant Vihar, Delhi, The Sagar School, Tijara, Alwar, Rajasthan, Umang School, Jaipur, Universal Public School, Preet Vihar, Delhi

### *For Udayan Shalini Fellows:*

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### *Upcoming relationships*

G D Goenka University, Gurugramyur Vihar (Phase-I), Galgotias University, Greater Noida

## CONTRIBUTION OF SPACE AND INFRASTRUCTURE

We are truly grateful to some of our members, other individuals and institutions, who partner with us and give their spaces and infrastructures to run our programmes, functions and workshops, which becomes a huge cost saver for us:

### **For Udayan Ghars**

Mayur Vihar (Home 2) Udayan Ghar: Ms Madhu Gupta

Gurgaon (Home 5) Udayan Ghar: Sat Krishna Charitable Trust

### **For Udayan Shalini Fellowship Programme**

**Aurangabad:** CMIA (Chamber of Marathwada Industries & Agriculture) place for workshops, Events & Clover Dale English School for NAT Exam, and Manish Dhoot- Providing space for office.

**Delhi (North & South) :** The partnership with Mahavir Senior Model Secondary School, its Board, Chair, and staff is really strengthening, as all our USF related activities take place in their extremely well managed facility throughout the year. We are also grateful to Aurobindo Ashram for providing us space for capacity building for USF South Delhi.

**Dehradun :** The support of Mrs. Padmini Sambasivam (Principal, Welham Girls' School) and her team of teachers and students cannot be measured, whether in terms of giving us spaces, volunteering and even hospitality for conducting all our sessions of selection process in the premise.

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**Gurgaon:** Sincere thanks to Satkrishna Charitable Trust, for providing space for conducting all USF events and workshops. Also we extend our gratitude to Govt Girls Senior Secondary School, Khandsa, in provide us space to conduct our written exam and interview.

**Haridwar:** We are grateful to our partner, BHEL Haridwar for providing Computer Hall and Smt. Shakuntala S S Mahila Inter College, Haridwar and Bal Mandir Sr. Sec. School for conducting workshops. Beside these partners we also thank Prem Nagar Ashram for providing us a beautiful venue for conducting workshops.

**Hyderabad :** Microsoft hosted the induction premises in its beautiful portals. Future Kids School, Jubilliee Hills campus, Meridian School- Madhapur, Hyderabad – providing space for workshops.

**Jaipur :** Govt. Sr. Sec. Girls School, Malviya Nagar, Govt. Sr. Sec. Girls School, Gangapole and Govt. Sr. Sec School, Sanganer, Govt. Sr. Sec School, Jhotwara, Govt. Maharaja Sr. Sec School Choti Chopad - for providing space to conduct entrance exam, interviews, quarterly workshops and Small workshops. Rajasthan Scout & Guide Training Center, Jaipur for residential workshop and Maharani College Jaipur for Induction ceremony.

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**Kurukshetra:** S. B. D. College of Education, Kurukshetra University, Kurukshetra.

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Our huge gratitude is due to all the doctors and hospitals, who care for our children and ensure they remain in the pink of health!

- A very special thanks to Dr. Navin Dang and Dr. Manju Dang for their heartfelt caring and conducting all investigation and pathological tests for all our children
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- We are grateful to ICARE Eye Hospital Noida for regular eye check up of our Noida Homes Children.
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- **Printing and Designing Support:** We are also really grateful to our Trustee, Mr. G.P. Todi and the entire team at Ajanta Offset & Packagings Ltd. for producing all our print material including this Annual Report, probono. In Mumbai, we are thankful to Mr. Mehernosh Mistry for printing posters, banners, visiting cards and ID cards, Mr. Paresh Majmundar for printing sashes and lanyards and Mr. Sudhanshu Kejriwal for printing USF documents.
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- **Legal Affairs:** Heartfelt thanks to Arvind Gupta for all his timely, and much needed legal advice.
- **Accounts and Auditors:** We are grateful to Manish Agarwal and P.S.D and Associates for Accounts and Audits for our Jaipur Home and Preeti Asawa, C.A for auditing Udayan Care, Aurangabad chapter.

## IN KIND DONATION

Datawind Innovations Pvt Ltd. and Delegation of the European Union fulfilled the needs of computers and tabs at our Udayan Ghars and at one of the Computer Centres, Karma Bikers Group's donation of a Samsung Fridge was really timely. Rice, snacks, beverages, spices and pickles' needs at Udayan Ghars were variously served from time to time by Devyani Beverages, Genpact (I) Pvt Ltd., M.C.K.S Hungry Foundation, Nagarro Software Pvt Ltd., Religare Financial Ltd., Research Now, Yum Yum Pickles, Suman Modi and many others. Benetton (I) Pvt. Ltd. and Microsoft donated clothes, umbrellas, etc.

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### ***Dolly Anand Endowment Fund***

Set up by Dolly Anand's Family in 2016, to Honour her on her 75th birthday, this fund supports post graduation course of deserving girls. This year Kamla Kapur added her contribution here.

### ***Usha Yadav Corpus Fund***

Set up in the memory of Usha Yadav, one of our Shalinis in Delhi chapter, this fund has great contributors in our Shalinis.

Anirudh Bhardwaj, Ankita Bansal, Anshita Mishra, Himani Baweja, Javitri Goyal, Jyoti Bhatia, Kashika Budhiraj, Roshan Lal, Ruchi Juyal, Shweta Bansal, Yamini Bhalla

## **CORPORATE**

Adidas India Marketing Pvt. Ltd.

Allahbad Bank

Ambuja Neotia Holdings Pvt. Ltd.

Amrit Corp. Ltd.

Andhra Bank

Arvind Techno Engineers Pvt. Ltd.

Baxter India Pvt. Ltd.

Bengal Park Chambers Housing Development Ltd.

Berco's Meloday House

Bharat Heavy Electricals Ltd.

Birla Sunlife Asset Management Co. Ltd.

CTC Projects Pvt. Ltd.

