



7th Annual Report



Udayan Care children celebrating the joy of life!

1 April 1999 – 31 March 2000

Udayan Care

461, Kailash Towers 2, Mount Kailash,
New Delhi 110065, India.

Tel. No. 91-11-6236215/16 Fax: 91-11-6426896

Email: kiranmodi@hotmail.com Web: www.udayancare.org

1. Preamble

UDAYAN is a Sanskrit word signifying 'Eternal Sunrise.'

Udayan Care is a Trust under the Indian Trust Act registered with Sub Registrar III, on 4 February 1994. The Trust has been created to carry parental love combined with quality upbringing to disadvantaged children; orphaned, sexually and physically abused; abandoned; and thrown out to fend for themselves. The Trust currently runs three Udayan Ghars, looking after 25 children with a capacity to add 10 more.

The **Udayan Care** mission is to transform such lives and make them into 'Eternal Winners.'

The Mission statement is: 'Embracing and nurturing orphaned and abandoned children by regenerating the rhythm of life.'

The Goals are:

- To educate and make them self - sustaining members of society.
- To inculcate such values which enable independent decision-making.
- To create an environment which promotes physical and mental health.
 - To create a sense of belonging that makes Udayan Ghar-their home for life.

2. Udayan Care Trust Team

Trustees: Mr. T.N. Seshan, Mr. G.P. Todi & Prof. (Dr.) S.K. Sarin.

Managing Trustee: Dr. (Ms.) Kiran Modi

Coordinating Associates: *Ghar I:* Dr. J.N. Puri, Mr. Jai Zharotia, Mr. R.P. Jain, Ms. Sujata Vadehra, Ms. Sarita Khaitan, Ms. Rekha Vohra Bhalla; *Ghar II:* Ms. Madhu Gupta, Mr. K.K. Gupta, Ms. Shashi Malik, Ms. Shashi Modi, Ms. Meera Sawhny; *Ghar III:* Ms. Usha Pratap Singh, Ms. Teji Anand, Ms. Raminder Singh, Ms. Brinda Syali, Ms. Dolly Anand.

Executive Members: Vipin Chawla, Rukmini Haldea

3. Strategy of Parenting

The Udayan Care Trust strategy is to involve outstanding persons to run individual Udayan Ghars. The day-to-day issues of running these Ghars are being looked after by Mentor Mothers, who have committed themselves, for life, to this task.

These are volunteers who have accomplished much in life and could have sat back, satisfied that their contributions to their families in particular and society, in general have been substantial. However, they have chosen to reach out and touch more lives - as an extension of their role as mothers within their own homes.

Thus, they now mentor children who have been left to fend for themselves. As Mentor Mothers at Udayan Care, they assume all parental responsibilities towards the children in their Ghars. The brief profiles of these Mentor Mothers are:

- i. Dr. Kiran Modi, PhD. and Founder Managing Trustee
- ii. Mrs. Madhu Gupta, MA and Donor at Mayur Vihar Ghar for boys; business lady
- iii. Mrs. Usha Pratap Singh, Donor at Mehrauli Home for girls; retired business lady
- iv. Mrs. Raminder Singh, Donor at Mehrauli Home for girls; retired educationist
- v. Mrs. Dolly Anand, Donor at Mehrauli Home for girls; social worker and widow of senior bureaucrat
- vi. Mrs. Brinda Syali, Donor at Mehrauli Home for girls and retired senior school teacher
- vii. Mrs. Teji Anand, Donor at Mehrauli Home for girls and retired Founder-Principal of Guru Nanak Public School

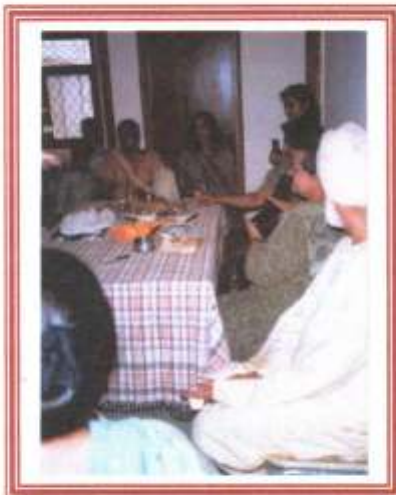
Our strategy includes ensuring highest standards of education for the Udayan Care children. The children are placed in neighbourhood schools of the best standards, such as Tagore International School, Kailash Colony, Universal Public School, Mother Teresa Public School, Preet Public School, and CSKM Public School, Satbari.

Our Udayan Ghars are always purchased, never rented. This is to provide a sense of permanence of a home to our children, who have already seen a lot of displacement and movement from one place to another.

4. Overview:

The year under Report saw a growth in the activities of Udayan Care. Emboldened by the positive results of the initial Pilot Project at Sant Nagar, East of Kailash, where twelve abandoned, orphaned and abused girls have been receiving the attention, care, tutoring and schooling that children of such age both need and require, and indeed have a natural right to; the Trust decided to open more Udayan Ghars.

The second Ghar, for boys, at Mayur Vihar, was launched in February 1999, but practically, started functioning from March 1999, when children were accepted into the Ghar and school enrolments finalised.



Puja at the inauguration of the Mehrauli Udayan Ghar



The third Ghar, for girls, ^{has been} started in September 1999 in Mehrauli area of South Delhi. *flat -*

The Trust had therefore, geographically covered three parts of Delhi, leaving the thrust areas as North and rural Delhi in the following years.

Udayan Care family ended the year with 25 children: 15 girls and 10 boys were with us on 31st March 2000.

All activities centred around the creation of opportunities for the Udayan family. The Udayan Care Trust also continued with the Community Service Volunteer Programme - so essential to our strategy of having our Ghars in middle class neighbourhoods.

Alongside, we also welcomed volunteers and visitors from overseas who used their Udayan-experience to get an insight into the different perspectives of life in India.

4. Reports on the individual Ghars

Appropriate nutrition programmes, alongside health and hygiene programmes are incorporated into the policy to create 'Healthy minds in healthy bodies.' The unfortunate commentary on society is that children are allowed to sink to degeneracy levels in both mind and body, due to utter neglect, which is further compounded by abuse.

In order to create *such* healthy minds, Udayan Care has a therapy programme to deal with the childhood traumas that these children are carrying as extra baggage. Above all, TLC – tender, loving, care, of the Mentor Mothers, backed with professional help, has enabled Udayan Care to work towards accomplishing and giving shape to its own Mission Statement.

- *Udayan Ghar I, Sant Nagar*

Three new children, Sulochana, Rekha and Shuchita were admitted in the year under report. The now 12 girls at Sant Nagar, in the age group 5 to 12 years, showed steady improvement during the year. The focus was on consolidating the work put in till then.



Sulochana (peeping from behind), Rekha (right) and Shuchita (sitting at extreme right) sharing a world vision!

Seven of the girls were studying at the prestigious neighbourhood Public School, Tagore International School, East of Kailash. Three girls were top of the class in the neighbourhood

Sarvodaya School and were thus assured admission into Tagore for the following academic year. In spite of being initially almost unlettered in English, the children are pulling along well in the classroom. This is due to the special efforts of the Udayan team in teaching the children the joys of the English language.

Two girls are studying in the local government school in the Hindi medium. It is planned that they would be shifted to Tagore International School by the start of the academic term of 2001. They are currently in a two-year programme of upgradation of academic skills.

It is a matter of happiness that all the children have become Computer-literate. Udayan Ghar has been using the tools given through Computer-education to enhance the learning levels and skills of the children.

~~Internet was installed and the children have learnt to use it.~~ They are especially good at using Paintbrush and other software tools for picture generation.

Attention was paid to the growth of co-curricular activities and classes in music, dance and art have been integrated into the regular curriculum. Five children have already completed their IInd year in Hindustani classical music from Allahabad.

Special emphasis is laid on creating a feeling of both 'belonging' and 'sharing.' This is especially critical since the children often have not experienced these joys and thus such emotions are alien to them. Ms. Nibedita Sen, a well known artist and special educator from Calcutta, currently in Delhi, spent quality time with our children assisting them in their daily living skills growth and understanding through the use of Therapeutic Creative Art. Ms. Jharna Aggarwal, from United Kingdom, who was in India on an academic assignment from her University, spent many weekends with our children utilizing her expertise in counselling.

Children were also taken out on educational trips and excursions for recreation and leisure.

- Udayan Ghar II, Mayur Vihar

This Ghar was formally launched in February 1999, but all activities started in the year under report. The Ghar had 10 boys, between the ages of 5 and 12 till the end of the year under report.



Facing tomorrows...

Many of the children were totally unlettered when they joined the Udayan family. Some of them did not even know Hindi and would converse in their local dialects. These children have taken to their altered circumstances very well. Seven of them are currently studying in reputed schools of East Delhi: Universal Public School, Mother Teresa Public School and Preet Public School. Two children were diagnosed as slow learners and have been receiving special education inputs at Well Being, Vikas Marg, a reputed institute.