DDB Marketing Services Pvt. Ltd.

Emami Ltd

F.C. Sondhi & Co.(India) Pvt. Ltd.

Fiem Industries Ltd.

General Electric

Gennx 360 India Advisors Pvt. Ltd.

Greenlam Industries Ltd.

Grow Talent Company Limited

Headstrong Services India Pvt. Ltd.

Hilton Engineers Pvt. Ltd.

HVM Network Pvt.Ltd.

ICG Medical India Pvt. Ltd.

IFCI Limited

Indian Oil Corporation Ltd.

INDIGO

Industrial Finance Corporation of India

Infinity Infotech Parks Limited

Jindal Poly Films Ltd.

L.I.C. Housing Finance Ltd.

L.T. Foods Ltd.

Make My Trip India Pvt. Ltd.

Max Ventures Investment Holdings Pvt. Ltd.

Monarch International

My Box Technologies Private Limited

Natural Remedies Pvt. Ltd.

NTPC Limited (Dadri)

Orbit Exports Ltd.

Oriental Bank of Commerce

Pegasystems Worldwide India Pvt. Ltd.

Polyplex Corporation Pvt. Ltd.

POSSIBLERS

Pricewaterhouse Coopers Services Delivery Centre (Kolkata) Pvt. Ltd.

Prometric Testing Pvt. Ltd.

Rajasthan State Industrial Development and Investment Corporation

Rungta Mines Ltd.

Rupa & Co Ltd

Singa Infrastructure

State Bank of Bikaner & Jaipur

Syniverse Technologies (India) Pvt. Ltd.

Tata Power Trading Company Ltd.

The Motor & General Finance Ltd.

Udit Engineers

United Health Group Information Services Pvt. Ltd.

Veeni Jewels

Volga Transmissions Pvt. Ltd.

Weavers Studio Resource Centre

Yum! Restaurants (India) Private Limited

## FUNDING AGENCIES & OTHERS

American India Foundation

Amrit CSR Foundation

Ankur Club

Arrows Group Foundation

Apex Foundation

ASOS Foundation

CAF, INDIA on behalf of Microsoft, RBS, Hewitt, AON Services India Pvt. Ltd.

CAF, UK on behalf of Pakhar Singh Foundation

CanAssist Society

Caring Hand For Children, USA

Dhanpatmal Virmani Education Trust And Management Society

Earthwatch Institute India Trust

Give Foundation

Give India on behalf of many Individuals And Corporates

Global Giving Foundation, USA

GVK Airport Foundation

Hanwantraj Ladanwarnehta Charitable Foundation

Hindu Heritage Endowment, USA

Home of Hope, USA

India Cares Foundation

International children's Network, USA

International Social Service

ipartner India

Lal Family Foundation

Leaders Quest

Let's Do Our Bit Foundation

Lok Seva Trust

Metores Trust

Ninaad Wellbeing Foundation

Pathak Brindavan Vedic Ashram

Rajiv and Latika Jain Foundation

R C Infinity Foundation

Sat Krishna Public Charitable Trust

Savera Association

Serve Samman

Sewa Canada International Aid INC., Canada

Sh. Roop Singh And Smt. Shanti Devi Shinghal Charitable Trust

Shri Ram Foundation

Shri Ratan Lal Foundation

Singhvi Charitable Trust

Smart Vishwas Society

Soni Foundation

Stichting Vriendenkring Nederland

Sukh Nandan Nivas

The Bina Sareen 2014 Living Trust

The Future Kid's School

The Lotus Charitable Foundation

Udayan Care Deutschland e.V.

Udayan Care USA

Vandana Bagai Foundation

VCARE

Vikram Sarabhai Foundation

World Health Organisation

## JASHN-E-SUFI NIGHT

Jashn-e-Sufi 2017 was organized again in the beautiful lawns of 1AQ Art Gallery having mystical surroundings. Needless to say, it was the perfect setting for a mesmerizing evening. The event again featured a Sufi performance by the famous Nizami Bandhu (of Rockstar and Bajrangi Bhaijann movie fame).

We sincerely thank the support received from York wines and Pernod Ricard for providing the alcoholic beverages at the venue and to LT foods for providing packs of rice for Gift hampers. Our sincere thanks to the Apeejay group for providing Typhoo tea for the Gift hamper; Ms. Sarita Bajaj and The Food Affairs for providing finger licking dishes at dinner and Mr. Anubhav Nath for providing his beautiful place, 1AQ Art Gallery with awesome surroundings, for the evening.



**Sponsors and Advertisers**

Indian Oil Corporation Ltd (main sponsors)

Vatika Group

Fiem Industries Ltd

Power Finance Corporation Ltd.

Rites Ltd

Housing & Urban Development Corporation Ltd

Springer Nature

Solar Energy Corporation of India Ltd

LT Foods Ltd.

The Lal Family Foundation

Special Alloys MGF. Co.

Yum India

Gail (India) Ltd

**AIRTEL DELHI HALF MARATHON 2016**

Udayan Care has been participating in the Airtel Delhi Half Marathon since its inception and this year was no different! We were a part of the run with our campaign to spread the Joy of Education. We are grateful to all the individuals and corporates who joined hands and ran for us in support of our cause. We were able awarded the third highest fundraising NGO award!

We owe our success to the following:

**Care Champions in different categories**

Dr. Kiran Modi, Meera Sawhny, Rukmani Haldea, Sameer Mehta, Anup Kalra, Neeraj Katoch, Amit Garg, Sanjay Gupta,

Rukmani Haldea who is on our Board of Trustees, was the 2nd highest fundraiser in the Care Champion Diamond Category

**iCare fundraisers**

Deepak Sharma, Sumukhi Vaid, Akansha Mutreja, Sapna Mittal, Shradha Jain, Arun Talwar, Amit Singh, Vibha Bahl

Mr Deepak Sharma, our Advisory Board Member, was awarded the 2nd highest fundraiser award in the iCare fundraiser category.

**Our Runners**

Total number of individual runners was 58, out of which, 12 were students from the prestigious business school- Faculty of Management Studies

Those who ran in the 21 kms category were -

Anup Kalra, Neeraj Katoch, Amit Singh, George Koshy, Shradha Jain, Nooreen Sarna, Anurag Goel

**Corporate Cares Category**

Vatika Group with a team of 25 runners

Make My Trip (India) Pvt. Ltd- team of 40 runners

ICG Medical India Pvt. Ltd.- team of 40 runners

# COMPLIANCE REPORT

(As per Credibility Alliance Norms)



## MAJOR OBJECTIVES OF THE TRUST

- To provide protection and education to children and women, employability to youth, who are in difficult circumstances, by establishing dynamic processes/models of care, protection, training and holistic development, in a Rights based approach
- To promote voluntarism and spirit of 'giving back' in the society at large, including those from our programmes
- To develop structured research and documentation processes leading to publications on Child Protection and Education related issues
- To influence the policy reforms and decision making processes by lobbying, consultations and creating awareness
- To evolve into a national level Capacity Building and Role model organisation of consultative status, with credibility.

## IDENTITY

- Udayan Care is registered as a Public Charitable Trust. Trust Deed is registered on 11.02.1994 with Sub Registrar, Delhi, with registration no. 828 in Additional Book No. IV, Volume No. 2085 on Page No. 1-15.
- Trust Deed is available on request.
- Udayan Care is registered u/s 12A & exempted under section 80G (5)(vi) of the Income Tax Act, 1961, with the Director of Income Tax (Exemption).
  - Registration No. u/s 12A: 374/93-94, dated 31/03/1994, effective from 07/02/1994 valid perpetually
  - Exemption u/s 80G (5) (vi): NQ. DIT(E) I 2011-12/114 DEL – EU 22607-28042011, dated 28-04-2011 valid perpetually
- Udayan Care is registered under section 6 (1) (a) of the Foreign Contribution (Regulation) Act, and its Registration Number is: 231650870 and approval letter dated 07-01-1998 which is valid till 31-10-2021
- Udayan Care is a registered organization u/s 35AC of Income Tax Act, 1961 for its “Jagshanti Udayan Care Hostel for women” vide approval notification No. SO 839 (E) dated 24-07-2003 subsequently amended and modified vide notification No. SO 3067 (E) dated 10-11-2015 valid up to 31-03-2018
- PAN : AAATU0067F
- Sales Tax Regn. no: TIN NO.- 07070223873
- Udayan Care is an ISO 9001 certified organization for its 'Quality Management Services'

Visitors are welcome to the addresses given on the “contact us” link on our website [www.udayancare.org](http://www.udayancare.org)

Name & addresses of our bankers:

- State Bank of India, 33, Ring Road, Lajpat Nagar IV, New Delhi - 110024
- Axis Bank Ltd., B-6, Lajpat Nagar II, New Delhi – 110024
- ICICI Bank Ltd., 834, Lajpat Nagar II, New Delhi – 110024
- IDBI Bank, 1/6, Siri Fort Institutional Area, New Delhi – 110049
- Bank of India, I-802, CR Park, New Delhi – 110019

**NAME & ADDRESS OF AUDITORS:**

M/s. Gupta & Gupta,  
Chartered Accountants  
4/8, Asaf Ali Road,  
New Delhi – 110 002

**NAME AND ADDRESS OF INTERNAL AUDITORS**

M/s. Xestion Advisor Pvt. Ltd.  
B-33, Sector 6, NOIDA, UP

**GOVERNANCE****(A) Details Of Trustees : (as On March 31, 2017)**

NAME	AGE	SEX	POSITION ON BOARD	OCCUPATION	AREA OF COMPETENCY	MEETINGS ATTENDED
Dr. Kiran Modi	63	F	Founder & Managing Trustee	Managing Trustee (Hon.)	Management, Operations, Strategy, Fundraising	4
Dr. Shiv K Sarin	64	M	Founder Trustee	Medical Doctor	Strategy, Fundraising	1
Mr. G P Todi	68	M	Founder Trustee	Industrialist	Strategy, Fundraising	0
Ms. Meera Sawhny	52	F	Trustee	Entrepreneur	Strategy, HR, Fundraising, Finance management	4
Ms. Aneesha Wadhwa	40	F	Trustee	Development Professional	Strategy, Fundraising, HR, Communications	4
Mr. Sanjeev Gupta	55	M	Trustee (Resigned on 22-08-16)	Development Professional	Strategy, Fundraising	1
Ms. Rukmani Haldea	66	F	Trustee	Retired Civil servant	Program Management & Fund Raising	3

**(B) Details of Advisory Board Members : (as on March 31, 2017)**

NAME	AGE	SEX	POSITION ON BOARD	OCCUPATION	AREA OF COMPETENCY	MEETINGS ATTENDED
Mr. Sanjeev Gupta	55	M	Member (from 23-08-16)	Entrepreneur	Strategy, Fundraising	2
Mr. Sanjay Gupta	57	M	Member	Professional	Strategy, Finance	3
Ms. Madhu Gupta	69	F	Member	Entrepreneur	Programme Management, Fundraising	0
Ms. Kusum Bhandari	63	F	Member	Educationist	Programme Management, Fundraising	1
Ms. Pooja Mehra	39	F	Member	HR Professional	Strategy, HR	1
Mr. Sameer Mehta	42	M	Member	Marketing Professional	Marketing Strategy	2
Mr. Rohit Rajput	39	M	Member	Management Consulting	HR, Strategy	1
Mr. Aayush Jain	32	M	Member	Corporate employee	Strategy, Fundraising	1
Mr. Amit Khanna	40	M	Member	Chartered Accountant	Strategy, Finance	1
Mr. Deepak Sharma	57	M	Member	Social Worker	Programme Management, Fundraising	3

- The Udayan Care Trustees and Board Advisory Members met 4 times during the last financial year to transact the business including approving the Audited Financial Accounts and Annual Report of the previous financial year and also approving the Programmes and Annual Budget for the year 2017-18, the Board ensures the organisation's compliance with laws and regulations. Meeting days in the year 2016-17 were August 22, October 08, December 20 and March 24.
- Minutes of Board meetings are documented and circulated.