Children at this Ghar have taken a fascination to painting and many have been exhibiting promising talent.

In keeping with the Udayan philosophy of creating learning opportunities for the children, they have been on various educational and leisure excursions.

- *Udayan Ghar III, Mehrauli*

This Ghar was started in September 1999, with two sisters. As the year progressed, one more girl joined the Ghar, making a total of three.

The sisters had been separated for many years following the death of their father. They were reunited at Udayan Ghar and the first step towards bonding had been made. Their education levels were low. The third girl had been abandoned and she needed special attention. She was almost untutored. We established tutoring programmes with the help of Private Tutors, some of whom were volunteers. The children were admitted into the local Government school. They responded enthusiastically and we are hopeful of all the three entering prestigious schools next year.



Mahua – our first girl at Mehrauli

The Ghar echoes with the sounds and laughter of these three children. In the coming year itself, we look forward to it resounding with the harmony of ten to twelve girls growing up by sharing each others' strengths and bolstering up their weaknesses!

These children too, have been on several educational and leisure excursions.



One of the mentor mothers with our third child at Ghar III



Pinky- she added to our laughter



6. The activities of the three Ghars

i. Visit to Kanha National Park in Madhya Pradesh, May 99. Children were absolutely thrilled at being in harmony with nature and animals! This trip was made possible due to the sponsorship and financial support of Capt. Kuldip Singh Solanki of Tiger Resort.



*Having a great
time at Kanha*

- ii. National Gallery of Modern Art
- iii. National Railway Museum



- iv. Our children were invited by Radisson Hotel to spend Children's Day with the members of the Hotel Club and their families. Our children also presented a Cultural item which was highly appreciated. This programme was organised through Ms. Sunita Khanna, senior mistress at DPS, Mathura Road Junior School.

- v. The children attended a Vipassana Meditation Camp in May.
- vi. A highlight of the activities was the participation of our children in a one and half month long Theatre Workshop organised by Sahitya Kala Parishad in the months of May and June, during the school summer vacations.

The workshop culminated in a theatre performance by our children at the prestigious Shri Ram Centre.

- vii. In October children from Ghars I and III had an informative visit to the National Museum of Natural History with Usha aunty and Kiran bua escorting them.
- viii. Diwali night was great fun. All Udayan Ghar children decorated their homes. All the aunties were there to share the fun and excitement. Bhaiyya Dooj was very special because of the interaction of Ghar I and III sisters with their impish, naughty brothers from Ghar II. The sisters put Tikka on the brothers and came back with gifts.
- ix. Our children were invited to put up a special performance at the Greater Kailash II Diwali Mela.



Children's Park, India Gate since the zoo was closed.

- x. In January, an outing of all the children to the Zoo turned into a frolic day and a picnic at the
- xi. Our children continued to fill their lives with colours and participated in a painting competition organised by AAD.

- xii. Fun-times were ensured with a movie at Odeon cinema hall - sponsored by Sagar Resorts.
- xiii. The year ended beautifully. The children had a great time with the American School Elementary School children when they came visiting Udayan Ghar I on 30th March 2000 and our children spent a few hours interacting with students across cultural borders. They spent time educating each other about their different backgrounds though everyone's smile was universal! The American School children pooled in their pocket money and donated it to Udayan Ghar...

7. Fund Raising

Udayan Care raises all its funds by itself. No grants, either from the government or from donor agencies have been solicited so far. Well wishers, friends, donors and sponsors have been continually helping us. Udayan Care uses a traditional system of fund raising: the sale of Greeting Cards.



*Painting by Jai
Zharotia*



*Painting by Udayan Child
artist Kiran*

Eminent Indian artists give permission, without any royalty payments, to reproduce their paintings as Greeting Cards. Paintings made by the Udayan children are also reproduced as cards. The entire sales proceeds are used by the Trust for its activities.

THE DESIGN STUDIO: The Udayan Care Design Studio designs calendars for the corporate sector. This year we again designed a calendar for Jindal Photo Films Ltd., which has been greatly appreciated by all the recipients. The paintings of Sanjeev Verma were reproduced on this calendar.

CORPORATE GIFTS: We design gifts for the corporate sector, which are then sold, and the proceeds go towards meeting the expenses of Udayan Care Trust.



Some of our specially designed Corporate gifts



Former Lt. Governor of Delhi, Mr. Tejinder Khanna at one of our Fund Raising activities



Our children at work with their voices and hands!