## ACCOUNTABILITY AND TRANSPARENCY

- No remuneration, sitting fees or any other form of compensation have been paid since inception of the Trust, to any Founder Trustees or Board members. All are working on Pro-bono basis.
- The following reimbursements have been made to Board Members:  
Travelling Expenses (to attend Board meetings) – **NIL.**

Head of the organization: (including honorarium)	<b>Rs. 0.00 (NIL)</b> (Head of Organization of Udayan Care is Managing Trustee who holds an honorary position.)
Highest paid Full Time regular staff	<b>Rs. 19.80 Lakhs</b> per annum
Lowest paid staff (Trainee)	<b>Rs. 0.66 Lakhs</b> per annum

(b) Internal Auditors	Rs. 40,250	(including Service Tax)
(c) Statutory Auditors: (i)	Rs. 46,000	(Statutory Audit fees including Service Tax)
(ii)	Rs. 1,08,850	For other professional services like Filing and Appearing for Income Tax Assessment, TDS & D-VAT Return and Certification charges of Utilization certificates

## STAFF DETAILS (as at March 31, 2017)

GENDER	PAID FULL TIME (REGULAR)	PAID FULL TIME (TRAINEES)	PAID PART TIME	PAID CONSULTANTS (FULL TIME)	TOTAL
Male	49	2	0	0	51
Female	66	9	2	1	78
Total	115	11	2	1	129

## DISTRIBUTION OF STAFF ACCORDING TO SALARY LEVELS (as at March 31, 2017)

SLAB OF GROSS SALARY (IN RS.) PLUS BENEFITS PAID TO STAFF	MALE	FEMALE	TOTAL
LESS THAN 5,000 (TRAINEES AND PART TIME STAFF)	0	0	0
5,001 – 10,000	9	23	32
10,001 – 25,000	31	44	75
25,001 – 50,000	6	10	16
50,001 – 1,00,000	3	1	4
Above 1,00,000	2	0	2
<b>TOTAL</b>	<b>51</b>	<b>78</b>	<b>129</b>

Note 1. The staff table includes stipends, salaries of trainees, staff as well as paid consultants in the respective categories for the year ending March 31, 2017.

Note 2. Udayan Care very strictly follows the Minimum wages Acts of respective states. Hence no staff is appointed or working less than the Minimum Wages Act in their respective states wherever they are appointed.

## TRAVEL DETAILS

### 1. Domestic Travel

**Total cost incurred on Domestic travel during the year: Rs. 1,42,511.**

(This amount was incurred for travelling different parts of the country for attending meetings, Trainings, Programme implementation, Monitoring & Supervision, conducting distant project review meetings, Evaluation of the progress of the programmes, setting up of new chapters and also for attending National level seminars and workshops etc. on various dates)

### 2. International Travel

NAME	DESIGNATION	PLACE / COUNTRY VISITED	DURATION	PURPOSE	AMOUNT (IN RS.)	SPONSORED BY EXTERNAL ORGN.	NAME OF SPONSOR ORGN.
A. TRUSTEES							
Dr. Kiran Modi	Managing Trustee	San Francisco and Geneva	11 Days	To Attend and Present a paper on Mental Health of Children at SF and to attend an International seminar at Geneva	1,46,947	Yes. 100 % by the Host and other agencies	Home of Hope Foundation, UNICEF & Ms. Gerlinde Buechinger Schmid
		Nairobi	9 Days	To Attend an International Leadership Training Program Organized by Leaders' Quest	51,140		Leaders' Quest
B. STAFF							
Mr. Mohd. Faheem Khan	Assistant Director	Munich and Berlin	11 Days	To address Udayan Care Germany Board members	13,435	Yes. 100 %	Ms. Gerlinde Buechinger Schmid
Total Amount (A + B) in Rs.					2,11,522		

## HIGH LIGHTS OF FINANCIAL STATEMENTS

### Basis of Accounting

The financials have been prepared under the historical cost conventional and accrual method. Income and expenses are accounted on the basis of Generally Accepted Accounting Principles (GAAP) and practices and Accounting Standards (AS) issued by the Institute of Chartered Accountants of India for NGOs wherever applicable, except where otherwise stated.

### Financial performance from a bird's eye view

The income of the year has been segregated as Restricted Funds and Un-restricted funds as per the guidelines issued by the Institute of Chartered Accountants of India (ICAI). The Restricted funds are the funds given by different agencies for a specific task for specific projects however the Un-restricted funds are General donation, Interest Income, Miscellaneous Income etc. There was an unspent balance of Rs. 4.60 Cr. as Restricted fund which was brought forward from 2015-16 belongs to various projects and identified as a liability in books.

In the year 2016-17, while looking at the financial performance of the Trust, there is a decrease in Income to the tune of Rs. 2.83 crores by way of donations and Grants from all sources. This is because in the last financial year (2015-16) for purchasing a property at Kolkata for its chapter office and to have a training center for the Udayan Shalinies Fellowship Programme, the Kolkata chapter has raised Rs. 3.10 Cr for the said project. Since it was a onetime donation, the income was comparatively reduced to Rs. 13.55 cr this year from Rs.16.39 Cr.

However on the other side, the Revenue Expenditure of the organization has been increased from Rs. 7.57 Cr to Rs. 9.09 Cr. An increase of Rs. 1.52 Cr which is 20% more than the previous year. The increase in the fixed assets have not been considered in the above figures. In this year, the increase in Fixed Assets was Rs. 3.81 Cr whereas in the previous year it was Rs. 4.96 Cr. The reasons for such a huge amount Assets are, this year we have purchased a piece of land for constructing a habitat for the girl children at Kurukshetra, (Haryana) with the support of ASOS Foundation (UK) and a building is under construction there. Moreover we have entered into an agreement with a landlord for purchasing a piece of land in Delhi for constructing an office building for Udayan Care. A sum of Rs. 1.05 Cr has been paid to them as advance which was also taken into account of the addition of Assets. Overall if we consider the money spent on all activities including acquiring Assets, the total expenditure for all activities was Rs. 12.89 Cr. which is 2.9% more than the previous year.

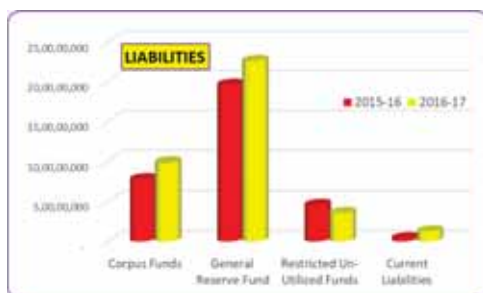
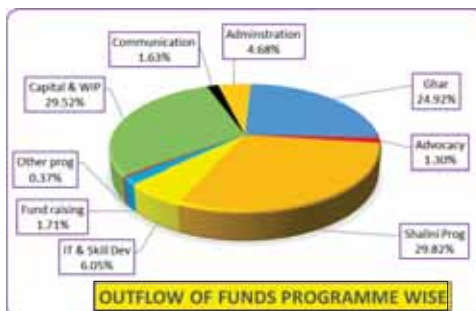
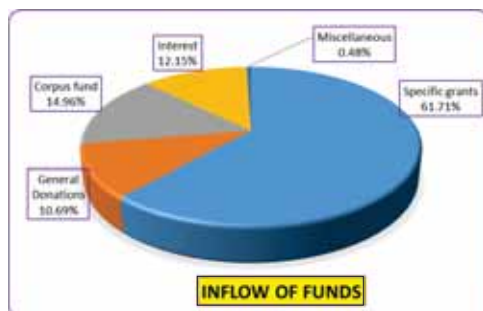
Another significant factor is that, out of the income received for the year Rs. 11.52 Cr (the Corpus Fund received is not considered here as Income as it is not meant for this year), we have spent Rs. 12.89 Cr. Resulted in taking out Rs. 1.37 Cr from the previous years' accumulated funds comprising of Rs. 1.02 Cr from the Restricted funds and Rs. 0.35 Cr from the Unrestricted funds or General Reserve. The positive factor of the over expenditure is that, ultimately this has helped us in bringing down the liability of Restricted fund from Rs. 4.60 Cr to Rs. 3.59 Cr.

Since the year 2015-16 was a one odd case in the case of one time donations for the specific project of purchasing the Office complex cum training center for the Udayan Shalinies Programme. If we compare the income of the organization with the previous year, i.e, 2014-15, there is an increase of Rs. 2.10 crore in this year.

During the year, the Trust mobilized funds, from various sources with the efforts of Trustees, Board Members, Committee Members and Staff, including getting financial aid from funding agencies, the corporate fraternity, other Trusts and NGOs, besides funds from individuals in India and abroad.

In totality, the financial statements clearly indicate that, the organization is steadily growing financially and programmatically. It is ready to take new challenges and also expand its programmes vertically and horizontally further to other areas as per the 'vision 2020' with the motto of 'Bigger, Better and More' of the organization. It is also a clear indication and evident that the trust of the people at large, particularly, the funding agencies and corporates really trust the TRUST and we can deliver quality services up to the expectations of the donors and also to the deserving folks of the society.

## FINANCIAL GRAPH



Where young  
lives shine**BALANCE SHEET AS AT MARCH 31, 2017**

	Schedule	Current year	Previous year
<u>Source of Funds:</u>		<i>Amount in Rs.</i>	
Trust Fund		1,000	1,000
Corpus Funds	I	9,87,43,276	7,84,64,360
General Reserve Fund	II	22,62,64,067	19,63,39,375
Un-utilized Restricted Funds	III	3,58,92,467	4,60,42,998
<b>Total</b>		36,09,00,810	32,08,47,733
<u>Application of Funds:</u>			
Fixed Assets (including Capital Work-in-Progress)	IV	13,41,92,659	10,07,53,877
Net Current Assets	V	22,67,08,151	22,00,93,856
<b>Total</b>		36,09,00,810	32,08,47,733

Accounting Policies and Notes on accounts

XIV

The Schedules referred to above form an integral part of the Balance Sheet

As per our Report of even date attached

**for GUPTA & GUPTA**

Chartered Accountants

(Firm Regn. No. 000681N)

(Niraj Gupta)  
Partner  
M. No. 016599for **UDAYAN CARE**(Dr. Kiran Modi)  
Managing Trustee(G.P. Todt)  
Trustee

Place: New Delhi

Dated : October 03, 2017



Where young  
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Particulars	Sch	Amount in Rs.	
<b><u>INCOME</u></b>			
Donation Received (including Donation in kind )	VI	1,44,86,026	5,34,13,568
Grant Received	VII	8,36,36,105	8,44,70,416
Corpus Donation	I	2,02,78,916	93,56,555
Interest received	VIII	1,64,70,090	1,53,92,643
Other Income	IX	6,57,210	12,36,206
<b>Total</b>		13,55,28,347	16,38,69,388
<b><u>EXPENDITURE</u></b>			
Direct Programme	X	8,01,30,970	6,74,23,939
Programme Management	XI	46,87,189	31,08,962
Administration	XII	60,35,663	51,83,883
Depreciation	IV	46,21,447	57,60,447
Income over Expenditure c/d...		4,00,53,078	8,23,92,158
<b>Total</b>		13,55,28,347	16,38,69,388
<b>Income over Expenditure Transferred to :</b>			
Corpus Fund	I	2,02,78,916	93,56,555
Un-Utilized Restricted Funds	XIII	(1,01,50,531)	1,34,40,570
General Reserve Fund	II	2,99,24,693	5,95,95,033
<b>Total</b>		4,00,53,078	8,23,92,158

The Schedules referred to above form an integral part of the Balance Sheet

As per our Report of even date attached  
**for GUPTA & GUPTA**  
 Chartered Accountants  
 (Firm Regn. No. 000681N)



(Niraj) Gupta  
 Partner

for **UDAYAN CARE**

(Dr. Kiran Modi)  
 Managing Trustee



Place: New Delhi  
 Date: October 03, 2017

(G.P. Todi)  
 Trustee

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## RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED ON MARCH 31, 2017

RECEIPTS	Amount in Rs.	PAYMENTS	Amount in Rs.
<b>1 Opening Balances:</b>		<b>1 Payments</b>	
[a] Cash Balance	3,84,697	[a] Net Addition in Fixed Assets	3,80,60,229
[b] Bank Balances	2,15,07,606	[b] Expenditure:	
[c] Fixed Deposits with Banks	19,59,37,059	i. Home Expenses (Net)	3,21,26,045
		ii. ITVT & Skill Development	62,06,231
		iii. Udayan Shalini fellowship	3,84,41,665
		iv. Advocacy	16,71,527
		v. Skill Development Centre	15,97,957
		vi. Pragnya Programme	87,545
		vii. Programme Management	46,87,189
		viii Administration	60,35,663
			9,08,53,822
		Less : Donation received in kind	14,49,504
			8,94,04,318
<b>2 Decrease in Current Assets (Net)</b>	69,45,041		
<b>3 Receipts</b>		<b>2 Closing Balances:</b>	
[a] General Donations	1,30,36,522	[a] Cash in Hand	3,48,077
[b] Corpus Donations	2,02,78,916	[b] Bank Balances	2,39,36,553
[c] Grants Received	8,36,36,105	[c] Fixed Deposits with banks	20,71,04,068
[d] Interest Received	1,64,70,090		
[e] Miscellaneous Receipts	6,57,210		
<b>TOTAL</b>	<b>35,88,53,246</b>	<b>TOTAL</b>	<b>35,88,53,246</b>

for GUPTA & GUPTA  
Chartered Accountants  
(Firm Regn. No. 000681N)



(Niraj Gupta)  
Partner  
M. No. 016599

for UDAYAN CARE

(Dr. Kiran Modi)  
Managing Trustee

(G.P. Todt)  
Trustee

Place: New Delhi  
Date: October 03, 2017



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**Sch. XIV : SIGNIFICANT ACCOUNTING POLICIES AND NOTES FORMING PART OF  
ACCOUNTS FOR THE YEAR ENDED ON MARCH 31, 2017**

**A. SIGNIFICANT ACCOUNTING POLICIES**

- 1. Basis of Accounting:** The accounts are prepared on historical conventional basis as a 'growing concern'. Income and expenses are accounted for on accrual basis following Generally Accepted Accounting Principles (GAAP) and practices and Accounting Standards (AS) issued by the Institute of Chartered Accountants of India for NGOs, wherever applicable, except where otherwise stated.
- 2. Fixed Assets:** Assets are stated at cost of acquisition including taxes, duties and other incidental expenses relating to acquisition and installation. No revaluation of fixed assets was made during the year.
- 3. Depreciation:** Depreciation on depreciable assets is charged on written down value method as per the rates and manner prescribed under Income Tax Act/Rules.

**B. NOTES TO ACCOUNTS**

1. Income and expenses are generally disclosed as per budget of the funding / donor agencies.
- 2. Remuneration:**

(a) Chief Functionary:	Rs. NIL	Managing Trustee, a full time volunteer, works Pro-bono
(b) Internal Auditors	Rs. 40,250	(including Service Tax)
(c) <u>Statutory Auditors:</u>		
(i) Audit fee	Rs. 46,000	
(ii) Professional fee	Rs. 1,08,850	(Professional services like Filing and Appearing for Income Tax Assessment, TDS & D-VAT Return & Certification charges of Utilization certificates)
3. Two properties situated at E-60 & E-118 of Sector 72, NOIDA, for running homes for homeless children, are registered in the name of Managing Trustee due to the state regulations of the registration which is permitted under the clause no. 10.3 of the Trust byelaws.
4. Previous year figures have been re-grouped or re-arranged wherever required.
5. The Organization is registered under:
 

a) Trust Registration	Under Indian Trust Act 1882
b) 12A & 80 G	Under section 12A, & 80G of the Income Tax Act, 1961.
c) PAN of the Trust.	AAATU0067F under Income Tax
e) TAN of the Trust,	DELU01797F under Income Tax
f) FCRA	Registration No. 231650870 with MoH, Govt. of India

As per our Report of even date,  
for **GUPTA & GUPTA,**  
Chartered Accountants  
Firm Regn. No. 000681N



(NIRAJ GUPTA)  
Partner  
M No. 016599

for **UDAYAN CARE**

(Dr. Kiran Modi)  
Managing Trustee

(G. R. Todi)  
Trustee

Place : New Delhi  
Dated: October 03, 2017



## OUR FAMILY

TRUSTEES	Aneesha Wadhwa, Dr. Kiran Modi (Managing Trustee), Dr. S. K. Sarin, G. P. Todi, Meera Sawhny, Rukmani Haldea
MEMBERS OF THE ADVISORY BOARD	Ayush Jain, Amit Khanna, Deepak Sharma, Kusum Bhandari, Madhu Gupta, Pooja Mehra, Rohit Rajput, Sameer Mehta, Sanjay Gupta, Sanjeev Gupta

## UDAYAN GHARS – MENTOR PARENTS

SANT NAGAR UDAYAN GHAR – I (GIRLS)	Deepa Sibal, Isabel Sahni, Kiran Modi, Pamela Bhandari, Uma Vasudevan
MAYUR VIHAR UDAYAN GHAR – II (BOYS)	Madhu Gupta, Madhuri Paliwal
MEHRAULI UDAYAN GHAR – III (GIRLS)	Aneesha Wadhwa, Brinda Syali, Dolly Anand, Indu Bhalla, Usha Pratap Singh
GREATER NOIDA UDAYAN GHAR – IV (GIRLS)	Deepak Sharma, Sunita Sharma, Suksham Gupta
GURGAON UDAYAN GHAR – V (BOYS)	Arti Kapoor, Ranjan Ghosh
NOIDA UDAYAN GHAR – VI (BOYS)	Amita Mishra, Anjana Jain
NOIDA UDAYAN GHAR – VII (GIRLS)	Amita Mishra, Anjana Jain
MAYUR VIHAR UDAYAN GHAR – VIII (BOYS)	Madhu Gupta, Madhuri Paliwal
KURUKSHETRA UDAYAN GHAR – IX (GIRLS)	D.P Goel, Dr. Ram Niwas Sharma, Dr. Sushama Sharma, Dr. Deepti Sharma
JAIPUR UDAYAN GHAR – X (GIRLS)	Asha Bhatnagar, Madhu Jhala, Rukmani Haldea, Sheetal Bahri
GHAZIABAD UDAYAN GHAR – XI (GIRLS)	Geetanjali Kapoor, Meena Bulchandani
MEHRAULI UDAYAN GHAR – XII (GIRLS)	Abha Jaipuria, Sarita Sachdev, Vibha Bahl
SANT NAGAR UDAYAN GHAR – XIII (GIRLS)	Saroj Sethi

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**Aurangabad Committee members, Mentors and Mentor Didis**

<b>CONVENER</b>	Madhavi Thirani
<b>CORE COMMITTEE MEMBERS</b>	Aanchal Machhar, Anuradha Dhoot, Dimpi Machhar, Mamta Bagla, Manju Agarwal, Rashmi Kedia, Shailja Sangneria, Shilpa Sharma, Sudha Bazaz.
<b>MENTORS</b>	Abha Pachisia, Dr Monika Dass, Mridu Machhar, Dr Neeru Loya, Priya Patil, Sharda Beria, Sangeeta Bhatia, Sheetal Jhunjhunwala, Veena Sethi
<b>MENTOR DIDIS</b>	Antra Shaw, Ashwini Kasliwal, Ashwini Kulkarni, Arti Madkar, Bhakti Mitkari, Chandni Jadhav, Dipali Golecha, Deepa Bramha, Deepali Aute, Jyoti Aute, Karuna Jadhav, Kartikee Khutale, Nupur Chordiya, Pooja Acharya, Rubina Shaikh, Rajni Salvi, Rashmi Biware, Seema Vyavhare, Shilpa Ughade, Vaishali Borde

**Delhi Committee Members, Mentors and Mentor Didis**

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<b>CORE COMMITTEE MEMBERS</b>	Ashish Aggarwal D. A. Mishra, Dr. Avtar Singh, Dr. Kiran Modi, K P Raizada, Sheel Aggarwal.
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<b>MENTOR DIDIS</b>	Aakanksha, Aakansha Mutreja, Aakansha Rikhari, Aarti, Aarti Mishra, Akansha, Amandeep Kaur, Anita, Anjali Kotal, Anjali Singhal, Anjani Kumari, Anu Aggarwal, Anupama Pal, Anushka Bansal, Archana Gupta, Archana Kumari, Archana Tiwari, Asha, Asha, Damini Kumari, Deepa, Deepali Sengar, Devika Sharma, Dimpika Pawar, Divya, Divya Jyoti, Dolly, Garima Jain, Garima Nagpal, Gunjan Sharma, Hema Nayal, Himani Baweja, Hitesha, Jaya Madan, Kalpana Garg, Kanchan Kaushik, Karishma, Kavita Jha, Kiran Kumari, Kiran Rani, Manika, Manorma, Manorama Yadav, Meenakshi Kashyap, Monika Goyal, Monika Sachdewa, Neha Siddiqui, Neha Yadav, Neha Gupta, Nisha Bhardwaj, Preeti, Preeti Lata, Priya Saini, Priyanka, Priyanka Gaur, Priyanka Gupta, Rama Nayal, Rashmi Mishra, Reena Ranjan, Renu Sharma, Richa Malhotra, Ritika Sharma, Saloni, Sanya Singhal, Sapna Mittal, Seema, Shivani, Shweta Tyagi, Somi Pandey, Sonam, Sonam Maurya, Soni Pal, Sonu Tomar, Srishthi Sharma, Sukirti Sharma, Sunakshi Sachdewa, Sunita Saini, Suruchi Jindal, Shweta Bansal, Tanya Maggoo, Upasana Upadhyay, Varsha, Veena Kanojia, Vidhi Bhardwaj, Vinny Bhatia, Yamini Sharma

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<b>CONVENER</b>	: Aarti Paswan, Dipika Makkar, Jasmeen Kaur, Kajal, Mandeep Kaur, Monika, Nancy, Parul, Prabhjot Kaur, Raveena Kumari, Renu, Sonika, Tavasum.



**Mumbai Committee Members, Mentors and Mentor Didis**

<b>CONVENER</b>	Pooja Mehra
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<b>MENTORS</b>	Abha Desai, Anashwara Puthlat, Arati A. Sawant, Chetna Shah, Devangi Doshi, Devanshi Dave, Dimple Jogani, Ellora Rath, Farzin Writer, Grishma Vakharia, Harshini Parikh, Hema Shah, Ishita Daga, Jasmine Pandya, Mira Dalvi Sahni, Monica Rawat, Nisha Vahi, Nisha Yadav, Pooja Zaveri, Pratiksha A. Naik, Ritu Gupta, Sadaf H. Sengupta, Sheila Sheth, Shilpa Vora, Shreya Pandya, Smita Verma, Dr. Swati Smita, Tanishka Agarwal, Vandana Dalal..

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**THEY GUIDE US....**

Arun Talwar : Chief Operating Officer (COO)  
 Mathew Jose : Director (Finance, HR & Admin)

**Core Programme Team**

Mohd. Faheem Khan : Asstt. Director (Udayan Shalini Fellowship)  
 Manoj Srivastava : Sr. Manager (IT Programmes)  
 Rahul Raja Sharma : Manager (Udayan Care Ghar Programme)  
 Shradha Agarwal : Asstt. Manager (Hon.) - (Volunteer Management)  
 Leena Prasad : Consultant (Advocacy)  
 Saswati Biswas : Manager – (Skill Development Programme)  
 Nidhi Singhal : Asstt. Manager (Audit, Ghar Programme)  
 Anita Singh : Asstt. Manager (Udayan Care Ghar Programme)  
 Parimal Chandra Das : Joint Convener (USF – West Bengal)  
 Shrinkhla Chandok : Asstt. Manager (USF – Hyderabad)

**Core support Function Team**

Rajeev Kumar : Manager (Accounts)  
 Deepak : Manager (Administration)  
 Shalini Verma : Asstt. Manager (Data Base)



## TESTIMONIALS

- 1 Charities Aid Foundation (CAF) India has been supporting Udayan Care for a long time for its Information Technology Programme and Shalini Fellowship Programmes, promoting youth especially women from slum areas in Delhi-NCR. The execution of the program has been able to touch the lives of the young students and helped us to measure the impact both quantitatively and qualitatively. CAF India values its relationship with Udayan Care and we look forward to strengthen our partnership to help underprivileged youth develop a bright and career orientated future.



**Meenakshi Batra, CEO, CAF India**

- 2 Udayan Care has shown me that in life giving is more important than getting. Together with Udayan Care I think we can give underprivileged children roots to grow and wings to fly.



**Rohan Haldea, Partner, Apex Partners, London**

- 3 A partner of 13 years, Udayan Care has been one of our most esteemed and reliable partners over the years. Throughout these years, Udayan Care has proved to be a preferred partner thanks to their readiness to create engagement opportunities or designing new projects for Corporate partners. Udayan Care has shown an enthusiasm which we look for from all our partners. We look forward to many more years of helping children lead better lives through our partnership with Udayan Care.



**Archana, Head - Credibility Assurance Team, GivelIndia**

- 4 Udayan Kolkata, in its journey of last 10 years, has established its efficacy as an organisation facilitating organic growth among the marginalised young girls. Being a part of its movement has added vital meaning to my understanding of life and its purpose. Tagore defines the art of giving in most poignant of terms stating that only the true givers of this world know how to give and not be aware or conscious of the act.



**Radhe Shyam Agarwal, Jt Chairman, Emami Group**

- 5 My association with Udayan Care Kolkata goes back to the initial years of the organisation. The moment I came to know about the Udayan Shalini Programme, an instant connection was established which is getting stronger every day. I think the term donor should be replaced by the word enabler, as the latter catches the essence of the act in a more comprehensive manner.



**Ravindra Chamaria, CMD, Infinity Group**

- 6 I came in contact with Udayan care around 7 years back. I have always been too careful and go into minute details to make sure that the charity funds go for the welfare of underprivileged section of the society. Udayan Care is transparent in financial matters and ensures that most of the charity funds are spent on beneficiaries and minimum goes to administration. Today I am proud to be associated with Udayan Care in setting up Vocational Training Center in Uttam Nagar. The speed of implementation and dedication in this project has convinced me that my choice of NGO for my charity work is perfect.



**S. C. Mittal, Managing director, Omega Insurance Brokers LLC**

7

Udayan Care Kolkata is a dream factory where young minds grow wings. To be a part of this incubating excellence is to significantly grow as a human. The Udayan team, under the leadership of Mrs. Bhandari, has created a thriving and vibrant atmosphere for the girls who come here to fuel up their inherent fire. To support Udayan Kolkata is to support development, inclusive growth and above all humanity.



**Nand Lal Rungta, CMD, Rungta Group of Companies**

8

My association with Udayan Care is the result of my daughter, Meera, now a trustee of Udayan Care, joining this compassionate organization several years ago. Then I met Ms Kiran who fortified my impression that Udayan Care truly cared. No other reason was ever needed after that. My best wishes with Udayan Care, may the splendid work forever receive the Lord's blessings.



**Ashok Sawhny, President, Monarch International Travel Services**

9

For too many of us the difference between success and failure in life is simply a matter of Luck. Udayan Care, under the leadership and direction of Dr. Kiran Modi, has over these many years created a Vision that does not depend upon Luck but rather Design. Udayan Care fulfils the yearning for Achievement of deserving Young Women while giving them a Launching Platform to bring their Talents, Ideas, Innovativeness and Dreams to the rest of us around the World. Thank You, Dr. Modi for your persistent drive to achieve and give back. You are a Model not only for your Young Women but for all of us.



**Jim Shepard, Founder and Managing Partner, GenNx360 Capital Partners**

10

My world changed the day my child was born. He may not have everything he wants in life, but he has parents who love him more than anything in the world. Children without families are the most vulnerable. When I first met Mrs Kiran Modi, I was deeply touched by her words "Every individual is a catalyst for change and every child matters". Her sincerity and determination continue to inspire me. Each home of Udayan Care is very special because it provides a safe, loving and joyful environment. I am extremely proud of my association with Udayan Care and in admiration of the commitment shown by all.



**Rohin R Shah, Trustee, The Lotus Charitable Foundation, UK**

11

iPartner India and Udayan Care have been partners in the true sense of the word for the past ten years and the relationship is a rare one where there is a true meeting of minds. We continue to be inspired by Udayan Care's ground breaking work on the care and protection of neglected, abandoned and orphaned girls. We have seen firsthand, how Udayan Care's untiring efforts have transformed the lives of hundreds and thousands of girls. iPartner India is proud to continue to work closely with Udayan Care and walk that extra mile to bring our experience and expertise to help and transform the lives of many more young girls".



**Bina Rani, Founder / CEO, iPartner India**



Kishwana  
Charitable Trust





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